Ministry of Health and
Family Welfare Government of India

## Mizoram



# NATIONAL FAMILY HEALTH SURVEY (NFHS-3) 

INDIA
2005-06

## MIZORAM

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## INTRODUCTION

The 2005-06 National Family Health Survey (NFHS-3) is the third in the NFHS series of surveys. The first NFHS was conducted in 1992-93, and the second (NFHS-2) was conducted in 1998-99. All three NFHS surveys were conducted under the stewardship of the Ministry of Health and Family Welfare (MOHFW), Government of India. MOHFW designated the International Institute for Population Sciences (IIPS), Mumbai, as the nodal agency for the surveys. Funding for NFHS-3 was provided by the United States Agency for International Development (USAID), the United Kingdom Department for International Development (DFID), the Bill and Melinda Gates Foundation, UNICEF, UNFPA, and the Government of India. Technical assistance for NFHS-3 was provided by Macro International, Maryland, USA. Assistance for the HIV component of the survey was provided by the National AIDS Control Organization (NACO) and the National AIDS Research Institute (NARI), Pune.

The survey provides trend data on key indicators and includes information on several new topics, such as HIV/AIDS-related behaviour, attitudes toward family life education for girls and boys, use of the Integrated Child Development Services (ICDS) programme, men's involvement in maternal care, and health insurance. For the first time, NFHS-3 provides information on men and unmarried women. In addition, NFHS-3 provides estimates of HIV prevalence for India as a whole, based on blood samples collected in every state. Separate HIV estimates are also provided for Andhra Pradesh, Karnataka, Maharashtra, Manipur, Tamil Nadu, and Uttar Pradesh.

In Mizoram, the survey is based on a sample of 1,513 households that is representative at the state level and within the state at the urban and rural levels. NFHS-3 interviewed 1,791 women age 15-49 from all the selected households and 665 men age 15-54 from a subsample of households to obtain information on population, health, and nutrition in the state. The household response rate in the state as a whole was 99.7 percent and the individual response rates were 98.3 percent for eligible women and 97.4 percent for eligible men.

In Mizoram, height and weight measurements were taken for all children under age six years and all interviewed women and men in all the sample households. Haemoglobin levels were measured for all interviewed women and men and for all children age 6-59 months. In a subsample of households, all interviewed women and men were eligible to have their blood collected for HIV testing. All biomarkers were measured only after obtaining informed consent. The NFHS-3 fieldwork in Mizoram was conducted by MODE Services Pvt. Ltd., New Delhi, between May and July 2006.

This report presents the key findings of the NFHS-3 survey in Mizoram, followed by detailed tables and an appendix on sampling errors. More information about the definitions of indicators included in this report is contained in Volume I of the NFHS-3 National Report, and the questionnaires and details of the sampling procedure for NFHS-3 are contained in Volume II of the NFHS-3 National Report (available at www.nfhsindia.org).

## Household Characteristics

## Household composition

Over half of households (54\%) in Mizoram are in urban areas. On average, households in Mizoram are comprised of almost five members. A little over three-fifths of households (61\%) are nuclear and 16 percent of households are headed by women.

The vast majority of households have household heads who are Christian (93\%). Three percent of households are headed by Hindus, 1 percent are headed by Muslims, and the remaining 3 percent are headed by persons from other religions.

Nearly all household heads in Mizoram belong to scheduled tribes (95\%), 1 percent each belong to scheduled castes and other backward classes (OBC). Only 2 percent of household heads do not belong to any of these groups.

More than one-third of the population (35\%) is under age 15; only 5 percent is age 65 and over.
Among children under 18 years of age, 4 percent have experienced the death of one or both parents. In all, 79 percent of children under 18 years of age live with both parents and 15 percent live with one parent.

## Housing characteristics

Only 23 percent of households in Mizoram live in a pucca house. Ninety-two percent of households ( $84 \%$ of rural households and $99 \%$ of urban households) have electricity, an increase of 8 percentage points since NFHS-2. Over three-fifths of households ( $64 \%$ ) use LPG/natural gas as cooking fuel ( $89 \%$ of urban households and $35 \%$ of rural households). About one-third of households use solid fuel for cooking (7\% in urban areas and $64 \%$ in rural areas). Almost all households (98\%) have toilet facilities; 76 percent of households have an improved toilet facility that is not shared with other households.

> In Mizoram, 85 percent of households get their drinking water from an improved source, but only about half that number (44\%) have water piped into their dwelling, yard, or plot.

Eighty-five percent of households use an improved source of drinking water ( $94 \%$ of urban households and $75 \%$ of rural households), but only 44 percent have water piped into their dwelling, yard, or plot ( $70 \%$ of urban households and $14 \%$ of rural households). Almost twothirds of households ( $64 \%$ ) treat their drinking water to make it potable; nearly half boil their drinking water ( $48 \%$ ) and 24 percent use a ceramic, sand, or other filter.

## Wealth index

The wealth index is constructed by combining information on 33 household assets and housing characteristics, such as ownership of consumer items, type of dwelling, source of water, and availability of electricity, into a single index. The household population is divided into five equal groups of 20 percent each (quintiles) at the national level from 1 (lowest, poorest) through 5 (highest, wealthiest). Since the quintiles of the wealth index are defined at the national level, the proportion of the population of a particular state that falls in any specific quintile will vary across states.

Wealth Index
Percentage of households in urban and rural areas and percent distribution of households by wealth quintile


Almost three-quarters of households in Mizoram are in the fourth (36\%) and fifth (37\%) wealth quintiles. Only 3 percent are in the lowest wealth quintile. Fifty-eight percent of urban households are in the highest wealth quintile, compared with 14 percent of rural households. This comparison demonstrates that the population of Mizoram is, on average, wealthier than the population in the nation as a whole.

## EdUCATION

## Current school attendance among children

Over four-fifths of children ( $81 \%$ ) age 6-17 years attend school ( $86 \%$ in urban areas and $76 \%$ in rural areas). Ninety-three percent of primary-school age children (6-10 years) attend school ( $98 \%$ in urban areas and $88 \%$ in rural areas). School attendance drops to 86 percent for children age 11-14 years and further to 48 percent for children age 15-17 years. Overall, 90 percent of children age 614 attend school. Attendance rates are higher in urban areas than in rural areas for both sexes in every age group.

Gender disparity in education is not very pronounced in the school-age population in Mizoram as a whole. Seventy-nine percent of girls age 6-17 years attend school, compared with 83 percent of boys in the same age group.

However, the extent of gender disparity varies by age and residence. Among children age 6-10 years there is little gender disparity in school attendance in urban and rural areas. The gender disparity is larger (5-7 percentage points) in urban and rural areas at ages 11-14 and 15-17.

## Literacy and educational attainment

In NFHS-3, literate persons are those who have either completed at least standard six or 'passed' a simple literacy test conducted as part of the survey. According to this measure, 93 percent of men and 94 percent of women age 15-49 are literate. Mizoram has the highest level of literacy of any state in India for women and the third highest literacy rate for men.

Only 6 percent each of men and women age 15-49 have no education. Sixteen percent of men and 14 percent of women have completed 12 or more years of education. Despite the very high level of literacy in the state, only 28-29 percent of women and men have completed 10 or more years of education.

## Attitudes toward family life education in school

Virtually all adults in Mizoram agree that children should be taught moral values in school.
The vast majority of adults think that children should learn about the changes in their own bodies during puberty; but fewer adults think that children should learn about puberty-related changes in the bodies of the opposite sex.

Seven in 10 adults say that girls and boys should be taught in school about sex and sexual behaviour.

Over 9 in 10 women and men believe that information about HIV/AIDS should be a part of the school curriculum. Most women and men also believe that children should be taught in school about condom use to avoid sexually transmitted diseases.

Most women and men believe that girls should be taught about contraception in school, but fewer adults feel that boys should be taught about contraception in school. More men than women think that girls and boys should learn about contraception in school.

## Fertility

## Age at first marriage

In Mizoram, the median age at first marriage among women is 21.2 years, whereas most men do not get married until they are at least 25 years old. Twenty-one percent of women age 20-24 years got married before the legal minimum age of 18 and 21 percent of men age 25-29 years got married before the legal minimum age of 21.

## Fertility levels

At current fertility levels, a woman in Mizoram will have an average of 2.9 children in her lifetime, which is slightly higher than the national average of 2.7 children and much higher than the replacement level of 2.1 children. Fertility is almost the same in NFHS-3 as it was in NFHS-2.

Fertility in rural areas, at 3.3 children per woman, is four-fifths of a child higher than fertility in urban areas ( 2.5 children per woman). One-third of births in the three

Fertility Trends
Total fertility rate (children per woman)
 years preceding the survey were first-order births and 21 percent were of birth order four or higher.

## Total Fertility Rate by State

## Children per woman



> At current fertility levels, a woman in Mizoram will have about three children during her lifetime, which is almost one child higher than replacement level fertility.

Fertility, as indicated by the mean number of children ever born (CEB) to women age 40-49, declines sharply with education, from 4.5 children per woman with no education to 2.9 children per woman with 10 or more years of education.

How does fertility vary with education and household wealth? Total fertility rate (children per woman)


Note: Categories with fewer than 125 unweighted woman-years of exposure are not shown.

## Teenage pregnancy

Ten percent of young women age 15-19 have already begun childbearing, which is much lower than the national average of 16 percent. Eight percent have already had a live birth and 3 percent are pregnant with their first child. Young women in rural areas are three times as likely to have begun childbearing as young women in urban areas ( $16 \%$ and $5 \%$, respectively). No women age 15 have begun childbearing, but by age 19 almost one-quarter of women have begun childbearing.

## Birth intervals

The median interval between births in Mizoram is 31 months. Thirty-one percent of non-first order births take place within 24 months of the previous birth, including 12 percent that take place within 18 months. Three-fifths of births $(60 \%)$ occur within three years of the previous birth. Research shows that waiting at least three years between children reduces the risk of infant mortality.

## Fertility preferences

Fifty-eight percent of currently married women and 48 percent of currently married men want no more children, are already themselves sterilized, or have a spouse who is sterilized. Among those who do want another child, two-thirds of women and more than half of men would like to wait at least two years. The average ideal family size for ever-married women and men is four children. Less than 10 percent of women and men consider the ideal family size to be two children or less, and another 33 percent of women and 34 percent of men consider three children to be the ideal family size.

A strong son preference is evident in the fertility preferences of men in Mizoram, but women exhibit only a slight preference for sons. Fortyfour percent of men want more sons than daughters, but only 15 percent want more daughters than sons. Twenty-nine percent of women indicate a preference for more sons than daughters, compared with 23 percent who want more daughters than sons. However, almost all women and men (97-99\%) say they want at least one son and at least one daughter.

The desire for more children is affected by

Trends in desire for no more children
Percentage of currently married women with two children who want no more children
 women's number of living sons. For example, among women with two children, those with at least one son are much more likely to want no more children ( $52 \%$ ) than those with no sons (35\%).

Unplanned pregnancies are relatively uncommon. If all women were to have only the number of children they wanted, the total fertility rate would be 2.7 instead of 2.9 children per woman.

## Family Planning

## Knowledge of family planning methods

Knowledge of contraception is almost universal in Mizoram. More than 90 percent of women and men know about female sterilization. The government family planning programme promotes three temporary methods of contraception: the pill, the IUD, and condoms. Knowledge of condoms is very high ( $90 \%$ among currently married women and $96 \%$ among currently married men). Fourfifths of currently married women know about pills and IUDs. Eighty-five percent of currently married men know about pills, but only 69 percent know about IUDs. Knowledge of male sterilization is quite limited among currently married women (31\%), and even among currently married men knowledge of male sterilization is not high ( $54 \%$ ).


Knowledge of any modern contraceptive method is almost universal in Mizoram.

Knowledge of sterilization among women has been almost universal since NFHS-1, but knowledge of temporary contraceptive methods increased substantially between NFHS-1 and NFHS-2, and then fell slightly between NFHS-2 and NFHS-3.

## Contraceptive use

The contraceptive prevalence rate among currently married women is 60 percent, up slightly from 54 percent in NFHS-1 and 58 percent in NFHS-2. Female sterilization accounts for the largest proportion of contraceptive use ( $72 \%$ ), followed by pills (18\%).

Contraceptive use is higher in urban areas (64\%) than in rural areas (55\%). Contraceptive use increases sharply with age, education, and wealth quintiles.

How many women use family planning? Percentage of currently married women


Any method
Any modern method

In Mizoram, female sterilization is the most common contraceptive method, used by $72 \%$ of contraceptive users.

Contraceptive use at last sex as reported by currently married men is much lower than women's reporting of current contraceptive use. Thirty-eight percent of currently married men report using contraception the last time they had sex. However, men are slightly more likely than women to report current use of condoms.

Ninety-three percent of sterilized women had the operation in a government facility, usually in a government or municipal hospital. Two-thirds of IUD users (69\%) had their insertion done in a public medical facility, and 60 percent of pill users received their most recent supply from the public medical sector. Among pill users, only 24 percent use a social marketing brand.

What contraceptive methods do women use? Currently married women



# In Mizoram, 60 percent of currently married women are using contraception, up slightly from 58 percent in NFHS-2. 

The one-year contraceptive discontinuation rate of modern spacing methods in Mizoram (34\%) is lower than the national average ( $42 \%$ ). Most women who discontinued spacing methods within one year cited side effects/health concerns and the desire to become pregnant as their main reason for discontinuing use.

## Informed choice

Women who know about all available contraceptive methods and their side effects can make better choices about what method to use. However, only 31 percent of users of female sterilization, pills, and IUDs were told about side effects of their method when they started using it, and even fewer ( $28 \%$ ) were told what to do if side effects occurred. Only 30 percent were told about other methods of family planning that they could use.

## Men's attitudes

Most men in Mizoram reject the idea that contraception is women's business and a man should not have to worry about it ( $85 \%$ ) and reject the idea that women using contraception may become promiscuous $(72 \%)$. However, 84 percent of men incorrectly believe that women who are breastfeeding cannot become pregnant. Over four-fifths of men ( $81 \%$ ) know that if a condom is used correctly, it protects against pregnancy most of the time.

## Unmet need

Unmet need for family planning is defined as the percentage of currently married women who either want to space their next birth or stop childbearing entirely but are not using contraception. According to this definition, 17 percent of currently married women have an
unmet need for family planning ( $12 \%$ for spacing and $5 \%$ for limiting), up from 12 percent in NFHS-1 and 16 percent in NFHS-2. Currently, 78 percent of the demand for family planning is being met (almost the same as in NFHS-2).

## Infant and Child Mortality

The infant mortality rate in Mizoram is estimated at 34 deaths before the age of one year per 1,000 live births, down from the NFHS-2 estimate of 37. Nonetheless, 1 in 29 children still die within the first year of life, and 1 in 19 die before reaching age five.

The infant mortality rate in Mizoram is much lower than in India as a whole, however, child mortality, which measures the probability of dying between the first and the fifth birthdays, is almost the same.

## Trends in Infant Mortality

Deaths per 1,000 live births


Infant Mortality Rate by State
Deaths per 1,000 live births


| Mizoram has |
| :--- |
| one of the |
| lowest infant |
| mortality |
| rates in |
| India - 34 |
| deaths per |
| 1,000 live |
| births. |

Based on the 10-year period preceding the survey, early childhood mortality rates are higher in rural areas than in urban areas. The infant mortality rate is particularly high for women in their thirties at the time of the birth (54 per 1,000), for births of order four or higher ( 55 per 1,000), and for children born within two years of a previous birth ( 64 per 1,000 ).

In Mizoram, girls experience lower mortality than boys during infancy, however, between the first and fifth birthday, the mortality rate is higher for girls than for boys.

High-risk births have higher mortality rates
Deaths in the first year of life per 1,000 live births


## Perinatal Mortality

Perinatal mortality, which includes stillbirths and very early infant deaths (in the first week of life), is estimated at 27 deaths per 1,000 pregnancies that lasted 7 months or more. Perinatal mortality is higher in rural areas ( 29 per 1,000 ) than in urban areas ( 24 per 1,000 ). (Data for perinatal mortality not shown in tables).

## Maternal Health

## Antenatal care

Seven out of 10 women who gave birth in the five years before the survey received antenatal care (ANC) from a health professional ( $55 \%$ from a doctor and $15 \%$ from other health personnel). Traditional birth attendants and anganwadi workers provided ANC for an additional 5 percent of births. One-quarter of women did not receive any antenatal care for their most recent birth. Eighty-six percent of urban women received antenatal care from a health professional for their last birth, compared with only 55 percent of rural mothers. Antenatal care coverage increases rapidly with the wealth index and the mother's education. Almost all women with 10 or more years of education ( $95 \%$ ) had antenatal care from a health professional for their most recent birth.

Although 75 percent of women had some antenatal care for their last birth, only 59 percent had at least the recommended three ANC visits. The mothers who are most likely to avail of three or more ANC visits are those from urban areas $(76 \%)$, those with 10 or more years of education ( $83 \%$ ), and those in the wealthiest households ( $84 \%$ ).

Three or More Antenatal Care Visits by State
Percentage of last births in the past five years


> Almost threefifths of mothers in Mizoram received at least three antenatal care visits for their last birth, higher than the national average.

Only 43 percent of women received antenatal care during the first trimester of pregnancy, as is recommended. Another 21 percent had their first ANC visit in the fourth or fifth month of pregnancy (data not shown in tables). More than twice as many mothers in urban areas ( $60 \%$ ) as in rural areas ( $27 \%$ ) had an ANC visit in the first trimester of pregnancy.

Among women with a live birth in the five years preceding the survey, 62 percent received iron and folic acid (IFA) supplements during their pregnancy, but only 25 percent consumed IFA for the recommended 90 days or more. Just about half of mothers (51\%) received two or more doses of tetanus toxoid vaccine during pregnancy. Only 4 percent took a deworming drug during pregnancy.

Even when women receive antenatal care, sometimes they do not receive all the services needed to monitor their pregnancy. In Mizoram, 86 percent of women had their weight taken, 85 percent had their abdomen examined, and 77 percent had their blood pressure measured. Less than half of women had a urine sample tested ( $48 \%$ ) or a blood sample taken ( $43 \%$ ). Even smaller proportions of women received information on specific pregnancy complications. Only

34 percent of women were told about vaginal bleeding, 37 percent were told about prolonged labour, and 17 percent were told about convulsions. A little more than half of women (56\%) were told where to go if they experienced pregnancy complications.

An ultrasound test was performed during 10 percent of pregnancies in the five years preceding the survey; much lower than the national average of 24 percent. Ultrasound tests are more than four times as common in urban areas as in rural areas. Ultrasound tests are highest for women with 10 or more years of education, women who had four or more ANC visits, and women in the highest wealth quintile.

## Delivery care

Three out of every five births in Mizoram in the last five years took place in a health facility and the remaining two out of five births took place at home. The percentage of births in a health facility during the three years preceding the survey has increased steadily, from 49 percent at the time of NFHS-1 to 58 percent in NFHS-2 and 65 percent in NFHS-3. Institutional births are much more common for first-order births, and among women age 20-34, urban women, women with 10 or more years of education, women belonging to the two highest wealth quintiles, and women with four or more antenatal care visits.

Women who gave birth at home were asked why they did not deliver in a health facility. The most common reasons given are that they felt it was not necessary ( $47 \%$ ), the facility was too far or there was no transport available (33\%), and delivery in a health facility cost too much (25\%) (data not shown in tables).

For 79 percent of home births, a clean blade was used to cut the cord, as is recommended, and 81 percent of home births followed the recommendation that the baby be immediately wiped dry and then wrapped without being bathed first. A disposable delivery kit (DDK) was used for only 15

Are babies being delivered safely? Percentage of births in the past three years
 percent of home births.

In Mizoram, 65 percent of births in the past five years were assisted by health personnel. Nearly one-fifth of births (19\%) were delivered by a friend or relative, and 15 percent of births were delivered by a traditional birth attendant. Only 14 percent home births were assisted by health personnel.

## Institutional Delivery by State

Percentage of births in the past five years


In Mizoram, 3 out of 5 children were delivered in a health facility, much higher than the national<br>average of 39 percent.

## Postnatal care

Early postnatal care for a mother helps safeguard her health and can reduce maternal mortality. Overall, 54 percent of women who gave births in the past five years had a postnatal check-up. Only 51 percent of mothers had a postnatal check-up within two days of birth, as is recommended. More than one-third of mothers ( $36 \%$ ) had a postnatal check-up less than 4 hours after delivery. Postnatal care is most common for women who gave birth in a medical facility. Only 9 percent of home births were followed by a postnatal check-up.

## Male involvement in maternal care

Nearly four-fifths of men with a child under three years of age said that the child's mother received antenatal care. Only 35 percent said they were present during at least one antenatal check-up received by the child's mother. Over half of men (56\%) said they were told by a health provider or a health worker what to do if the mother had a pregnancy complication. Fifty-eight percent were told about prolonged labour, 49 percent about vaginal bleeding, and 34 percent about convulsions.

Most fathers with a child less than three years of age were provided by a health provider or worker with information related to various aspects of maternal care. Two-thirds were told about the importance of proper nutrition for the mother during pregnancy, 62 percent were told about the importance of delivering the baby in a health facility, and 51 percent were told about family planning or delaying the next child.

Among fathers whose youngest child was not delivered in a health facility, only 36 percent were told about the importance of using a new or unused blade to cut the umbilical cord, 51 percent each were told about the importance of cleanliness at the time of delivery and keeping the baby warm immediately after birth, and 46 percent were told about the importance of breastfeeding the baby immediately after birth.

## Child Health

## Vaccination of children

Less than half (47\%) of children age 12-23 months are fully vaccinated against six major childhood illnesses: tuberculosis, diphtheria, pertussis, tetanus, polio, and measles. However, most children are at least partially vaccinated; only 7 percent have received no vaccinations at all.

Eighty-six percent of children age 12-23 months have received a BCG vaccination. About two-thirds have received at least the recommended three doses of DPT vaccine ( $67 \%$ ) and polio vaccine ( $64 \%$ ).

Trends in Vaccination Coverage
Percentage of children 12-23 months receiving vaccinations
$\square$ NFHS-1 NFHS-2 NFHS-3
 Seventy percent have been vaccinated against measles.

Full Immunization Coverage by State
Percentage of children 12-23 months


Less than half of children age 12-23 months in Mizoram are fully immunized.

The DPT and polio vaccines are given in a series. Many children who receive the first dose do not finish the series. Between the first and third doses, the dropout rate is 25 percent for DPT and 29 percent for polio.

Full vaccination coverage decreased by 13 percentage points between NFHS-2 ( $60 \%$ ) and NFHS-3 (47\%). During this period, there was a slight decline in coverage of BCG, three doses of DPT vaccine, and measles, and a larger decline in the percentage of children with at least three doses of polio vaccine. There was a major increase in coverage of the polio vaccine given at birth (from $5 \%$ in NFHS-2 to $46 \%$ in NFHS-3). Full vaccination coverage is much more common among children in urban areas ( $57 \%$ ) than in rural areas ( $37 \%$ ). Boys are much more likely than girls to be fully vaccinated ( $51 \%$ of boys, compared with $41 \%$ of girls).

## Childhood illnesses

In the two weeks before the survey, 4 percent of children under age five had symptoms of an acute respiratory infection (cough and short, rapid breathing that was chest-related and not due to a blocked or runny nose). Of these children, 62 percent were taken to a health facility or health provider and 52 percent received antibiotics.

Seventeen percent of children were reported to have had fever in the two weeks preceding the survey; only 48 percent of these children were taken to a health facility or health provider, and 12 percent took antimalarial drugs.

Overall, 11 percent of children had diarrhoea in the two weeks preceding the survey. Among these children, 27 percent were taken to a health facility or provider. Sixty-nine percent were treated with some kind of oral rehydration therapy (ORT) or increased fluids, including 48 percent who were treated with a solution prepared from oral rehydration salt (ORS) packets and 30 percent who were given gruel. Even though 95 percent of women who had a live birth in the five years preceding the survey know about ORS, less than half actually used ORS for their sick children. Eleven percent of children with diarrhoea did not receive any type of treatment at all. More than half of children (55\%) received antibiotics, which are not normally recommended for treating childhood diarrhoea.

Children should receive more fluids than usual during diarrhoeal illness, but only 24 percent were offered more liquids than normal. More than one-third of children with diarrhoea received less to drink than normal, which can increase the risk of dehydration.

## Integrated Child Development Services (ICDS)

The ICDS programme provides nutrition and health services for children under age six years and pregnant or breastfeeding women, as well as preschool activities for children age 3-5 years. These services are provided through community-based anganwadi centres.

Among the 95 percent of children under age six years who are in areas covered by an anganwadi centre, more than half (56\%) receive services of some kind from the centre. The most common services children receive are supplementary food ( $55 \%$ ), followed by early childhood care or preschool (46\%), growth monitoring (36\%), and immunizations (22\%). Only 14 percent had health check-ups at an anganwadi centre. Children age 24-47 months are more likely than those in other age groups to receive services from an anganwadi centre.

## How many children receive anganwadi centre services? <br> Percentage of age-eligible children in areas covered by an anganwadi centre receiving services



Among children under age six years in areas covered by an anganwadi centre, over half of mothers ( $56 \%$ ) received services from an anganwadi centre during pregnancy and breastfeeding. Most mothers (55\%) received supplementary food from an anganzwadi centre.

## Breastfeeding, Nutrition, and Anaemia

## Infant feeding

Although breastfeeding is nearly universal in Mizoram (98\%), only 46 percent of children less than 6 months of age are exclusively breastfed, as the World Health Organization (WHO) recommends. Almost all children ( $91 \%$ ) are put to the breast within the first day of life, which means that the children are provided with the highly nutritious first milk (colostrum) and the antibodies it contains. Mothers breastfeed for an average of 21 months, somewhat shorter than the minimum duration recommended by WHO for most children.

It is recommended that nothing be given to children other than breast milk even in the first three days when the milk has not begun to flow regularly. However, more than one-fifth (23\%) of children are given something other than breast milk during that period.

WHO offers three recommendations for infant and young child feeding (IYCF) practices for those 6-23 months old: continued breastfeeding or feeding with appropriate calcium-rich foods if not breastfed; feeding solid or semi-solid food for a minimum number of times per day according to age and breastfeeding status; and including foods from a minimum number of food groups per day according to breastfeeding status. Slightly more than half of children age $6-23$ months ( $53 \%$ ) are fed the recommended minimum number of times per day, and 36 percent are fed from the appropriate number of food groups. Only 21 percent are fed according to all three IYCF recommended practices.

Vitamin A deficiency can cause eye damage and a higher risk of dying from measles, diarrhoea, or malaria. The Government of India recommends that children under three years of age receive vitamin A supplements every six months, starting at age 9 months. However, less than half ( $47 \%$ ) of children age 12-35 months were given a vitamin A supplement in the past six months, and only 64 percent of children age 6-35 months ate vitamin A-rich foods during the day or night before the interview.

Eating foods rich in iron and taking iron supplements can help prevent anaemia. Only 32 percent of women's youngest children age 6-35 months ate iron-rich foods during the day or night before the interview, and only 22 percent of children age 6-59 months were given iron supplements in the week before the interview. Forty-one percent of children age 6-59 months were given deworming medication in the six months preceding the survey.

## Children's nutritional status

Forty percent of children under age five years are stunted, or too short for their age, which indicates that they have been undernourished for some time. Nine percent are wasted, or too thin for their height, which may result from inadequate recent food intake or a recent illness. One-fifth of children are underweight, which takes into account both chronic and acute undernutrition.

Children in rural areas are more likely to be undernourished, but even in urban areas, 3 in 10 children suffer from chronic malnutrition (stunting). The mother's educational status has a clear positive influence on children's


Note: Nutritional status estimates are based on the 2006 WHO International Reference Population nutritional status. Even in the wealthiest households, one-quarter of children are stunted and 10 percent are underweight. Children whose mothers are too thin are much more likely than other children to be undernourished.

Children's nutritional status in Mizoram has improved since NFHS-2 (1998-99). Children under age three years (the age group for which nutritional status data are available in NFHS-2) are less likely to be too short for their age today than they were seven years ago (which means that chronic undernutrition is less widespread). They are also less likely to be underweight and wasted. Undernutrition has decreased by 4-6 percentage points on each of the three measures.

## Adults' nutritional status

Adults in Mizoram are much more likely to have a healthy weight for their height as compared to adults in most of the states in India. Fourteen percent of women and 9 percent of men are too thin for their height, and 11 percent each of women and men are overweight or obese. Overall, 75 percent of women and 79 percent of men are at a healthy weight for their height.

How many women are at a healthy weight for their height?
Percent distribution of women


Undernutrition is slightly higher among women in rural areas, women with less than 5 years of education, and men age 15-19 years. The proportion of overweight or obese adults is higher in the oldest age group (40-49), in urban areas, among those with 10 or more years of education, and among those in the highest wealth quintile.

Using iodized salt prevents iodine deficiency, which can lead to miscarriage, goitre, and mental retardation. More than four-fifths ( $86 \%$ ) of households in Mizoram were using adequately iodized salt at the time of the survey. This is a little lower than the percentage observed during NFHS-2 ( $91 \%$ ). However, a nationwide ban on non-iodized salt took effect just as the NFHS-3 fieldwork was being completed, so the effects of the new law could not be determined by the survey.

## Anaemia

Anaemia is a major health problem in Mizoram, especially among women and children. Anaemia can result in maternal mortality, weakness, diminished physical and mental capacity, increased morbidity from infectious diseases, perinatal mortality, premature delivery, low birth weight, and (in children) impaired cognitive performance, motor development, and scholastic achievement. Among children age 6-59 months, more than two-fifths ( $44 \%$ ) have anaemia, including 24 percent who are

Anaemia among Women, Men, and Children
 mildly anaemic, 20 percent who are moderately anaemic, and 1 percent who suffer from severe anaemia.

The percentage of children who have anaemia declines with children's age, from 63-65 percent among children age 6-23 months to 28 percent among children age 48-59 months. Although anaemia levels vary somewhat according to background characteristics, anaemia among children is pervasive in every group. Mother's education and wealth status show the widest differentials in the anaemia level. The prevalence of anaemia decreases from 76 percent among children whose mothers have no education to 33 percent among children whose mothers have completed 10 or more years of education. Children belonging to the lowest wealth quintile are more than twice as likely to be anaemic as children in the highest wealth quintile. Despite these differentials, anaemia is considerable (at least $28 \%$ ) in every subgroup measured.

Nearly two-fifths of women (39\%) and one-fifth of men (19\%) have anaemia, including 9 percent who are moderately anaemic and less than 1 percent who are severely anaemic. The prevalence of anaemia is about the same in all the age groups. Almost half of pregnant women and breastfeeding women have anaemia. For both women and men, anaemia is higher in rural areas, among those with little or no education, and among those in the lower wealth quintiles.

Anaemia is less widespread among both children and ever-married women than it was seven years ago at the time of NFHS-2, having declined by 3 percentage points and 7 percentage points, respectively.

## HIV/AIDS

## Awareness of AIDS

Nearly every woman and man in Mizoram has heard of AIDS (95\% of women and 96\% of men). Nevertheless, there is some variation in AIDS knowledge by background characteristics. Women and men who are less likely to know about AIDS are those in rural areas, those with no education, those who are not regularly exposed to media, and those in the lower wealth quintiles. The proportion of ever-married women who know of AIDS is about the same now as it was at the time of NFHS-2.

## Knowledge of prevention and transmission

Knowledge about how HIV is transmitted and how to keep from getting it is also quite high in Mizoram. About 9 out of 10 women and men know that the risk of HIV/AIDS can be reduced by using condoms and by limiting sex to one uninfected partner. As with overall knowledge of AIDS, knowledge of the means of transmission and prevention of HIV/AIDS is lower among adults in rural areas, those with no education, those who do not have regular exposure to media, and those in the lower wealth quintiles.

The high level of awareness about HIV/AIDS

Do people know how to prevent HIV/AIDS?
Percentage of women and men age 15-49
 does not translate into a 'comprehensive knowledge' of HIV/AIDS among adults in Mizoram, a state known for its high level of literacy. Only two-thirds of women (66\%) and men (68\%) have a comprehensive knowledge of HIV/AIDS. However, comprehensive knowledge of HIV/AIDS among women and men is the highest in the country. At the national level, only 17 percent of women and 33 percent of men have a comprehensive knowledge of HIV/AIDS. In Mizoram, comprehensive knowledge is relatively low among those with no education ( $15 \%$ of women and $34 \%$ of men), in the lower wealth quintiles, in rural areas ( $56 \%$ of women and $62 \%$ of men), and with no regular media exposure ( $44 \%$ of women and $39 \%$ of men).

## HIV-related stigma

Most men and women in Mizoram express generally accepting attitudes toward those living with HIV/AIDS. About four-fifths of women (76\%) and men ( $83 \%$ ) say they would be willing to care for a family member with HIV/AIDS in their home, and 64 percent of women and men say that a female teacher who has HIV/AIDS but is not sick should be allowed to continue teaching. Sixty-five percent of women and 73 percent of men say they would buy fresh vegetables from a shopkeeper with HIV/AIDS. A little over half of women and men ( $54 \%$ each) say that if a family member got infected with HIV/AIDS, they would not want to keep it a secret. However, only 29 percent of women and 28 percent of men express all four of these accepting attitudes toward persons living with HIV/AIDS.

## HIV testing prior to NFHS-3, blood transfusions, and safe injections

Only 6 percent of women and 8 percent of men age 15-49 were ever tested for HIV prior to NFHS-3. The percentage ever tested was twice as high in urban areas as in rural areas.

Five percent of women ( $6 \%$ in urban areas and $3 \%$ in rural areas) and 6 percent of men ( $8 \%$ in urban areas and $4 \%$ in rural areas) ever had a blood transfusion.

Twelve percent of women and 9 percent of men received one or more injections from a health worker in the past 12 months. For almost all women (99\%) and men (93\%) who received an injection from a health worker in the past 12 months, the last injection was 'safe', i.e., the syringe and needle were taken from a newly opened package or the needle used was sterilized.

## HIV prevalence

In Mizoram, blood was collected for HIV testing from eligible women and men in a subsample of households. The results of the HIV testing of blood samples collected in Mizoram contributed to the national HIV prevalence estimate; however, no separate estimate of HIV prevalence is available for Mizoram.

Nationally, NFHS-3 found that 0.28 percent of adults age $15-49$ are infected with HIV, including 0.35 percent in urban areas and 0.25 percent in rural areas. If the six states considered by the National AIDS Control Organization (NACO) as having high HIV prevalence are excluded, the HIV prevalence estimate for the remaining 23 states combined, including Mizoram, is only 0.12 percent overall, 0.08 percent among women age $15-49$, and 0.16 percent among men age 15-49 (data not shown in tables).

## Sexual Behaviour

NFHS-3 included questions on respondents' sexual behaviour. Respondents were asked about their age at first sex, their current and previous sexual partners, and condom use. In addition, men were asked whether they had paid for sex in the past year. These questions are sensitive and subject to reporting bias, so the results should be interpreted with caution.

## Age at first sexual intercourse

The median age at first sex in Mizoram is 21 years for both men and women age 25-49. Among youth age 15-24 years, 39 percent of women and 44 percent of men have ever had sex.

## Higher-risk sex and multiple sex partners

Higher-risk sex is sexual intercourse with someone who is neither a spouse nor a cohabiting partner. Among those who had sex in the past year, 2 percent of women and 11 percent of men reported having had higher-risk sex during the year. One percent of men, but only a negligible percent of women, said they had two or more sexual partners in the past one year. On average, among those who have ever had sexual intercourse, men have had 3.2 sexual partners during their lifetime, but women have had only 1.1 sexual partners.

## Use of condoms during higher-risk sex

Consistent condom use is one of the important preventive measures promoted by the government in its effort to contain the spread of HIV/AIDS. While effective protection would require correct condom use for every act of sexual intercourse, it is particularly crucial to use condoms during higher-risk sex. Among men who had higher-risk sex in the past 12 months, only 29 percent used a condom the last time they had higher-risk intercourse.

## Paid sex

A negligible proportion of men age 15-49 (0.2\%) reported having paid for sex in the past 12 months.

## Adult Health and Health Care

## Tuberculosis

In Mizoram, 461 persons per 100,000 are estimated to have medically treated tuberculosis, based on reports from household respondents. The prevalence of tuberculosis is lower than average among persons under age 15 years and in rural areas. Although the prevalence of tuberculosis in Mizoram is slightly higher than the national average, it is lower than in any other northeastern state except Meghalaya.

Nearly all respondents have heard of tuberculosis ( $95 \%$ of women and $94 \%$ of men). Among people who have heard of tuberculosis, about four-fifths of women and men know that tuberculosis can be spread through the air by coughing or sneezing. Misconceptions about how tuberculosis is spread are higher among men (30\%) than women ( $22 \%$ ). However, nearly all adults correctly believe that tuberculosis can be cured. Only 5 percent of men and 8 percent of women would want a family member's tuberculosis kept a secret from the neighbours.

## Diabetes, asthma, and goitre

According to self reports, women are much more likely than men to suffer from diabetes, asthma, and goitre or other thyroid disorders. Diabetes is nearly four times as high among women ( 1,189 per 100,000) as among men ( 315 per 100,000). Similarly, nearly 4 percent of women suffer from asthma, compared with 2 percent of men. The prevalence of goitre or other thyroid disorders is nearly six times as high for women than for men ( 1,857 per 100,000 women, compared with 315 per 100,000 men). The number of women with goitre or other thyroid disorders increases with age. For women, all three diseases are more prevalent in Mizoram than in India as a whole. For men, only asthma is higher than the national average.

## Tobacco and alcohol use

More than four-fifths of men ( $83 \%$ ) and three-fifths of women ( $61 \%$ ) use some kind of tobacco. Men are much more likely than women to smoke cigarettes or bidis $(74 \%$ vs. $16 \%)$, while women are much more likely than men to chew paan masala, gutkha, or other tobacco ( $55 \% \mathrm{vs} .38 \%$ ). The overall use of tobacco is lower in urban areas than rural areas for both women and men.

Women and men are more likely to use tobacco than to drink alcohol. Over two-fifths of men $(42 \%)$ but less than 1 percent of women drink alcohol. Among men who drink alcohol, only 6 percent drink every day; two-thirds drink less than once in a week (77\% in rural areas and $58 \%$ in urban areas).

## Source of health care

For 91 percent of households, the public medical sector is the main source of health care ( $88 \%$ in urban areas and $94 \%$ in rural areas). Among public sector medical facilities, the most widely used source is government or municipal hospitals (51\%), followed by CHCs, rural hospitals, or PHCs (33\%).

Among households that do not use government health facilities, the main reasons given for not doing so are poor quality of care ( $43 \%$ ), lack of a nearby facility ( $26 \%$ ), and long waiting times (23\%) (data not shown in tables).

## Health insurance

Despite the emergence of a number of health insurance programmes and health schemes, only 2 percent of households report that they have any kind of health insurance that covers at least one member of the household. Two types of programmes dominate: the Employee State Insurance Scheme (ESIS) and the Central Government Health Scheme (CGHS).

## Women's Empowerment

## Employment and earnings

Less than half of currently married women (45\%) were employed in the last year, compared with 98 percent of currently married men. Thirty-six percent of employed women received no payment for their work and 2 percent were paid only in kind. Overall, 62 percent of employed women were paid in cash, compared with 76 percent of employed men.

Among currently married women who work and are paid in cash, more than 90 percent decide how their earnings will be spent, either alone or together with their husbands. Almost half of women (47\%) who work for cash earn more than or about the same as their husbands.

## Decision making

Married women were asked who makes decisions about their own health care, making major household purchases, making purchases for daily needs, and visiting their own family or relatives. Between 80 and 92 percent of women participate in making each of the four decisions and 70 percent participate in making all four decisions.

Participation in making all four decisions is higher in urban areas than in rural areas and among older women. Other groups of women who are more likely to participate in all four decisions are women with 10 or more years of education, women who are employed for cash, women with three or more children, and women in nuclear households.

## Other indicators of women's empowerment

One-fifth of women in Mizoram have some money that they can decide how to use. The proportion of women with money that they control is highest for women in urban areas, women with 10 or more years of education, women who are widowed, divorced, separated, or deserted, and women in the highest wealth quintile.

Women's knowledge and use of microcredit programmes is limited. Only 8 percent know of a microcredit programme and very few women (less than $1 \%$ ) have ever taken a loan from a microcredit programme.

Three-quarters of women are allowed to go by themselves to the market, to a health facility, and to places outside the village or community. Freedom of movement, as indicated by being allowed to go alone to the three types of places, increases sharply with age and the number of living children, and is higher in rural areas, among educated women, among women who are employed, and among women who are widowed, divorced, separated, or deserted. Only 8 percent of women have a bank or savings account that they themselves use.

## Gender-role attitudes

Eighty-three percent of women and men in Mizoram believe it is justifiable for a husband to beat his wife under specific circumstances. Women are most likely to say wife-beating is justified if a woman shows disrespect for her in-laws (67\%), if she neglects the house or children ( $64 \%$ ), and if her husband suspects she is unfaithful ( $62 \%$ ). Men are most likely to justify wife-beating if a man suspects that his wife is unfaithful (73\%) or if a woman shows disrespect for in-laws ( $67 \%$ ). Only 2 percent of women and men say that wife-beating is justified if the woman does not cook food properly, and 13-14 percent justify wife-beating if a wife refuses to have sex with her husband.

Overall, about 9 in 10 women and men believe a woman is justified in refusing to have sex with her husband if she knows he has a sexually transmitted disease or if she knows he has sex with other women. A smaller percentage ( $72 \%$ of women and $83 \%$ of men) says that a wife is justified in refusing to have sex with her husband if she is tired or not in the mood. Interestingly, more men ( $74 \%$ ) than women ( $64 \%$ ) agree with all of the three specified reasons for a wife refusing to have sex with her husband.

## Domestic Violence

Among women age 15-49 in Mizoram, one-quarter have ever experienced physical violence, and 3 percent have ever experienced sexual violence. In all, 26 percent of women have experienced physical or sexual violence, including 27 percent of ever-married women and 23 percent of never married women.

## Spousal violence

One-fifth of ever-married women report having been slapped by their husband; 5-7 percent report having their arm twisted or hair pulled, being punched, being pushed, shaken, or having something thrown at them, or being kicked, dragged, or beaten up. One percent report that their husbands have physically forced them to have sex and 2 percent say their husbands forced them to perform a sexual act they did not want to. Overall, 22 percent of ever-married women have experienced spousal physical or sexual violence from their current husband or, if not currently married, from their most recent husband. Eleven percent report spousal emotional violence. Only 3 percent of ever-married women have ever initiated violence against their husband when he was not already beating or physically hurting them.

## Spousal Physical or Sexual Violence by State

Percentage of ever-married women


> Spousal violence is lower in Mizoram than in most other states, but more
> than 1 out of 5 women in the state have experienced spousal physical or sexual violence.

Although the prevalence of spousal violence is lower among the more educated, one in seven women ( $15 \%$ ) who have at least 10 years of education have experienced spousal violence. Spousal violence is also more common among women in poorer households, and women who are divorced, separated, or deserted. Women whose mothers were beaten by their fathers are much more likely to be in abusive marriages themselves; 46 percent of women whose mothers experienced spousal violence have themselves experienced spousal violence, compared with 20 percent of women whose mothers did not experience spousal violence. Women with husbands who consume alcohol and get drunk are much more likely than women whose husbands do not consume any alcohol to experience spousal violence. However, 13 percent of even women whose husbands do not drink alcohol have experienced physical or sexual spousal violence.

Thirty-one percent of women who have experienced spousal physical or sexual violence have suffered injuries (mostly cuts, bruises, or aches) as a result of violence. For most women who have ever experienced spousal violence, the violence first occurred within the first two years of their marriage (data not shown in tables).

## Help seeking

Only 11 percent of women who have ever experienced violence have sought help to end the violence. Forty-two percent of women have neither sought help nor told anyone about the violence. Abused women most often seek help from their own families. Very few women seek help from any institutional source, such as the police.

## Table 1 Results of the household and individual interviews

Number of households, number of interviews with women and men, and response rates, according to residence, Mizoram, 2005-06

| Result | Urban | Rural | Total |
| :--- | :---: | :---: | :---: |
| Household interviews |  |  |  |
| $\quad$ Households selected | 814 | 762 | 1,576 |
| $\quad$ Households occupied | 784 | 734 | 1,518 |
| $\quad$ Households interviewed | 781 | 732 | 1,513 |
| Household response rate ${ }^{1}$ | 99.6 | 99.7 | 99.7 |
| Interviews with women age 15-49 |  |  |  |
| $\quad$ Number of eligible women | 986 | 836 | 1,822 |
| $\quad$ Number of eligible women interviewed | 973 | 818 | 1,791 |
| Eligible women response rate ${ }^{2}$ | 98.7 | 97.8 | 98.3 |
| Interviews with men age 15-54 |  |  |  |
| $\quad$ Number of eligible men | 353 | 330 | 683 |
| $\quad$ Number of eligible men interviewed | 341 | 324 | 665 |
| Eligible men response rate ${ }^{2}$ | 96.6 | 98.2 | 97.4 |

Note: Eligible women and men are women age 15-49 and men age 15-54 who stayed in the household the night before the interview (including both usual residents and visitors).
This table is based on the unweighted sample.
${ }^{1}$ Households interviewed/households occupied.
${ }^{2}$ Respondents interviewed/eligible respondents.

| Table 2 Household population by age, education, sex, and residence |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of the de facto household population by age and education, according to residence and sex, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |
| Background | Urban |  |  | Rural |  |  | Total |  |  |
| characteristic | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| Age |  |  |  |  |  |  |  |  |  |
| 0-4 | 9.8 | 11.0 | 10.4 | 13.4 | 13.0 | 13.2 | 11.5 | 11.9 | 11.7 |
| 5-9 | 10.8 | 9.4 | 10.1 | 12.8 | 13.3 | 13.0 | 11.7 | 11.3 | 11.5 |
| 10-14 | 11.8 | 10.1 | 11.0 | 13.3 | 12.1 | 12.7 | 12.5 | 11.1 | 11.8 |
| 15-19 | 9.7 | 9.5 | 9.6 | 8.8 | 8.1 | 8.4 | 9.3 | 8.8 | 9.1 |
| 20-24 | 8.9 | 10.3 | 9.6 | 7.8 | 9.4 | 8.6 | 8.4 | 9.9 | 9.1 |
| 25-29 | 9.3 | 9.2 | 9.2 | 8.2 | 7.7 | 7.9 | 8.8 | 8.5 | 8.6 |
| 30-34 | 8.2 | 9.1 | 8.7 | 6.5 | 8.1 | 7.3 | 7.4 | 8.6 | 8.0 |
| 35-39 | 6.9 | 6.6 | 6.8 | 5.2 | 5.5 | 5.3 | 6.1 | 6.1 | 6.1 |
| 40-44 | 4.6 | 6.4 | 5.5 | 4.7 | 4.5 | 4.6 | 4.7 | 5.5 | 5.1 |
| 45-49 | 6.0 | 3.8 | 4.9 | 4.9 | 4.0 | 4.4 | 5.5 | 3.9 | 4.7 |
| 50-54 | 3.0 | 4.7 | 3.9 | 3.5 | 4.5 | 4.0 | 3.2 | 4.6 | 3.9 |
| 55-59 | 4.0 | 2.5 | 3.2 | 3.3 | 3.3 | 3.3 | 3.6 | 2.9 | 3.3 |
| 60-64 | 2.3 | 2.3 | 2.3 | 2.8 | 1.7 | 2.3 | 2.5 | 2.0 | 2.3 |
| 65-69 | 1.9 | 1.7 | 1.8 | 1.7 | 1.5 | 1.6 | 1.8 | 1.6 | 1.7 |
| 70-74 | 1.3 | 1.3 | 1.3 | 1.5 | 1.4 | 1.4 | 1.4 | 1.3 | 1.4 |
| 75-79 | 0.8 | 1.0 | 0.9 | 1.0 | 1.0 | 1.0 | 0.9 | 1.0 | 1.0 |
| 80+ | 0.6 | 1.0 | 0.8 | 0.9 | 1.0 | 0.9 | 0.7 | 1.0 | 0.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 1,868 | 1,874 | 3,742 | 1,680 | 1,689 | 3,369 | 3,549 | 3,563 | 7,112 |
| Sex ratio, all ages ${ }^{1}$ | na | na | 1,003 | na | na | 1,005 | na | na | 1,004 |
| Sex ratio, age 0-6 years ${ }^{1}$ | na | na | 1,065 | na | na | 981 | na | na | 1,020 |
| Education ${ }^{2}$ |  |  |  |  |  |  |  |  |  |
| No education | 3.3 | 5.1 | 4.2 | 10.8 | 16.6 | 13.7 | 6.8 | 10.5 | 8.6 |
| $<5$ years complete | 21.9 | 21.7 | 21.8 | 31.6 | 37.9 | 34.8 | 26.4 | 29.3 | 27.8 |
| 5-9 years complete | 44.7 | 47.0 | 45.8 | 45.2 | 38.1 | 41.6 | 45.0 | 42.8 | 43.9 |
| 10-11 years complete | 11.9 | 12.0 | 11.9 | 6.4 | 4.5 | 5.4 | 9.3 | 8.5 | 8.9 |
| 12 or more years complete | 18.1 | 14.1 | 16.1 | 6.0 | 3.0 | 4.5 | 12.5 | 8.9 | 10.7 |
| Don't know/missing | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 1,653 | 1,635 | 3,288 | 1,421 | 1,432 | 2,853 | 3,075 | 3,066 | 6,141 |
| Median number of years of schooling completed | 7.3 | 6.9 | 7.1 | 4.9 | 3.5 | 4.2 | 6.1 | 5.4 | 5.7 |
| na $=$ Not applicable <br> ${ }^{1}$ Females per 1,000 males. <br> ${ }^{2}$ Population age 6 and above |  |  |  |  |  |  |  |  |  |


| Table 3 Housing characteristics |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percent distribution of urban, rural, and total households and de jure population by household and housing characteristics, Mizoram, 2005-06 |  |  |  |  |
| Household and housing characteristic | Urban | Rural | Total | De jure population |
| Household headship |  |  |  |  |
| Male | 82.6 | 85.8 | 84.1 | 86.3 |
| Female | 17.4 | 14.2 | 15.9 | 13.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Mean household size | 4.6 | 4.9 | 4.8 | na |
| Household structure ${ }^{1}$ |  |  |  |  |
| Nuclear | 58.1 | 63.4 | 60.6 | 51.4 |
| Non-nuclear | 41.9 | 36.6 | 39.4 | 48.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Religion of household head |  |  |  |  |
| Hindu | 5.4 | 0.4 | 3.1 | 1.9 |
| Muslim | 2.4 | 0.3 | 1.4 | 0.6 |
| Christian | 92.2 | 92.8 | 92.5 | 94.5 |
| Other | 0.0 | 6.6 | 3.0 | 3.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Caste/tribe of household head |  |  |  |  |
| Scheduled caste | 2.0 | 0.5 | 1.4 | 0.7 |
| Scheduled tribe | 92.7 | 98.6 | 95.4 | 97.0 |
| Other backward class | 1.2 | 0.4 | 0.8 | 0.8 |
| Other | 4.1 | 0.4 | 2.4 | 1.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Electricity |  |  |  |  |
| Yes | 99.2 | 84.3 | 92.3 | 92.6 |
| No | 0.8 | 15.7 | 7.7 | 7.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Source of drinking water |  |  |  |  |
| Improved source | 93.7 | 74.7 | 85.0 | 84.5 |
| Piped water into dwelling/yard/plot | 69.5 | 13.9 | 43.9 | 43.8 |
| Public tap/standpipe | 12.0 | 22.7 | 16.9 | 17.4 |
| Tube well or borehole | 0.0 | 0.3 | 0.1 | 0.2 |
| Other improved | 12.2 | 37.8 | 24.0 | 23.2 |
| Non-improved source | 6.3 | 25.3 | 15.0 | 15.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Time to obtain drinking water (round trip) |  |  |  |  |
| Water on premises | 79.5 | 33.3 | 58.2 | 57.2 |
| Less than 30 minutes | 17.2 | 56.0 | 35.1 | 36.0 |
| Thirty minutes or longer | 2.8 | 9.4 | 5.9 | 6.1 |
| Don't know/missing | 0.5 | 1.2 | 0.8 | 0.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Water treatment prior to drinking ${ }^{2}$ |  |  |  |  |
| Boil | 43.3 | 53.4 | 47.9 | 48.4 |
| Strain through cloth | 0.1 | 0.5 | 0.3 | 0.4 |
| Use ceramic, sand, or other water filter | 34.6 | 10.9 | 23.7 | 23.4 |
| Other treatment | 4.5 | 0.5 | 2.7 | 2.7 |
| No treatment | 32.4 | 40.2 | 36.0 | 35.5 |
|  |  |  |  | Continued... |


| Household and housing characteristic | Urban | Rural | Total | De jure population |
| :---: | :---: | :---: | :---: | :---: |
| Sanitation facility |  |  |  |  |
| Improved, not shared | 79.0 | 71.4 | 75.5 | 76.8 |
| Flush/pour flush to piped sewer system, septic tank, or pit latrine | 71.7 | 45.2 | 59.5 | 60.5 |
| Pit latrine with slab | 6.8 | 25.3 | 15.3 | 15.6 |
| Other | 0.5 | 1.0 | 0.7 | 0.8 |
| Not improved | 21.0 | 28.6 | 24.5 | 23.2 |
| Any facility shared with other households | 18.1 | 11.1 | 14.8 | 12.9 |
| Flush/pour flush not to sewer system, septic tank, or pit latrine | 0.0 | 0.3 | 0.1 | 0.1 |
| Pit latrine without slab/open pit | 2.9 | 13.0 | 7.6 | 8.2 |
| No facility/open space/field | 0.0 | 4.2 | 2.0 | 2.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Type of house ${ }^{3}$ |  |  |  |  |
| Kachha | 1.7 | 21.9 | 11.0 | 11.1 |
| Semi-pucca | 59.4 | 72.5 | 65.5 | 66.5 |
| Pucca | 37.9 | 5.3 | 22.9 | 21.8 |
| Missing | 1.0 | 0.3 | 0.7 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Cooking fuel |  |  |  |  |
| Electricity | 0.3 | 0.1 | 0.2 | 0.2 |
| LPG/natural gas | 89.0 | 35.2 | 64.2 | 63.0 |
| Biogas | 0.0 | 0.1 | 0.1 | 0.1 |
| Kerosene | 2.3 | 0.4 | 1.4 | 0.6 |
| Coal/lignite | 0.1 | 0.0 | 0.1 | 0.1 |
| Charcoal | 0.3 | 0.1 | 0.2 | 0.2 |
| Wood | 8.1 | 63.8 | 33.8 | 35.9 |
| Straw/shrubs/grass | 0.0 | 0.1 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Place for cooking |  |  |  |  |
| In the house, separate room | 46.6 | 35.8 | 41.6 | 44.3 |
| In the house, no separate room | 51.9 | 61.7 | 56.4 | 53.5 |
| In a separate building | 0.8 | 2.2 | 1.4 | 1.6 |
| Outdoors | 0.6 | 0.3 | 0.5 | 0.6 |
| Missing | 0.1 | 0.0 | 0.1 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 816 | 697 | 1,513 | 7,200 |
| Type of fire/stove among households using solid fuels ${ }^{4}$ |  |  |  |  |
| Open fire/chullah under a chimney | 37.9 | 36.2 | 36.5 | 38.1 |
| Open fire/chullah not under a chimney | 62.1 | 63.5 | 63.3 | 61.6 |
| Missing | 0.0 | 0.2 | 0.2 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number using solid fuel | 69 | 447 | 516 | 2,605 |
| na $=$ Not applicable |  |  |  |  |
| ${ }^{1}$ Nuclear households are households comprised of a married couple or a man or a woman living alone or with unmarried children (biological, adopted, or fostered) with or without unrelated individuals. <br> ${ }^{2}$ Total percentages may add to more than 100.0 because multiple answers are allowed. <br> ${ }^{3}$ Houses made from mud, thatch, or other low-quality materials are called kachha houses, houses that use partly low-quality and partly high-quality materials are called semi-pucca houses, and houses made with high quality materials throughout, including the floor, roof, and exterior walls, are called pucca houses. <br> ${ }^{4}$ Includes coal/lignite, charcoal, wood, straw/shrubs/grass, agricultural crop waste, and dung cakes. |  |  |  |  |

## Table 4 Household possessions, ownership of agricultural land, and wealth index

Percentage of urban, rural, and total households and de jure population possessing various household goods, means of transport, agricultural land, a house, and farm animals and having a bank account, health insurance, a BPL card, and a mosquito net, and percent distribution by the wealth index, Mizoram, 2005-06

| Household possessions | Urban | Rural | Total | De jure population |
| :---: | :---: | :---: | :---: | :---: |
| Household goods |  |  |  |  |
| Mattress | 99.2 | 94.4 | 97.0 | 97.4 |
| Pressure cooker | 98.0 | 89.3 | 94.0 | 94.1 |
| Chair | 90.5 | 69.4 | 80.8 | 80.2 |
| Cot or bed | 99.6 | 92.5 | 96.3 | 96.3 |
| Table | 93.7 | 78.0 | 86.5 | 86.6 |
| Electric fan | 42.5 | 23.9 | 33.9 | 36.0 |
| Radio or transistor | 44.8 | 39.2 | 42.2 | 43.1 |
| Television (black and white) | 4.1 | 1.1 | 2.7 | 2.5 |
| Television (colour) | 64.9 | 25.1 | 46.6 | 49.9 |
| Any television | 67.5 | 25.8 | 48.3 | 51.4 |
| Sewing machine | 48.9 | 33.1 | 41.6 | 46.8 |
| Mobile telephone | 29.1 | 6.1 | 18.5 | 18.9 |
| Any other type of telephone | 39.4 | 13.7 | 27.6 | 30.3 |
| Computer | 12.8 | 1.2 | 7.5 | 8.8 |
| Refrigerator | 48.9 | 14.6 | 33.1 | 35.3 |
| Watch or clock | 93.7 | 79.4 | 87.1 | 88.2 |
| Water pump | 9.3 | 1.9 | 5.9 | 6.7 |
| Thresher | 2.6 | 3.1 | 2.8 | 3.6 |
| Tractor | 0.3 | 0.1 | 0.2 | 0.3 |
| Means of transport |  |  |  |  |
| Bicycle | 8.7 | 4.0 | 6.5 | 7.9 |
| Motorcycle or scooter | 16.5 | 7.5 | 12.4 | 13.8 |
| Animal-drawn cart | 0.3 | 0.1 | 0.2 | 0.2 |
| Car | 12.4 | 2.0 | 7.6 | 8.9 |
| None of the above | 70.6 | 88.0 | 78.6 | 76.1 |
| Agricultural land |  |  |  |  |
| No agricultural land | 64.7 | 30.6 | 49.0 | 44.6 |
| Irrigated land only | 2.7 | 4.4 | 3.5 | 3.6 |
| Non-irrigated land only | 30.3 | 63.5 | 45.6 | 49.1 |
| Both irrigated and non-irrigated land | 2.3 | 1.5 | 1.9 | 2.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Percentage owning a house | 54.8 | 84.7 | 68.6 | 72.3 |
| Percentage owning farm animals ${ }^{1}$ | 28.9 | 66.1 | 46.1 | 49.8 |
| Percentage having a bank account/post office account ${ }^{2}$ | 61.8 | 24.6 | 44.7 | 45.3 |
| Percentage covered by a health scheme/health insurance ${ }^{2}$ | 3.3 | 1.0 | 2.2 | 2.3 |
| Percentage owning a BPL card | 14.6 | 38.4 | 25.6 | 26.8 |
| Percentage with a mosquito net that can be used for sleeping | 98.6 | 96.4 | 97.6 | 97.9 |
| Wealth index |  |  |  |  |
| Lowest | 0.0 | 5.3 | 2.5 | 2.5 |
| Second | 1.4 | 11.2 | 5.9 | 6.1 |
| Middle | 6.9 | 32.4 | 18.6 | 19.2 |
| Fourth | 34.2 | 37.3 | 35.6 | 33.4 |
| Highest | 57.5 | 13.8 | 37.4 | 38.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 816 | 697 | 1,513 | 7,200 |

BPL = Below poverty line
${ }^{1}$ Cows, bulls, buffaloes, camels, horses, donkeys, mules, goats, sheep, chickens, or ducks.
${ }^{2}$ Any usual household member.

Table 5 Religion and caste/tribe by wealth index
Percent distribution of the de jure population by wealth index, according to religion and caste/tribe, Mizoram, 2005-06

| Religion/caste/tribe | Wealth index |  |  |  |  | Total | De jure population |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Lowest | Second | Middle | Fourth | Highest |  |  |
| Religion of household head |  |  |  |  |  |  |  |
| Hindu | 0.0 | 0.0 | 3.8 | 48.6 | 47.6 | 100.0 | 136 |
| Muslim | (0.0) | (0.0) | (19.2) | (56.8) | (24.0) | 100.0 | 43 |
| Christian | 0.9 | 5.6 | 20.0 | 33.6 | 40.0 | 100.0 | 6,801 |
| Other | 56.1 | 27.8 | 5.2 | 10.9 | 0.0 | 100.0 | 219 |
| Caste/tribe of household head |  |  |  |  |  |  |  |
| Scheduled caste | (0.0) | (0.0) | (25.5) | (59.3) | (15.3) | 100.0 | 48 |
| Scheduled tribe | 2.6 | 6.2 | 19.3 | 33.1 | 38.8 | 100.0 | 6,982 |
| Other backward class | 0.0 | 16.0 | 32.9 | 0.0 | 51.1 | 100.0 | 56 |
| Other | 0.0 | 0.0 | 2.5 | 55.5 | 42.0 | 100.0 | 114 |
| Total | 2.5 | 6.1 | 19.2 | 33.4 | 38.8 | 100.0 | 7,200 |

( ) Based on 25-49 unweighted cases.

## Table 6 School attendance

Percentage of de facto household population age 6-17 years attending school in the 2005-06 school year by sex, residence, and age, Mizoram, 2005-06

| Age | Male |  |  | Female |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total | Urban | Rural | Total |
| 6-10 years | 98.6 | 88.5 | 93.5 | 97.1 | 88.4 | 92.3 | 97.9 | 88.4 | 92.9 |
| 11-14 years | 91.5 | 86.0 | 88.7 | 86.3 | 79.4 | 83.0 | 88.9 | 82.9 | 85.9 |
| 15-17 years | 64.0 | 34.6 | 50.4 | 57.3 | 28.9 | 44.8 | 60.9 | 32.1 | 47.9 |
| 6-14 years | 95.6 | 87.4 | 91.5 | 92.0 | 84.8 | 88.2 | 93.9 | 86.1 | 89.9 |
| 6-17 years | 88.2 | 76.7 | 82.5 | 84.1 | 74.9 | 79.4 | 86.3 | 75.8 | 81.1 |

Note: In this table, children's age refers to their age at the start of the 2005-06 school year (assumed here to be April 2005).

## Table 7 Children's living arrangements and orphanhood

Percent distribution of de jure children under age 18 years by their living arrangements, and percentage of children with one or both parents dead, according to background characteristics, Mizoram, 2005-06

| Background characteristic | Living with both parents | Living with mother but not with father | Living with father but not with mother | Not living with either parent | Total | Percentage with one or both parents dead | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |
| <5 years | 86.2 | 11.3 | 1.9 | 0.6 | 100.0 | 1.0 | 835 |
| 5-9 years | 81.0 | 11.3 | 4.0 | 3.7 | 100.0 | 2.6 | 828 |
| 10-14 years | 74.0 | 11.0 | 5.0 | 10.0 | 100.0 | 6.1 | 846 |
| 15-17 years | 66.9 | 8.5 | 6.2 | 18.4 | 100.0 | 5.7 | 384 |
| Residence |  |  |  |  |  |  |  |
| Urban | 78.7 | 10.9 | 3.1 | 7.2 | 100.0 | 3.3 | 1,393 |
| Rural | 78.5 | 10.7 | 4.8 | 6.0 | 100.0 | 3.8 | 1,500 |
| Sex |  |  |  |  |  |  |  |
| Male | 79.7 | 10.0 | 4.4 | 5.9 | 100.0 | 4.0 | 1,480 |
| Female | 77.4 | 11.7 | 3.6 | 7.3 | 100.0 | 3.1 | 1,413 |
| Total age <15 years | 80.4 | 11.2 | 3.7 | 4.8 | 100.0 | 3.2 | 2,509 |
| Total age <18 years | 78.6 | 10.8 | 4.0 | 6.6 | 100.0 | 3.6 | 2,894 |

Table 8 Birth registration of children under age five
Percentage of de jure children under age five years whose birth was registered with the civil authorities, according to background characteristics, Mizoram, 2005-06

|  | Percentage of children <br> whose birth was registered |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Registered, <br> has a birth <br> certificate | Registered, does <br> not have a birth <br> certificate | Total <br> registered | De jure <br> Bhildren |
| Age |  |  |  |  |
| $<2$ years | 88.6 | 4.2 | 92.8 | 304 |
| $2-4$ years | 91.2 | 2.4 | 93.6 | 531 |
| Sex |  |  |  |  |
| Male | 90.4 | 3.1 | 93.5 | 411 |
| Female | 90.0 | 3.0 | 93.0 | 424 |
| Residence |  |  |  |  |
| Urban | 92.2 | 2.4 | 94.6 | 386 |
| Rural | 88.5 | 3.6 | 92.1 | 449 |
| Wealth index |  |  |  |  |
| Lowest | $50.0)$ | $(30.0)$ | $(80.0)$ | 29 |
| Second | 78.8 | 4.0 | 82.8 | 72 |
| Middle | 91.3 | 0.5 | 91.8 | 204 |
| Fourth | 93.8 | 2.2 | 95.9 | 277 |
| Highest | 93.3 | 2.8 | 96.0 | 254 |
| Total | 90.2 | 3.1 | 93.3 | 835 |

[^0]| Table 9 Children's work |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of de jure children age 5-14 who were engaged in different activities in the seven days preceding the interview by type of work, according to background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |
| Background characteristic | Work for someone who is not a member of the household ${ }^{1}$ |  | Household chores for 28 or more hours per week | Other family work ${ }^{2}$ | Total working ${ }^{3}$ | Number of children |
|  | Paid work | Unpaid work |  |  |  |  |
| Age |  |  |  |  |  |  |
| 5-7 years | 0.0 | 0.2 | 0.4 | 1.0 | 1.6 | 501 |
| 8-11 years | 0.3 | 0.0 | 1.2 | 3.6 | 4.6 | 656 |
| 12-14 years | 1.2 | 0.0 | 4.2 | 0.6 | 5.6 | 518 |
| Sex |  |  |  |  |  |  |
| Male | 0.8 | 0.1 | 1.4 | 1.9 | 4.0 | 868 |
| Female | 0.1 | 0.0 | 2.5 | 1.8 | 4.0 | 806 |
| Residence |  |  |  |  |  |  |
| Urban | 0.7 | 0.1 | 2.0 | 0.9 | 3.3 | 796 |
| Rural | 0.3 | 0.0 | 1.8 | 2.7 | 4.7 | 878 |
| Wealth index |  |  |  |  |  |  |
| Lowest | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 50 |
| Second | 0.0 | 0.0 | 1.5 | 1.5 | 2.3 | 126 |
| Middle | 0.7 | 0.0 | 3.2 | 3.2 | 6.7 | 420 |
| Fourth | 0.6 | 0.2 | 2.1 | 1.3 | 4.1 | 524 |
| Highest | 0.4 | 0.0 | 0.9 | 1.6 | 2.7 | 553 |
| Total | 0.5 | 0.1 | 1.9 | 1.9 | 4.0 | 1,674 |

${ }^{1}$ Any work in the 7 days preceding the survey, paid or unpaid, for someone who is not a member of the household by children age 5-11 years and for 14 or more hours by children age 12-14 years.
${ }^{2}$ Includes any work in the 7 days preceding the survey such as work on the farm, in a business, or selling goods in the street by children age 5-11 years and for 14 or more hours by children age 12-14 years.
${ }^{3}$ Includes children age 5-11 years who in the 7 days preceding the survey, worked for someone who is not a member of the household, with or without pay, did household chores for 28 or more hours, or engaged in any other family work and children age 12-14 years who in the 7 days preceding the survey, worked for 14 or more hours for someone who is not a member of the household, with or without pay, did household chores for 28 or more hours, or engaged in any other family work for 14 or more hours.

| Table 10 Background characteristics of respondents |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men age 15-49 by selected background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |
| Background characteristic | Weighted percent |  | Number of women |  | Number of men |  |
|  | Women | Men | Weighted | Unweighted | Weighted | Unweighted |
| Age |  |  |  |  |  |  |
| 15-19 | 17.3 | 17.9 | 309 | 309 | 114 | 114 |
| 20-24 | 19.3 | 17.8 | 347 | 347 | 113 | 113 |
| 25-29 | 16.3 | 18.0 | 291 | 291 | 114 | 114 |
| 30-34 | 17.0 | 14.2 | 304 | 304 | 90 | 89 |
| 35-39 | 11.7 | 11.7 | 210 | 210 | 74 | 74 |
| 40-44 | 10.7 | 9.9 | 192 | 191 | 63 | 63 |
| 45-49 | 7.7 | 10.6 | 139 | 139 | 67 | 68 |
| Residence |  |  |  |  |  |  |
| Urban | 56.4 | 53.9 | 1,010 | 973 | 342 | 326 |
| Rural | 43.6 | 46.1 | 781 | 818 | 293 | 309 |
| Education |  |  |  |  |  |  |
| No education | 5.6 | 5.5 | 100 | 104 | 35 | 36 |
| $<5$ years complete | 14.2 | 9.1 | 254 | 260 | 58 | 59 |
| 5-9 years complete | 52.7 | 56.5 | 944 | 944 | 359 | 359 |
| 10-11 years complete | 13.2 | 13.0 | 237 | 233 | 83 | 82 |
| 12 or more years complete | 14.3 | 16.0 | 256 | 250 | 101 | 99 |
| Literacy |  |  |  |  |  |  |
| Literate ${ }^{1}$ | 94.0 | 93.2 | 1,684 | 1,680 | 592 | 591 |
| Not literate | 5.4 | 5.4 | 97 | 100 | 34 | 35 |
| Not measured | 0.5 | 1.1 | 9 | 9 | 7 | 7 |
| Missing | 0.1 | 0.3 | 2 | 2 | 2 | 2 |
| Media exposure |  |  |  |  |  |  |
| Reads a newspaper/magazine at least once a week | 66.7 | 72.2 | 1,195 | 1,180 | 458 | 454 |
| Watches television at least once a week | 79.1 | 83.3 | 1,416 | 1,404 | 529 | 526 |
| Listens to the radio at least once a week | 36.7 | 44.1 | 657 | 661 | 280 | 282 |
| Visits the cinema/theatre at least once a month | 1.8 | 4.8 | 31 | 31 | 30 | 30 |
| Not regularly exposed to any media | 12.6 | 8.2 | 225 | 234 | 52 | 54 |
| Marital status |  |  |  |  |  |  |
| Never married | 33.0 | 42.3 | 592 | 589 | 268 | 268 |
| Currently married | 58.9 | 54.2 | 1,054 | 1,057 | 344 | 345 |
| Married, gauna not performed | 0.1 | 0.2 | 1 | - 1 | 1 | 1 |
| Widowed | 2.8 | 0.8 | 50 | 50 | 5 | 5 |
| Divorced/separated/deserted | 5.2 | 2.6 | 94 | 94 | 16 | 16 |
| Religion |  |  |  |  |  |  |
| Hindu | 1.8 | 2.6 | 33 | 32 | 17 | 16 |
| Muslim | 0.3 | 2.0 | 5 | 5 | 12 | 12 |
| Christian | 94.9 | 91.7 | 1,699 | 1,698 | 582 | 582 |
| Other | 2.9 | 3.7 | 52 | 54 | 24 | 25 |
| Missing | 0.1 | 0.0 | 2 | 2 | 0 | 0 |
| Caste/tribe |  |  |  |  |  |  |
| Scheduled caste | 0.5 | 1.6 | 9 | 9 | 10 | 10 |
| Scheduled tribe | 97.7 | 96.2 | 1,750 | 1,751 | 611 | 612 |
| Other backward class | 0.5 | 0.5 | 8 | 8 | 3 | 3 |
| Other | 1.3 | 1.6 | 24 | 23 | 10 | 10 |
| Employment (past 12 months) |  |  |  |  |  |  |
| Employed at any time | 45.5 | 87.3 | 816 | 818 | 555 | 556 |
| In agricultural occupation | 21.6 | 30.3 | 386 | 396 | 192 | 199 |
| In non-agricultural occupation | 24.0 | 57.1 | 430 | 422 | 362 | 357 |
| Not employed | 54.4 | 12.3 | 974 | 972 | 78 | 77 |
| Missing | 0.1 | 0.3 | 1 | 1 | 2 | 2 |
| Wealth index |  |  |  |  |  |  |
| Lowest | 2.1 | 2.7 | 37 | 39 | 17 | 18 |
| Second | 5.3 | 5.6 | 96 | 99 | 36 | 37 |
| Middle | 16.1 | 15.6 | 289 | 298 | 99 | 102 |
| Fourth | 33.4 | 34.2 | 597 | 601 | 217 | 219 |
| Highest | 43.1 | 42.0 | 772 | 754 | 267 | 259 |
| Total age 15-49 | 100.0 | 100.0 | 1,791 | 1,791 | 635 | 635 |
| Age 50-54 | na | 4.5 | na | na | 30 | 30 |
| Total age 15-54 | na | 100.0 | na | na | 665 | 665 |
| na $=$ Not applicable <br> ${ }^{1}$ Refers to women/men who can read a whole sente assumed to be literate). | or part | ntence | omen/men | o completed | dard 6 or | (who are |

## Table 11 Current fertility

Age-specific and total fertility rates and crude birth rates from NFHS-3, NFHS-2, and NFHS-1 by residence, Mizoram, 2005-06

| Age | NFHS-3 |  |  | NFHS-2 | NFHS-1 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total |  |  |
| 15-19 | 0.054 | 0.099 | 0.074 | 0.054 | 0.046 |
| 20-24 | 0.156 | 0.192 | 0.172 | 0.188 | 0.140 |
| 25-29 | 0.150 | 0.155 | 0.152 | 0.167 | 0.143 |
| 30-34 | 0.091 | 0.133 | 0.109 | 0.110 | 0.085 |
| 35-39 | 0.041 | 0.049 | 0.044 | 0.048 | 0.031 |
| 40-44 | 0.007 | (0.039) | 0.020 | 0.009 | 0.014 |
| 45-49 | (0.000) | * | (0.000) | (0.000) | 0.000 |
| TFR 15-44 | 2.50 | 3.33 | 2.86 | 2.89 | 2.30 |
| TFR 15-49 | 2.50 | 3.33 | 2.86 | 2.89 | 2.30 |
| CBR | 23.3 | 26.6 | 24.8 | 25.7 | 20.8 |

Note: Rates are for the period 1-36 months preceding the survey (approximately 199092 for NFHS-1, 1997-99 for NFHS-2, and 2003-05 for NFHS-3). Age-specific fertility rates are expressed per woman. Rates for the age group 45-49 might be slightly biased due to truncation.
TFR $=$ Total fertility rate, expressed per woman
CBR $=$ Crude birth rate, expressed per 1,000 population
( ) Based on 125-249 unweighted woman-years of exposure.
*Rate not shown; based on fewer than 125 woman-years of exposure.

Table 12 Fertility by background characteristics
Total fertility rates for the three years preceding the survey, percentage of women age 15-49 currently pregnant, mean number of children ever born to women age 40-49, and total wanted fertility rates, by background characteristics, Mizoram, 2005-06

| Background characteristic | Total fertility rate | Percentage currently pregnant | Mean number of children ever born to women age 40-49 years | Total wanted fertility rate |
| :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |
| Urban | 2.50 | 3.3 | 3.4 | 2.39 |
| Rural | 3.33 | 7.6 | 4.4 | 3.09 |
| Education |  |  |  |  |
| No education | * | 8.6 | (4.5) | * |
| $<5$ years complete | * | 5.3 | 4.4 | * |
| 5-9 years complete | 2.98 | 5.1 | 3.7 | 2.82 |
| 10 or more years complete | 2.07 | 4.5 | 2.9 | 2.07 |
| Religion |  |  |  |  |
| Hindu | * | (0.0) | * | * |
| Christian | 2.83 | 5.2 | 3.9 | 2.67 |
| Other ${ }^{1}$ | * | 7.4 | * | * |
| Wealth index |  |  |  |  |
| Lowest | * | (5.1) | * | * |
| Second | * | 13.0 | * | * |
| Middle | (3.85) | 7.8 | (4.4) | (3.31) |
| Fourth | 2.91 | 5.3 | 3.9 | 2.87 |
| Highest | 2.09 | 3.1 | 3.3 | 2.03 |
| Total | 2.86 | 5.2 | 3.8 | 2.69 |

Note: Total includes Muslims and cases with missing information on religion, which are not shown separately.
( ) Based on 125-249 unweighted cases unweighted woman-years of exposure for fertility and 25-49 unweighted cases for the percentage currently pregnant and the mean number of children ever born.

* Not shown; based on fewer than 125 unweighted woman-years of exposure for fertility rates and fewer than 25 unweighted cases for the percentage currently pregnant and the mean number of children ever born.
${ }^{1}$ Not Hindu, Muslim or Christian.


## Table 13 Teenage pregnancy and motherhood

Percentage of women age 15-19 who have had a live birth or who are pregnant with their first child, and percentage who have begun childbearing, by background characteristics, Mizoram, 2005-06

| Background characteristic | Percentage who: |  | Percentage who have begun childbearing | Number of women |
| :---: | :---: | :---: | :---: | :---: |
|  | Have had a live birth | Are pregnant with first child |  |  |
| Age |  |  |  |  |
| 15 | 0.0 | 0.0 | 0.0 | 66 |
| 16 | 1.8 | 0.0 | 1.8 | 52 |
| 17 | 3.4 | 6.6 | 10.0 | 58 |
| 18 | 10.7 | 3.9 | 14.6 | 73 |
| 19 | 21.4 | 1.6 | 23.0 | 60 |
| Residence |  |  |  |  |
| Urban | 5.4 | 0.0 | 5.4 | 174 |
| Rural | 10.6 | 5.7 | 16.3 | 135 |
| Education |  |  |  |  |
| No education | * | * | * | 11 |
| $<5$ years complete | * | * | * | 24 |
| 5-9 years complete | 7.5 | 2.7 | 10.2 | 211 |
| 10 or more years complete | 1.6 | nc | 1.6 | 63 |
| Marital status |  |  |  |  |
| Never married | 1.1 | 0.4 | 1.4 | 270 |
| Currently married | (47.4) | (18.9) | (66.4) | 35 |
| Widowed/divorced/separated/deserted | * | * | * | 4 |
| Religion |  |  |  |  |
| Hindu | * | * | * | 4 |
| Christian | 7.1 | 2.6 | 9.7 | 294 |
| Other ${ }^{1}$ | * | * | * | 11 |
| Wealth index |  |  |  |  |
| Lowest | * | * | * | 6 |
| Second | * | * | * | 18 |
| Middle | (16.9) | (4.1) | (21.0) | 47 |
| Fourth | 6.9 | 4.8 | 11.7 | 100 |
| Highest | 2.2 | 0.0 | 2.2 | 138 |
| Total | 7.7 | 2.5 | 10.1 | 309 |

$\mathrm{nc}=$ Not calculated because there are no cases.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Not Hindu, Muslim, or Christian


## Table 14 Birth order

Percent distribution of births during the three years preceding the survey by birth order, according to background characteristics, Mizoram, 2005-06, and percent distribution of births to ever-married women by birth order, NFHS-3, NFHS-2, and NFHS-1

| Background characteristic | Birth order |  |  |  | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4+ |  |  |
| Mother's current age |  |  |  |  |  |  |
| 15-19 | (95.8) | (4.2) | (0.0) | (0.0) | 100.0 | 25 |
| 20-29 | 40.9 | 35.1 | 16.2 | 7.7 | 100.0 | 302 |
| 30-39 | 10.8 | 18.3 | 27.8 | 43.0 | 100.0 | 160 |
| 40-49 | * | * | * | * | 100.0 | 16 |
| Residence |  |  |  |  |  |  |
| Urban | 34.4 | 32.4 | 19.5 | 13.7 | 100.0 | 250 |
| Rural | 31.4 | 22.3 | 18.9 | 27.3 | 100.0 | 252 |
| Mother's education |  |  |  |  |  |  |
| No education | (27.5) | (22.8) | (14.9) | (34.8) | 100.0 | 38 |
| $<5$ years complete | 27.2 | 22.6 | 12.8 | 37.4 | 100.0 | 78 |
| 5-9 years complete | 35.1 | 25.2 | 21.5 | 18.2 | 100.0 | 282 |
| 10 or more years complete | 33.4 | 38.4 | 19.5 | 8.7 | 100.0 | 104 |
| Religion |  |  |  |  |  |  |
| Hindu | * | * | * | * | 100.0 | 7 |
| Christian | 31.9 | 27.8 | 19.7 | 20.5 | 100.0 | 469 |
| Other ${ }^{1}$ | (40.0) | (24.0) | (12.0) | (24.0) | 100.0 | 24 |
| Wealth index |  |  |  |  |  |  |
| Lowest | * | * | * | * | 100.0 | 16 |
| Second | (33.5) | (14.8) | (16.6) | (35.2) | 100.0 | 46 |
| Middle | 25.0 | 23.1 | 12.0 | 39.9 | 100.0 | 105 |
| Fourth | 36.1 | 27.6 | 22.2 | 14.1 | 100.0 | 182 |
| Highest | 35.5 | 33.6 | 20.9 | 10.0 | 100.0 | 152 |
| Total | 32.9 | 27.3 | 19.2 | 20.5 | 100.0 | 502 |
| Births to ever-married women |  |  |  |  |  |  |
| NFHS-3 | 30.9 | 28.2 | 19.8 | 21.1 | 100.0 | 487 |
| NFHS-2 | 29.1 | 25.0 | 23.2 | 22.7 | 100.0 | 498 |
| NFHS-1 | 30.2 | 24.1 | 20.7 | 25.0 | 100.0 | 348 |

Note: Total includes births to Muslim women, which are not shown separately.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Not Hindu, Muslim, or Christian.

Table 15 Birth intervals
Percent distribution of births during the five years preceding the survey by interval since the preceding birth, and median number of months since the preceding birth, according to background characteristics, Mizoram, 2005-06

| Background characteristic | Months since preceding birth |  |  |  |  |  | Total | Number of non-first order births | Median number of months since preceding birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7-17 | 18-23 | 24-35 | 36-47 | 48-59 | $60+$ |  |  |  |
| Mother's current age |  |  |  |  |  |  |  |  |  |
| 15-19 | * | * | * | * | * | * | 100.0 | 1 | * |
| 20-29 | 13.6 | 23.0 | 31.1 | 17.9 | 10.6 | 3.9 | 100.0 | 264 | 28.8 |
| 30-39 | 9.9 | 17.8 | 28.8 | 15.3 | 9.7 | 18.5 | 100.0 | 268 | 32.8 |
| 40-49 | (9.2) | (9.4) | (18.5) | (18.9) | (11.6) | (32.4) | 100.0 | 42 | (44.5) |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 10.9 | 17.6 | 27.6 | 17.2 | 13.0 | 13.8 | 100.0 | 248 | 31.7 |
| Rural | 12.0 | 21.3 | 30.1 | 16.4 | 8.2 | 12.0 | 100.0 | 327 | 29.9 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 14.9 | 14.7 | 31.3 | 18.6 | 11.2 | 9.2 | 100.0 | 52 | 32.0 |
| $<5$ years complete | 8.3 | 21.2 | 26.0 | 22.3 | 9.3 | 12.9 | 100.0 | 105 | 32.0 |
| 5-9 years complete | 12.6 | 22.3 | 30.0 | 15.9 | 8.5 | 10.7 | 100.0 | 306 | 28.6 |
| 10 or more years complete | 9.8 | 13.4 | 28.2 | 12.9 | 15.6 | 20.1 | 100.0 | 111 | 35.6 |
| Religion |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | 100.0 | 4 | * |
| Christian | 11.6 | 20.3 | 29.3 | 16.1 | 9.8 | 13.0 | 100.0 | 544 | 30.1 |
| Other ${ }^{1}$ | (12.0) | (12.0) | (28.0) | (24.0) | (16.0) | (8.0) | 100.0 | 24 | 34.5 |
| Wealth index |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | 100.0 | 23 | * |
| Second | 8.8 | 18.8 | 32.8 | 20.7 | 8.7 | 10.3 | 100.0 | 56 | 31.0 |
| Middle | 9.7 | 21.7 | 36.0 | 15.7 | 9.1 | 7.7 | 100.0 | 160 | 28.9 |
| Fourth | 14.1 | 25.3 | 22.2 | 17.1 | 9.8 | 11.5 | 100.0 | 182 | 28.4 |
| Highest | 10.6 | 13.1 | 27.8 | 15.3 | 12.8 | 20.5 | 100.0 | 154 | 35.6 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 2-3 | 11.7 | 20.3 | 27.1 | 17.1 | 10.6 | 13.2 | 100.0 | 379 | 30.7 |
| 4-6 | 11.4 | 18.1 | 33.1 | 15.2 | 10.2 | 11.9 | 100.0 | 174 | 30.7 |
| $7+$ | * | * | * | * | * | * | 100.0 | 23 | * |
| Sex of preceding birth |  |  |  |  |  |  |  |  |  |
| Male | 10.9 | 18.0 | 30.0 | 16.5 | 11.7 | 13.0 | 100.0 | 273 | 30.8 |
| Female | 12.0 | 21.3 | 28.2 | 16.9 | 8.9 | 12.6 | 100.0 | 301 | 30.0 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |  |
| Living | 10.1 | 19.1 | 29.1 | 17.4 | 10.8 | 13.4 | 100.0 | 546 | 31.3 |
| Dead | (38.2) | (30.9) | (27.6) | (3.3) | (0.0) | (0.0) | 100.0 | 29 | (20.4) |
| Total | 11.5 | 19.7 | 29.0 | 16.7 | 10.3 | 12.8 | 100.0 | 575 | 30.6 |

Note: First-order births are excluded from the table. The interval for multiple births is the number of months since the preceding pregnancy that ended in a live birth. Total includes births to Muslim women and women with missing information on religion, who are not shown separately.
() Based on 25-49 unweighted cases.

* Not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Not Hindu, Muslim, or Christian.

| Table 16 Fertility preferences by number of living children |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women and men age 15-49 by desire for children, according to number of living children, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |
|  | Number of living children ${ }^{1}$ |  |  |  |  |  |  |  |
| Desire for children | 0 | 1 | 2 | 3 | 4 | 5 | $6+$ | Total |
| WOMEN |  |  |  |  |  |  |  |  |
| Want another soon ${ }^{2}$ | (78.7) | 25.0 | 9.4 | 3.7 | 2.2 | 0.0 | 0.0 | 11.1 |
| Want another later ${ }^{3}$ | (2.2) | 59.7 | 42.1 | 14.7 | 6.9 | 1.3 | 7.8 | 25.1 |
| Want another, undecided when | (6.5) | 3.0 | 1.1 | 2.2 | 0.5 | 0.0 | 1.5 | 1.8 |
| Undecided | (2.2) | 0.6 | 2.8 | 1.1 | 1.6 | 2.7 | 0.0 | 1.6 |
| Want no more | (0.0) | 2.5 | 7.9 | 17.6 | 16.6 | 30.6 | 49.4 | 14.7 |
| Sterilized ${ }^{4}$ | (0.0) | 5.4 | 35.1 | 60.3 | 67.9 | 61.5 | 36.9 | 42.9 |
| Declared infecund | (10.6) | 3.8 | 1.6 | 0.4 | 4.3 | 4.0 | 4.5 | 2.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 48 | 164 | 256 | 265 | 184 | 74 | 64 | 1,054 |
| MEN |  |  |  |  |  |  |  |  |
| Want another soon ${ }^{2}$ | (89.1) | 29.9 | 19.8 | 13.1 | 3.4 | * | * | 20.6 |
| Want another later ${ }^{3}$ | (10.9) | 58.2 | 35.9 | 22.3 | 10.8 | * | * | 27.1 |
| Want another, undecided when | (0.0) | 3.4 | 3.8 | 0.0 | 0.0 | * | * | 1.4 |
| Undecided | (0.0) | 1.8 | 3.8 | 2.5 | 5.5 | * | * | 2.9 |
| Want no more | (0.0) | 6.7 | 31.4 | 59.7 | 78.6 | * | * | 45.6 |
| Sterilized ${ }^{5}$ | (0.0) | 0.0 | 5.4 | 2.4 | 1.7 | * | * | 2.4 |
| Declared infecund | (0.0) | 0.0 | 0.0 | 0.0 | 0.0 | * | * | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 27 | 58 | 78 | 84 | 56 | 23 | 19 | 344 |
| () Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Includes current pregnancy of woman/wife. <br> ${ }^{2}$ Wants next birth within 2 years. <br> ${ }^{3}$ Wants to delay next birth for 2 or more years. <br> ${ }^{4}$ Includes both female and male sterilization. <br> ${ }^{5}$ Includes male sterilization and men who mention in response to the question about desire for children that their wife has been sterilized. |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

## Table 17 Desire to limit childbearing

Percentage of currently married women and men age 15-49 who want no more children by number of living children, according to background characteristics, Mizoram, 2005-06, and by number of living children, NFHS-2 and NFHS-1

| Background characteristic | Women |  |  |  |  | Men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of living children ${ }^{1}$ |  |  |  | Total ${ }^{2}$ | Number of living children ${ }^{1}$ |  |  |  | Total ${ }^{2}$ |
|  | 1 | 2 | 3 | 4+ |  | 1 | 2 | 3 | 4+ |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 1.2 | 11.2 | * | * | 8.9 | * | * | * | * | (9.0) |
| 25-34 | 12.5 | 34.4 | 70.6 | 80.7 | 52.7 | (5.4) | (27.9) | (43.6) | * | 27.7 |
| 35-49 | * | 83.5 | 91.2 | 90.2 | 84.6 | * | (56.1) | (75.6) | 87.6 | 70.7 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.0 | 48.0 | 82.3 | 88.9 | 58.1 | (3.3) | (43.5) | (65.1) | (78.4) | 45.6 |
| Rural | 7.8 | 35.0 | 72.6 | 84.7 | 57.1 | (10.7) | (25.8) | (58.5) | 85.5 | 50.6 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | (74.8) | 48.8 | * | * | * | * | * |
| $<5$ years complete | * | (48.7) | (79.3) | 84.3 | 67.5 | * | * | * | * | (51.5) |
| 5-9 years complete | 7.9 | 43.3 | 78.8 | 89.7 | 58.8 | (5.6) | (37.3) | (60.0) | 80.7 | 45.2 |
| 10 or more years complete | (6.7) | 43.3 | 79.1 | (87.3) | 50.3 | * | * | (70.5) | (91.6) | 51.7 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | (65.5) | * | * | * | * | * |
| Christian | 6.9 | 42.0 | 77.5 | 86.8 | 58.1 | (8.1) | 37.9 | 62.9 | 83.4 | 49.9 |
| Other ${ }^{3}$ | * | * | * | * | (38.6) | * | * | * | * | * |
| Caste/tribe |  |  |  |  |  |  |  |  |  |  |
| Scheduled caste | * | * | * | * | * | * | * | * | * | * |
| Scheduled tribe | 7.1 | 41.1 | 77.5 | 86.4 | 57.4 | 5.8 | 35.9 | 61.9 | 83.4 | 48.6 |
| Other backward class | * | * | * | * | * | * | * | * | * | * |
| Other | * | * | * | * | * | * | * | * | * | * |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | (38.7) | * | * | * | * | * |
| Second | * | * | * | (76.6) | 49.9 | * | * | * | * | (50.0) |
| Middle | * | (35.2) | (77.9) | 87.0 | 64.8 | * | * | * | * | 50.0 |
| Fourth | 7.4 | 35.6 | 73.7 | 86.3 | 52.9 | * | (30.1) | (67.6) | (70.4) | 41.3 |
| Highest | 7.4 | 54.9 | 83.5 | 90.8 | 61.1 | (7.8) | (50.2) | (64.9) | (91.6) | 54.5 |
| Number of living sons ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |
| 0 | 5.8 | (35.4) | * | * | 20.5 | (7.0) | * | * | * | 16.4 |
| 1 | 11.9 | 51.7 | 79.0 | 84.2 | 55.4 | * | (40.2) | (78.3) | * | 46.6 |
| 2 | na | 51.5 | 81.6 | 91.7 | 78.5 | na | * | (57.0) | (92.1) | 74.1 |
| 3 | na | na | (83.5) | 89.9 | 87.8 | na | na | * | * | (80.6) |
| 4+ | na | na | na | 88.0 | 88.0 | na | na | na | * | * |
| Total | 7.9 | 43.0 | 77.9 | 86.5 | 57.6 | 6.7 | 36.8 | 62.1 | 82.7 | 48.0 |
| NFHS-2 (1998-99) | 8.4 | 36.7 | 77.9 | 87.5 | 57.7 | na | na | na | na | na |
| NFHS-1 (1992-93) | 5.8 | 41.1 | 66.8 | 82.5 | 54.7 | na | na | na | na | na |

Note: Women who have been sterilized or whose husband has been sterilized are considered to want no more children. Men who are sterilized or who mention in response to the question about desire for children that their wife has been sterilized are considered to want no more children.
na $=$ Not applicable
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Includes current pregnancy of woman/wife.
${ }^{2}$ Includes women and men with no children, who are not shown separately.
${ }^{3}$ Not Hindu, Muslim, or Christian.
${ }^{4}$ Excludes pregnant women and men with pregnant wives.

Table 18 Ideal number of children
Percent distribution of women and men age 15-49 by ideal number of children, and mean ideal number of children, by number of living children, Mizoram, 2005-06, and percent distribution of ever-married women and men age 15-49 by ideal number of children, NFHS-3, NFHS-2, and NFHS-1

| Ideal number of children | Number of living children ${ }^{1}$ |  |  |  |  |  |  |  | Ever-married respondents |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  | NFHS-3 | NFHS-2 | NFHS-1 |
|  | 0 | 1 | 2 | 3 | 4 | 5 | $6+$ | Total | (2005-06) | (1998-99) | (1992-93) |
| WOMEN |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 0.2 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 1.6 | 0.2 | 0.2 | 0.0 | 0.0 |
| 1 | 0.5 | 1.2 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.3 | 0.6 | 0.0 |
| 2 | 12.9 | 12.5 | 14.6 | 1.4 | 0.0 | 1.2 | 0.0 | 8.8 | 6.6 | 5.7 | 4.4 |
| 3 | 45.5 | 44.1 | 31.9 | 31.5 | 5.5 | 7.5 | 5.9 | 33.1 | 27.5 | 24.6 | 23.2 |
| 4 | 32.5 | 30.8 | 39.4 | 42.1 | 58.2 | 9.9 | 19.0 | 36.4 | 37.9 | 41.4 | 38.1 |
| 5 | 7.0 | 7.3 | 12.8 | 19.6 | 23.1 | 65.4 | 13.3 | 14.7 | 18.8 | 17.4 | 19.3 |
| 6+ | 1.2 | 3.2 | 1.0 | 5.1 | 12.7 | 16.1 | 58.9 | 6.2 | 8.6 | 8.7 | 14.5 |
| Non-numeric responses | 0.3 | 0.4 | 0.0 | 0.3 | 0.5 | 0.0 | 1.4 | 0.3 | 0.2 | 1.6 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 609 | 245 | 297 | 292 | 202 | 80 | 67 | 1,791 | 1,198 | 1,048 | 1,045 |
| Mean ideal number of children for ${ }^{2}$ : |  |  |  |  |  |  |  |  |  |  |  |
| All women | 3.4 | 3.4 | 3.5 | 4.0 | 4.5 | 4.9 | 5.7 | 3.8 | na | na | na |
| Number | 607 | 244 | 297 | 291 | 201 | 80 | 66 | 1,785 | na | na | na |
| Ever-married women | 3.6 | 3.4 | 3.6 | 4.0 | 4.5 | 4.9 | 5.7 | 4.0 | 4.0 | 4.0 | 4.3 |
| Number | 59 | 207 | 294 | 290 | 200 | 80 | 66 | 1,195 | 1,195 | 1,032 | 1,040 |
| Currently married women | (3.4) | 3.3 | 3.5 | 4.0 | 4.5 | 4.9 | 5.7 | 4.0 | 4.0 | 4.1 | 4.3 |
| Number | 48 | 164 | 256 | 264 | 183 | 74 | 63 | 1,052 | 1,052 | 905 | 902 |
| MEN |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 0.3 | 0.0 | 1.2 | 0.0 | 0.0 | * | * | 0.5 | 0.5 | na | na |
| 1 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | * | * | 0.2 | 0.0 | na | na |
| 2 | 8.6 | 7.4 | 10.8 | 3.4 | 3.6 | * | * | 7.0 | 5.8 | na | na |
| 3 | 36.5 | 46.5 | 38.3 | 40.5 | 7.6 | * | * | 33.5 | 30.8 | na | na |
| 4 | 35.9 | 31.8 | 38.0 | 27.5 | 51.3 | * | * | 34.3 | 34.0 | na | na |
| 5 | 13.9 | 12.9 | 7.0 | 24.1 | 23.1 | * | * | 17.1 | 19.3 | na | na |
| $6+$ | 4.0 | 1.4 | 4.7 | 3.4 | 12.5 | * | * | 6.8 | 8.6 | na | na |
| Non-numeric responses | 0.4 | 0.0 | 0.0 | 1.2 | 1.9 | * | * | 0.7 | 0.9 | na | na |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | na | na |
| Number | 295 | 69 | 85 | 87 | 56 | 23 | 21 | 635 | 366 | na | na |
| Mean ideal number of children for ${ }^{2}$ : |  |  |  |  |  |  |  |  |  |  |  |
| All men | 3.7 | 3.6 | 3.6 | 3.8 | 4.6 | * | * | 3.9 | na | na | na |
| Number | 293 | 69 | 85 | 86 | 54 | 23 | 20 | 631 | na | na | na |
| Ever-married men | (3.6) | 3.6 | 3.6 | 3.8 | 4.6 | * | * | 4.0 | 4.0 | na | na |
| Number | 30 | 65 | 84 | 86 | 54 | 23 | 20 | 362 | 362 | na | na |
| Currently married men | (3.6) | 3.6 | 3.6 | 3.8 | 4.6 | * | * | 4.0 | 4.0 | na | na |
| Number | 27 | 58 | 78 | 83 | 54 | 23 | 18 | 341 | 341 | na | na |

[^1]( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Includes current pregnancy for women or wife's current pregnancy for men.
${ }^{2}$ Means are calculated excluding respondents who gave non-numeric responses.

| Table 19 Indicators of sex preference |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men age 15-49 who want more sons than daughters, percentage who want more daughters than sons, percentage who want at least one son, and percentage who want at least one daughter by background characteristics, Mizoram, 2005-06, and totals for ever-married women age 15-49, NFHS-3, NFHS-2, and NFHS-1 |  |  |  |  |  |  |  |  |  |  |
|  | Women |  |  |  | Men |  |  |  |  | Number of men |
| Background characteristic | Percentage who want more sons than daughters | Percentage who want more daughters than sons | Percentage who want at least one son | Percentage who want at least one daughter | Number of women | Percentage who want more sons than daughters | Percentage who want more daughters than sons | Percentage who want at least one son | Percentage who want at least one daughter |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 30.1 | 22.5 | 99.0 | 98.7 | 308 | 50.1 | 9.8 | 99.1 | 98.1 | 114 |
| 20-29 | 31.9 | 25.2 | 99.3 | 98.6 | 637 | 41.7 | 13.7 | 100.0 | 99.1 | 226 |
| 30-39 | 26.1 | 20.6 | 97.6 | 97.5 | 510 | 42.5 | 16.6 | 97.6 | 94.0 | 164 |
| 40-49 | 26.8 | 21.0 | 96.6 | 97.5 | 330 | 42.3 | 18.3 | 100.0 | 97.6 | 127 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 25.4 | 26.6 | 97.8 | 97.8 | 1,008 | 42.5 | 16.5 | 99.4 | 96.9 | 338 |
| Rural | 33.7 | 17.6 | 98.9 | 98.4 | 777 | 44.7 | 12.6 | 99.0 | 97.7 | 293 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 33.1 | 16.8 | 95.9 | 98.1 | 98 | (49.9) | (11.5) | (94.3) | (91.5) | 35 |
| $<5$ years complete | 33.0 | 18.7 | 99.2 | 98.8 | 253 | 42.3 | 19.1 | 100.0 | 98.1 | 56 |
| 5-9 years complete | 30.5 | 23.2 | 98.4 | 97.6 | 942 | 42.5 | 15.5 | 99.4 | 97.1 | 358 |
| 10 or more years complete | 23.3 | 24.8 | 98.1 | 98.5 | 491 | 44.7 | 12.4 | 99.5 | 98.4 | 183 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 27.6 | 24.4 | 98.4 | 98.6 | 590 | 43.3 | 12.7 | 99.3 | 98.1 | 268 |
| Currently married | 29.8 | 21.3 | 98.2 | 97.9 | 1,052 | 42.5 | 16.0 | 99.1 | 96.5 | 341 |
| Widowed/divorced/separated/deserted | 29.0 | 25.0 | 98.6 | 97.2 | 144 | * | * | * | * | 21 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | (47.0) | (9.4) | (100.0) | (87.4) | 33 | * | * | * | * | 17 |
| Christian | 28.2 | 23.4 | 98.2 | 98.3 | 1,693 | 43.1 | 15.2 | 99.1 | 97.4 | 580 |
| Other ${ }^{1}$ | 37.0 | 11.1 | 100.0 | 98.1 | 52 | (51.8) | (0.0) | (100.0) | (100.0) | 24 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | (53.8) | (5.1) | (100.0) | (97.4) | 37 | * | * | * | * | 17 |
| Second | 30.7 | 18.3 | 100.0 | 98.9 | 95 | (45.9) | (2.7) | (97.3) | (94.7) | 36 |
| Middle | 34.3 | 14.7 | 97.6 | 97.2 | 287 | 39.0 | 23.0 | 97.9 | 93.8 | 97 |
| Fourth | 29.5 | 24.1 | 98.5 | 98.5 | 596 | 42.6 | 15.4 | 99.6 | 98.6 | 216 |
| Highest | 25.3 | 25.8 | 98.1 | 98.0 | 771 | 44.2 | 13.6 | 99.6 | 97.6 | 266 |
| Total | 29.0 | 22.7 | 98.3 | 98.1 | 1,785 | 43.5 | 14.7 | 99.2 | 97.3 | 631 |
| Ever-married women |  |  |  |  |  |  |  |  |  |  |
| NFHS-3 (2005-06) | 29.7 | 21.8 | 98.2 | 97.8 | 1,195 | na | na | na | na | na |
| NFHS-2 (1998-99) | 26.0 | 19.0 | 97.6 | 97.1 | 1,032 | na | na | na | na | na |
| NFHS-1 (1992-93) | 33.1 | 16.7 | 99.5 | 99.3 | 1,040 | na | na | na | na | na |
| Note: Table excludes women and men who gave non-numeric responses to the questions on ideal number of children or ideal number of sons or daughters. Total includes Muslim women and women with missing information on religion, who are not shown separately. <br> na $=$ Not applicable <br> () Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |  |  |


| Table 20 Knowledge of contraceptive methods |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all women and men, currently married women and men, and never married women and men who know any contraceptive method, by specific method and residence, Mizoram, 2005-06 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Method | All women | Currently married women | Never married women | All men | Currently married men | Never married men |
| URBAN |  |  |  |  |  |  |
| Any method | 98.5 | 99.1 | 97.2 | 99.7 | 100.0 | 99.3 |
| Any modern method | 98.5 | 99.1 | 97.2 | 99.7 | 100.0 | 99.3 |
| Female sterilization | 94.2 | 95.8 | 91.2 | 95.1 | 98.2 | 90.8 |
| Male sterilization | 30.8 | 34.4 | 24.6 | 53.1 | 60.2 | 44.4 |
| Pill | 79.5 | 84.6 | 70.5 | 88.7 | 94.7 | 82.4 |
| IUD | 84.4 | 89.2 | 76.5 | 65.3 | 77.2 | 50.7 |
| Injectables | 22.8 | 27.9 | 15.9 | 37.4 | 40.9 | 32.4 |
| Condom/Nirodh | 93.7 | 94.7 | 92.1 | 98.8 | 99.4 | 97.9 |
| Female condom | 9.1 | 9.2 | 10.5 | 30.1 | 33.3 | 26.8 |
| Emergency contraception | 10.8 | 13.1 | 8.5 | 34.0 | 36.3 | 30.3 |
| Other modern method | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Pill, IUD, and condom ${ }^{1}$ | 72.3 | 78.7 | 61.5 | 62.0 | 74.3 | 47.2 |
| Any traditional method | 26.1 | 32.4 | 16.4 | 82.5 | 88.9 | 73.9 |
| Rhythm | 16.3 | 20.2 | 9.6 | 57.4 | 69.6 | 42.3 |
| Withdrawal | 21.1 | 26.7 | 12.2 | 78.8 | 84.8 | 70.4 |
| Folk method | 0.1 | 0.2 | 0.0 | 0.6 | 0.6 | 0.7 |
| Mean number of methods known by respondents age 15-49 | 4.6 | 5.0 | 4.1 | 6.4 | 7.0 | 5.7 |
| Number of respondents age 15-49 | 1,010 | 565 | 366 | 342 | 180 | 149 |
| RURAL |  |  |  |  |  |  |
| Any method | 96.9 | 96.7 | 96.6 | 97.7 | 98.9 | 96.1 |
| Any modern method | 96.9 | 96.7 | 96.6 | 97.7 | 98.9 | 96.1 |
| Female sterilization | 90.2 | 90.3 | 89.0 | 88.0 | 94.3 | 79.5 |
| Male sterilization | 24.7 | 26.5 | 20.7 | 37.9 | 47.7 | 26.0 |
| Pill | 72.1 | 75.2 | 63.7 | 67.3 | 75.3 | 55.1 |
| IUD | 68.5 | 67.8 | 65.0 | 51.1 | 60.9 | 37.0 |
| Injectables | 16.6 | 16.4 | 17.3 | 18.8 | 19.5 | 15.7 |
| Condom/Nirodh | 86.8 | 84.0 | 90.7 | 93.9 | 93.1 | 94.5 |
| Female condom | 5.1 | 5.1 | 5.9 | 16.2 | 19.5 | 11.0 |
| Emergency contraception | 6.1 | 7.2 | 3.8 | 19.1 | 18.4 | 18.9 |
| Other modern method | 0.0 | 0.0 | 0.0 | 0.3 | 0.6 | 0.0 |
| Pill, IUD, and condom ${ }^{1}$ | 57.7 | 58.7 | 51.1 | 44.0 | 54.0 | 29.9 |
| Any traditional method | 17.7 | 21.1 | 9.3 | 64.7 | 70.7 | 55.1 |
| Rhythm | 11.5 | 13.6 | 5.5 | 46.0 | 56.3 | 29.1 |
| Withdrawal | 14.2 | 17.0 | 7.2 | 56.0 | 59.2 | 51.2 |
| Folk method | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Mean number of methods known by respondents age 15-49 | 4.0 | 4.0 | 3.7 | 4.9 | 5.4 | 4.2 |
| Number of respondents age 15-49 | 781 | 490 | 226 | 293 | 165 | 120 |
| TOTAL |  |  |  |  |  |  |
| Any method | 97.8 | 98.0 | 97.0 | 98.8 | 99.5 | 97.9 |
| Any modern method | 97.8 | 98.0 | 97.0 | 98.8 | 99.5 | 97.9 |
| Female sterilization | 92.5 | 93.2 | 90.4 | 91.8 | 96.3 | 85.8 |
| Male sterilization | 28.2 | 30.7 | 23.1 | 46.1 | 54.2 | 36.2 |
| Pill | 76.3 | 80.2 | 67.9 | 78.8 | 85.4 | 70.2 |
| IUD | 77.4 | 79.3 | 72.1 | 58.8 | 69.4 | 44.6 |
| Injectables | 20.1 | 22.6 | 16.4 | 28.8 | 30.7 | 25.0 |
| Condom/Nirodh | 90.7 | 89.7 | 91.6 | 96.5 | 96.4 | 96.4 |
| Female condom | 7.4 | 7.3 | 8.7 | 23.7 | 26.7 | 19.7 |
| Emergency contraception | 8.8 | 10.3 | 6.7 | 27.2 | 27.7 | 25.2 |
| Other modern method | 0.0 | 0.0 | 0.0 | 0.1 | 0.3 | 0.0 |
| Pill, IUD, and condom ${ }^{1}$ | 65.9 | 69.4 | 57.5 | 53.7 | 64.6 | 39.5 |
| Any traditional method | 22.5 | 27.1 | 13.7 | 74.3 | 80.2 | 65.5 |
| Rhythm | 14.2 | 17.2 | 8.0 | 52.1 | 63.2 | 36.4 |
| Withdrawal | 18.1 | 22.2 | 10.3 | 68.3 | 72.5 | 61.8 |
| Folk method | 0.1 | 0.1 | 0.0 | 0.3 | 0.3 | 0.4 |
| Mean number of methods known by respondents age 15-49 | 4.3 | 4.5 | 4.0 | 5.7 | 6.2 | 5.0 |
| Number of respondents age 15-49 | 1,791 | 1,054 | 593 | 635 | 344 | 269 |
| ${ }^{1}$ All three methods. |  |  |  |  |  |  |



| Percent distribution of currently married men and sexually active unmarried men age 15-49 by contraceptive used the last time they had sex, according to type of partner and background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Modern method |  |  |  |  |  |  | Other modern method | Not currently using | Total | Number of men |
| Background characteristic | Any | Any modern method | Female sterilization | Male sterilization | Pill | IUD | Condom/ Nirodh |  |  |  |  |
| Type of sexual partner |  |  |  |  |  |  |  |  |  |  |  |
| Currently married | 38.3 | 38.3 | 23.4 | 0.3 | 8.5 | 3.8 | 2.1 | 0.3 | 61.7 | 100.0 | 344 |
| Wife | 38.5 | 38.5 | 23.7 | 0.3 | 8.6 | 3.8 | 1.8 | 0.3 | 61.5 | 100.0 | 339 |
| Other | * | * | * | * | * | * | * | * | * | 100.0 | 5 |
| Not currently married | (32.3) | (32.3) | (0.0) | (2.2) | (6.4) | (0.0) | (23.7) | (0.0) | (67.7) | 100.0 | 48 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 38.5 | 38.5 | 18.5 | 1.0 | 9.0 | 3.5 | 6.5 | 0.0 | 61.5 | 100.0 | 210 |
| Rural | 36.5 | 36.5 | 22.9 | 0.0 | 7.3 | 3.1 | 2.6 | 0.5 | 63.5 | 100.0 | 182 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | ${ }^{*}$ | * | * | * | * | * | 100.0 | 19 |
| $<5$ years complete | (36.8) | (36.8) | (18.4) | (0.0) | (7.9) | (5.1) | (2.8) | (2.6) | (63.2) | 100.0 | 37 |
| 5-9 years complete | 30.3 | 30.3 | 20.2 | 0.0 | 5.8 | 1.4 | 2.8 | 0.0 | 69.7 | 100.0 | 211 |
| 10 or more years complete | 51.7 | 51.7 | 23.3 | 0.8 | 12.0 | 6.4 | 9.1 | 0.0 | 48.3 | 100.0 | 126 |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | * | * | * | * | * | * | * | * | * | 100.0 | 13 |
| 20-24 | (29.6) | (29.6) | (2.0) | (0.0) | (10.7) | (0.0) | (16.9) | (0.0) | (70.4) | 100.0 | 48 |
| 25-29 | 27.8 | 27.8 | 2.9 | 1.4 | 6.7 | 9.7 | 7.1 | 0.0 | 72.2 | 100.0 | 73 |
| 30-34 | 45.8 | 45.8 | 17.9 | 0.0 | 18.4 | 5.3 | 4.1 | 0.0 | 54.2 | 100.0 | 77 |
| 35-39 | 31.9 | 31.9 | 22.2 | 1.7 | 6.4 | 1.5 | 0.0 | 0.0 | 68.1 | 100.0 | 62 |
| 40-44 | 43.9 | 43.9 | 40.4 | 0.0 | 0.0 | 0.0 | 1.8 | 1.7 | 56.1 | 100.0 | 57 |
| 45-49 | 49.6 | 49.6 | 43.2 | 0.0 | 4.9 | 1.5 | 0.0 | 0.0 | 50.4 | 100.0 | 62 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |
| Never married | (37.3) | (37.3) | (0.0) | (2.7) | (7.9) | (0.0) | (26.6) | (0.0) | (62.7) | 100.0 | 38 |
| Currently married | 38.3 | 38.3 | 23.4 | 0.3 | 8.5 | 3.8 | 2.1 | 0.3 | 61.7 | 100.0 | 344 |
| Widowed/divorced/ separated/deserted | * | * | * | * | * | * | * | * | * | 100.0 | 9 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | * | * | * | 100.0 | 11 |
| Christian | 39.4 | 39.4 | 21.9 | 0.6 | 8.1 | 3.6 | 4.8 | 0.3 | 60.6 | 100.0 | 358 |
| Other ${ }^{1}$ | * | * | * | * | * | * | * | * | , | 100.0 | 16 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | * | * | * | 100.0 | 9 |
| Second | (19.1) | (19.1) | (11.4) | (0.0) | (7.6) | (0.0) | (0.0) | (0.0) | (80.9) | 100.0 | 25 |
| Middle | 34.0 | 34.0 | 24.2 | 1.8 | 3.2 | 1.6 | 1.6 | 1.6 | 66.0 | 100.0 | 59 |
| Fourth | 36.3 | 36.3 | 21.2 | 0.0 | 8.7 | 1.4 | 5.0 | 0.0 | 63.7 | 100.0 | 138 |
| Highest | 44.8 | 44.8 | 21.2 | 0.7 | 10.1 | 6.3 | 6.5 | 0.0 | 55.2 | 100.0 | 161 |
| Total age 15-49 | 37.6 | 37.6 | 20.5 | 0.5 | 8.2 | 3.3 | 4.7 | 0.2 | 62.4 | 100.0 | 392 |
| Age 50-54 | (35.1) | (35.1) | (27.9) | (0.0) | (7.2) | (0.0) | (0.0) | (0.0) | (64.9) | 100.0 | 28 |
| Total age 15-54 | 37.4 | 37.4 | 21.0 | 0.5 | 8.1 | 3.1 | 4.4 | 0.2 | 62.6 | 100.0 | 420 |
| Note: Total includes Muslim men, who are not shown separately. <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |  |  |  |

## Table 23 Use of social marketing brand pills

Among women age 15-49 who are current pill users and for whom the brand being used is known, percentage who are using a social marketing brand, by background characteristics, Mizoram, 2005-06

|  | Women |  |
| :--- | :---: | :---: |
|  | Percentage of <br> pill users <br> using a <br> social marketing <br> brand | Number of <br> pill users |
| Residence |  |  |
| Age | $*$ | 1 |
| $15-19$ | $(12.1)$ | 25 |
| $20-24$ | $(15.7)$ | 39 |
| $25-29$ | $(48.8)$ | 27 |
| $30-39$ | $*$ | 2 |
| $40-49$ | $(30.6)$ | 51 |
| Residence | $(15.6)$ | 43 |
| Urban |  |  |
| Rural | $*$ | 3 |
| Education | $*$ | 8 |
| No education | 12.6 | 57 |
| < 5 years complete | $(42.1)$ | 27 |
| 5-9 years complete |  |  |
| 10 or more years complete | $*$ | 5 |
| Wealth index | $*$ | 14 |
| Second | $(15.8)$ | 39 |
| Middle | $(37.1)$ | 36 |
| Fourth | 23.7 | 94 |
| Highest |  |  |
| Total |  |  |

( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.

Table 24 Source of modern contraceptive methods
Percent distribution of current users of modern contraceptive methods by most recent source of the method, according to residence, Mizoram, 2005-06

| Most recent source of method | Female sterilization | Pill | IUD | Condom/Nirodh | All modern methods |
| :---: | :---: | :---: | :---: | :---: | :---: |
| URBAN |  |  |  |  |  |
| Public medical sector | 90.4 | 57.7 | (62.9) | * | 81.3 |
| Government/municipal hospital | 75.6 | 3.8 | (37.1) | * | 59.6 |
| Government dispensary | 0.7 | 0.0 | (0.0) | * | 0.5 |
| CHC/rural hospital/PHC | 13.3 | 1.9 | (5.7) | * | 10.6 |
| Sub-centre/ANM/camp | 0.4 | 50.0 | (20.0) | * | 10.0 |
| Other public medical sector | 0.4 | 1.9 | (0.0) | * | 0.5 |
| NGO or trust hospital/clinic | 1.8 | 0.0 | (0.0) | * | 1.4 |
| Private medical sector | 7.7 | 26.9 | (37.1) | * | 14.1 |
| Private hospital | 7.4 | 1.9 | (14.3) | * | 7.3 |
| Private doctor/clinic | 0.0 | 0.0 | (14.3) | * | 1.4 |
| Pharmacy/drugstore | 0.0 | 25.0 | (8.6) | * | 5.1 |
| Other private medical sector | 0.4 | 0.0 | (0.0) | * | 0.3 |
| Other source | 0.0 | 15.4 | (0.0) | * | 3.3 |
| Shop | 0.0 | 15.4 | (0.0) | * | 2.4 |
| Spouse | 0.0 | 0.0 | (0.0) | * | 0.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of users | 281 | 54 | 36 | 11 | 383 |
| RURAL |  |  |  |  |  |
| Public medical sector | 96.7 | 61.7 | * | * | 89.1 |
| Government/municipal hospital | 59.5 | 0.0 | * | * | 45.4 |
| Government dispensary | 1.9 | 1.7 | * | * | 1.7 |
| CHC/rural hospital/PHC | 33.0 | 0.0 | * | * | 24.9 |
| Sub-centre/ANM/camp | 2.3 | 58.3 | * | * | 16.7 |
| Other public medical sector | 0.0 | 1.7 | * | * | 0.3 |
| NGO or trust hospital/clinic | 0.5 | 1.7 | * | * | 0.7 |
| Private medical sector | 2.8 | 18.3 | * | * | 6.5 |
| Private hospital | 1.9 | 0.0 | * | * | 1.7 |
| Private doctor/clinic | 0.0 | 0.0 | * | * | 0.0 |
| Pharmacy/drugstore | 0.0 | 18.3 | * | * | 4.1 |
| Other private medical sector | 0.9 | 0.0 | * | * | 0.7 |
| Other source | 0.0 | 18.3 | * | * | 3.8 |
| Shop | 0.0 | 18.3 | * | * | 3.8 |
| Spouse | 0.0 | 0.0 | * | * | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of users | 205 | 57 | 13 | 4 | 280 |
| TOTAL |  |  |  |  |  |
| Public medical sector | 93.1 | 59.7 | (69.0) | * | 84.6 |
| Government/municipal hospital | 68.8 | 1.9 | (36.8) | * | 53.6 |
| Government dispensary | 1.2 | 0.9 | (0.0) | * | 1.0 |
| CHC/rural hospital/PHC | 21.6 | 0.9 | (6.1) | * | 16.6 |
| Sub-centre/ANM/camp | 1.2 | 54.3 | (26.1) | * | 12.9 |
| Other public medical sector | 0.2 | 1.8 | (0.0) | * | 0.5 |
| NGO or trust hospital/clinic | 1.3 | 0.9 | (0.0) | * | 1.1 |
| Private medical sector | 5.7 | 22.5 | (31.0) | * | 10.9 |
| Private hospital | 5.1 | 0.9 | (12.4) | * | 4.9 |
| Private doctor/clinic | 0.0 | 0.0 | (10.4) | * | 0.8 |
| Pharmacy/drugstore | 0.0 | 21.6 | (8.2) | * | 4.7 |
| Other private medical sector | 0.6 | 0.0 | (0.0) | * | 0.4 |
| Other source | 0.0 | 16.9 | (0.0) | * | 3.5 |
| Shop | 0.0 | 16.9 | (0.0) | * | 3.0 |
| Spouse | 0.0 | 0.0 | (0.0) | * | 0.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of users | 487 | 111 | 50 | 15 | 663 |

[^2]
## Table 25 Informed choice

Among women who are current users of selected modern contraceptive methods who started the last episode of use within the five years preceding the survey, the percentage who were informed about possible side effects or problems of that method, the percentage who were informed about what to do if they experienced side effects, and the percentage who were informed about other methods they could use, by method and initial source of method, Mizoram, 2005-06

| Method/source | Percentage who were informed about side effects or problems of method used | Percentage who were informed about what to do if experienced side effects | Percentage who were informed by a health or family planning worker about other methods that could be used | Number of women |
| :---: | :---: | :---: | :---: | :---: |
| Method |  |  |  |  |
| Female sterilization ${ }^{1}$ | 29.5 | 25.3 | 24.0 | 142 |
| Pill | 25.9 | 22.8 | 32.6 | 101 |
| IUD | (46.8) | (46.6) | (41.7) | 44 |
| Initial source of method ${ }^{2}$ |  |  |  |  |
| Public medical sector | 29.9 | 26.7 | 28.2 | 224 |
| Private medical sector | (33.0) | (35.0) | (39.4) | 44 |
| Total | 30.9 | 27.6 | 29.8 | 287 |

Note: Table includes only the contraceptive methods separately shown and excludes users who obtained their method from friends/relatives. Total includes women who reported the initial source of the method as nongovernmental organization or other sources, who are not shown separately.
() Based on 25-49 unweighted cases.
${ }^{1}$ Among women who were sterilized in the five years preceding the survey.
${ }^{2}$ Source at start of current episode of use.

## Table 26 First-year contraceptive discontinuation rates

Percentage of contraceptive users who discontinued use of a method within 12 months after beginning its use, by reason for discontinuation and percentage who switched to another method, by type of method, Mizoram, 2005-06

| Method | Method failure | Desire to become pregnant | Side effects/health concerns | $\begin{gathered} \text { Costs } \\ \text { too } \\ \text { much } \end{gathered}$ | Infrequent sex/husband away | Marital dissolution/ separation | Other reason | Total | Switched to another method |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Female sterilization | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Pill | 1.8 | 8.5 | 13.8 | 0.0 | 0.0 | 0.0 | 7.7 | 31.8 | 5.5 |
| All modern spacing methods ${ }^{2}$ | 1.1 | 10.9 | 13.5 | 0.3 | 0.7 | 0.0 | 8.0 | 34.4 | 6.3 |
| All spacing methods ${ }^{3}$ | 1.4 | 10.9 | 13.1 | 0.3 | 0.7 | 0.4 | 9.3 | 36.1 | 7.0 |
| All methods | 0.9 | 7.2 | 8.8 | 0.2 | 0.4 | 0.3 | 6.2 | 24.0 | 4.6 |

Note: Table is based on episodes of contraceptive use that began 3-59 months prior to the survey.
${ }^{1}$ Used a different method in the month following discontinuation or said they wanted a more effective method and started another method within two months of discontinuation.
${ }^{2}$ Includes other modern spacing methods that are not shown separately.
${ }^{3}$ Includes other spacing methods that are not shown separately.

| Table 27 Men's contraception-related perceptions and knowledge |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men age 15-49 who agree with two specific statements about women and contraception and say that a woman who is breastfeeding cannot become pregnant, and percent distribution of men according to their belief about the efficacy of condoms in preventing pregnancy, by background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |
| Percentage of men who agree |  |  |  |  |  |  |  |  |  |
|  | Contraception is women's business | Women who use | A woman who is breastfeeding | Percentag | of men rrectly, | ho say that protects ag | if a male condo ainst pregnancy | m is used |  |
| Background characteristic | should not have to worry about it | may become promiscuous | become pregnant | Most of the time | Sometimes | Not at all | Don't know/unsure ${ }^{1}$ | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 18.2 | 41.1 | 67.5 | 81.6 | 5.5 | 0.8 | 12.1 | 100.0 | 114 |
| 20-24 | 10.5 | 25.5 | 81.5 | 77.9 | 10.7 | 2.7 | 8.7 | 100.0 | 113 |
| 25-29 | 15.6 | 24.7 | 84.4 | 84.1 | 11.4 | 0.9 | 3.6 | 100.0 | 114 |
| 30-39 | 20.4 | 26.3 | 88.6 | 73.0 | 13.0 | 1.2 | 12.8 | 100.0 | 164 |
| 40-49 | 11.3 | 26.2 | 92.2 | 88.5 | 5.4 | 1.6 | 4.5 | 100.0 | 130 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 14.4 | 26.1 | 85.3 | 79.4 | 11.3 | 1.8 | 7.4 | 100.0 | 342 |
| Rural | 16.8 | 31.4 | 81.6 | 81.9 | 7.1 | 1.0 | 10.0 | 100.0 | 293 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | (44.1) | (39.0) | (66.2) | (60.4) | (8.8) | (0.0) | (30.8) | 100.0 | 35 |
| <5 years complete | 21.9 | 30.2 | 79.8 | 80.9 | 7.3 | 1.8 | 10.0 | 100.0 | 58 |
| 5-9 years complete | 13.7 | 28.8 | 83.6 | 80.7 | 9.8 | 1.4 | 8.1 | 100.0 | 359 |
| 10 or more years complete | 11.8 | 25.4 | 87.9 | 84.0 | 9.3 | 1.7 | 5.0 | 100.0 | 184 |
| Religion |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | * | 100.0 | 17 |
| Christian | 12.4 | 27.7 | 84.3 | 81.7 | 9.4 | 1.0 | 7.9 | 100.0 | 582 |
| Other ${ }^{2}$ | (80.1) | (43.8) | (80.1) | (76.1) | (0.0) | (0.0) | (23.9) | 100.0 | 24 |
| Wealth index |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | * | 100.0 | 17 |
| Second | (26.6) | (37.3) | (78.1) | (64.2) | (13.6) | (3.0) | (19.2) | 100.0 | 36 |
| Middle | 15.8 | 26.8 | 69.4 | 73.3 | 12.2 | 2.0 | 12.5 | 100.0 | 99 |
| Fourth | 10.2 | 30.0 | 85.4 | 82.9 | 9.6 | 0.5 | 7.0 | 100.0 | 217 |
| Highest | 14.7 | 26.5 | 88.5 | 83.7 | 8.2 | 1.9 | 6.2 | 100.0 | 267 |
| Total age 15-49 | 15.5 | 28.5 | 83.6 | 80.6 | 9.4 | 1.4 | 8.6 | 100.0 | 635 |
| Age 50-54 | (13.7) | (26.7) | (100.0) | (72.6) | (10.5) | (0.0) | (16.8) | 100.0 | 30 |
| Total age 15-54 | 15.4 | 28.4 | 84.3 | 80.2 | 9.5 | 1.4 | 9.0 | 100.0 | 665 |
| Note: Total includes Muslim men, who are not shown separately. <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Includes missing values and those who had never heard of condoms. <br> ${ }^{2}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

## Table 28 Need for family planning among currently married women

Percentage of currently married women age 15-49 with unmet need for family planning, percentage with met need for family planning, and total demand for family planning, by background characteristics, Mizoram, 2005-06

| Background characteristic | Unmet need for family planning ${ }^{1}$ |  |  | Met need for family planning (currently using) ${ }^{2}$ |  |  | Total demand for family planning ${ }^{3}$ |  |  | Percentage of demand satisfied | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { For } \\ \text { spacing } \\ \hline \end{gathered}$ | For limiting | Total | $\begin{gathered} \text { For } \\ \text { spacing } \\ \hline \end{gathered}$ | For limiting | Total | $\begin{gathered} \text { For } \\ \text { spacing } \\ \hline \end{gathered}$ | For limiting | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | (41.8) | (0.0) | (41.8) | (8.4) | (0.0) | (8.4) | (50.1) | (0.0) | (50.1) | (16.7) | 35 |
| 20-24 | 32.9 | 3.0 | 35.8 | 23.3 | 4.9 | 28.2 | 56.2 | 7.8 | 64.0 | 44.0 | 164 |
| 25-29 | 14.4 | 4.0 | 18.4 | 31.0 | 27.2 | 58.2 | 45.4 | 31.2 | 76.7 | 76.0 | 175 |
| 30-34 | 8.6 | 7.8 | 16.4 | 12.8 | 55.1 | 67.9 | 21.4 | 62.9 | 84.3 | 80.6 | 242 |
| 35-39 | 5.4 | 7.3 | 12.7 | 1.9 | 69.9 | 71.7 | 7.2 | 77.2 | 84.4 | 85.0 | 163 |
| 40-44 | 3.9 | 5.5 | 9.4 | 1.2 | 70.0 | 71.2 | 5.1 | 75.5 | 80.6 | 88.3 | 156 |
| 45-49 | 0.0 | 1.6 | 1.6 | 0.0 | 74.1 | 74.1 | 0.0 | 75.7 | 75.7 | 97.9 | 119 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 10.1 | 3.7 | 13.8 | 14.2 | 50.2 | 64.3 | 24.3 | 53.9 | 78.1 | 82.4 | 565 |
| Rural | 14.8 | 6.6 | 21.4 | 10.5 | 44.2 | 54.8 | 25.3 | 50.9 | 76.2 | 71.9 | 490 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 18.8 | 9.2 | 28.0 | 9.2 | 27.8 | 37.0 | 28.0 | 37.0 | 65.1 | 56.9 | 83 |
| $<5$ years complete | 12.9 | 7.5 | 20.3 | 4.7 | 51.9 | 56.7 | 17.6 | 59.4 | 77.0 | 73.6 | 182 |
| 5-9 years complete 10 or more years | 11.7 | 4.5 | 16.2 | 12.5 | 49.8 | 62.4 | 24.2 | 54.3 | 78.6 | 79.4 | 557 |
| complete | 10.9 | 3.0 | 13.9 | 19.6 | 45.1 | 64.6 | 30.5 | 48.1 | 78.6 | 82.3 | 232 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | (15.5) | (7.7) | (23.2) | (7.7) | (53.9) | (61.6) | (23.2) | (61.6) | (84.8) | (72.6) | 27 |
| Christian | 11.9 | 4.7 | 16.6 | 12.5 | 48.1 | 60.7 | 24.4 | 52.9 | $77.3$ | $78.5$ | $981$ |
| Other ${ }^{4}$ | (18.2) | (11.4) | (29.5) | (15.9) | (22.7) | (38.6) | (34.1) | (34.1) | (68.2) | (56.7) | $42$ |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | (22.6) | (12.9) | (35.5) | (3.2) | (19.4) | (22.6) | (25.8) | (32.3) | (58.1) | (38.9) | 30 |
| Second | 28.0 | 9.6 | 37.6 | 9.6 | 29.2 | 38.8 | 37.6 | 38.8 | 76.4 | 50.8 | 69 |
| Middle | 14.7 | 13.3 | 28.0 | 6.5 | 42.1 | 48.6 | 21.2 | 55.5 | 76.6 | 63.4 | 192 |
| Fourth | 11.1 | 3.1 | 14.2 | 15.3 | 45.7 | 61.0 | 26.4 | 48.8 | 75.2 | 81.2 | 358 |
| Highest | 8.8 | 1.5 | 10.3 | 13.9 | 56.7 | 70.6 | 22.7 | 58.1 | 80.9 | 87.3 | 406 |
| Total | 12.3 | 5.0 | 17.3 | 12.5 | 47.4 | 59.9 | 24.8 | 52.5 | 77.2 | 77.5 | 1,054 |

Note: Total includes Muslim women and women with missing information on religion, who are not shown separately.
( ) Based on 25-49 unweighted cases.
${ }^{1}$ Unmet need for spacing includes pregnant women whose pregnancy was mistimed; amenorrhoeic women who are not using family planning and whose last birth was mistimed, or whose last birth was unwanted but now say they want more children; and fecund women who are neither pregnant nor amenorrhoeic, who are not using any method of family planning, and say they want to wait 2 or more years for their next birth. Also included in unmet need for spacing are fecund women who are not using any method of family planning and say they are unsure whether they want another child or who want another child but are unsure when to have the birth.
Unmet need for limiting refers to pregnant women whose pregnancy was unwanted; amenorrhoeic women who are not using family planning, whose last child was unwanted, and who do not want any more children; and fecund women who are neither pregnant nor amenorrhoeic, who are not using any method of family planning, and who want no more children. Excluded from the unmet need category are pregnant and amenorrhoeic women who became pregnant while using a method (these women are in need of a better method of contraception).
${ }^{2}$ Using for spacing is defined as women who are using some method of family planning and say they want to have another child or are undecided whether to have another. Using for limiting is defined as women who are using and who want no more children. Note that the specific methods used are not taken into account here.
${ }^{3}$ Nonusers who are pregnant or amenorrhoeic whose pregnancy was the result of a contraceptive failure are not included in the category of unmet need, but are included in total demand for contraception (since they would have been using had their method not failed).
${ }^{4}$ Not Hindu, Muslim, or Christian.

## Table 29 Age at first marriage

Percentage of women and men age 15-49 who were first married by specific exact ages, percentage never married, and median age at first marriage, first cohabitation with spouse, and first sex according to current age, Mizoram, 2005-06

| Current age |  | tage f | marrie | y exac |  | Percentage never married | Number of respondents | Median age at first marriage | Median age at first cohabitation | Median age at first sexual intercourse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 21 | 25 |  |  |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.6 | na | na | na | na | 87.3 | 309 | a | a | a |
| 20-24 | 2.0 | 20.6 | 37.8 | na | na | 46.8 | 347 | a | a | a |
| 25-29 | 2.3 | 20.8 | 34.8 | 43.8 | 63.8 | 30.7 | 291 | 22.0 | 22.0 | 22.0 |
| 30-34 | 5.5 | 19.3 | 37.0 | 45.8 | 73.2 | 12.3 | 304 | 21.5 | 21.5 | 21.7 |
| 35-39 | 3.8 | 19.4 | 40.3 | 47.4 | 70.8 | 8.6 | 210 | 21.3 | 21.3 | 21.2 |
| 40-44 | 3.6 | 24.6 | 46.5 | 55.4 | 80.1 | 5.2 | 192 | 20.4 | 20.4 | 20.2 |
| 45-49 | 3.7 | 20.3 | 42.6 | 52.8 | 75.7 | 4.3 | 139 | 20.7 | 20.7 | 20.6 |
| 20-49 | 3.4 | 20.7 | 39.0 | na | na | 21.8 | 1,482 | a | a | a |
| 25-49 | 3.8 | 20.7 | 39.3 | 48.1 | 71.8 | 14.2 | 1,135 | 21.2 | 21.3 | 21.2 |
| MEN |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.0 | na | na | na | na | 96.5 | 114 | a | a | a |
| 20-24 | 0.0 | 9.9 | 17.9 | na | na | 70.9 | 113 | a | a | 20.0 |
| 25-29 | 0.0 | 2.5 | 7.7 | 20.8 | 44.4 | 39.2 | 114 | a | a | 20.7 |
| 30-34 | 1.2 | 4.6 | 13.6 | 17.9 | 47.2 | 18.9 | 90 | 25.3 | 25.3 | 21.3 |
| 35-39 | 4.1 | 8.3 | 12.4 | 12.4 | 41.7 | 13.8 | 74 | 25.8 | 25.5 | 23.2 |
| 40-44 | 0.0 | 4.5 | 14.0 | 25.0 | 40.7 | 6.2 | 63 | 26.8 | 26.8 | 20.8 |
| 45-49 | 0.0 | 4.5 | 10.5 | 24.8 | 52.8 | 5.9 | 67 | 24.4 | 24.4 | 20.5 |
| 20-49 | 0.8 | 5.8 | 12.7 | 20.5 | 42.0 | 30.7 | 521 | a | a | a |
| 25-49 | 1.0 | 4.7 | 11.3 | 20.0 | 45.3 | 19.5 | 409 | a | a | 21.0 |

na $=$ Not applicable due to censoring
$\mathrm{a}=$ Omitted because less than 50 percent of the women or men were married, began living with their spouse, or had sex for the first time before reaching the beginning of the age group

## Table 30 Early childhood mortality rates

Neonatal, postneonatal, infant, child, and under-five mortality rates for five-year periods preceding the survey by residence, and for 0-4 years before NFHS-2 and NFHS-1, Mizoram, 2005-06

| Years preceding the survey | Neonatal mortality (NN) | Postneonatal mortality ${ }^{1}$ (PNN) | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left(5{ }_{5} \mathrm{q}_{0}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| URBAN |  |  |  |  |  |
| 0-4 | (13.3) | (23.8) | (37.1) | (16.8) | (53.2) |
| 5-9 | (15.9) | (5.4) | (21.3) | (6.9) | (28.0) |
| 10-14 | (9.6) | (23.2) | (32.8) | (11.7) | (44.1) |
| RURAL |  |  |  |  |  |
| 0-4 | (18.9) | (12.6) | (31.5) | (21.8) | (52.7) |
| 5-9 | (28.2) | (14.1) | (42.3) | (16.3) | (57.9) |
| 10-14 | (10.0) | (10.1) | (20.1) | (26.4) | (46.0) |
| TOTAL |  |  |  |  |  |
| 0-4 | 16.3 | 17.7 | 34.1 | 19.5 | 52.9 |
| 5-9 | 22.4 | 10.0 | 32.4 | 11.8 | 43.8 |
| 10-14 | 9.8 | 16.7 | 26.5 | 18.8 | 44.8 |
| NFHS-2 (0-4) | 18.8 | 18.2 | 37.0 | 18.4 | 54.7 |
| NFHS-1 (0-4) | 8.3 | 6.3 | 14.6 | 14.9 | 29.3 |

[^3]| Neonatal, postneonatal, infant, child, and under-five mortality rates for the 10-year period preceding the survey, by background characteristics, Mizoram, 2005-06 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Neonatal mortality (NN) | Postneonatal mortality ${ }^{1}$ (PNN) | Infant mortality $\left(1 q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left({ }_{5} q_{0}\right)$ |
| Residence |  |  |  |  |  |
| Urban | 14.6 | 14.7 | 29.3 | 11.8 | 40.7 |
| Rural | 23.5 | 13.3 | 36.8 | 19.1 | 55.2 |
| Education |  |  |  |  |  |
| No education | * | * | * | * | * |
| <10 years complete | 22.4 | 14.6 | 37.0 | 16.8 | 53.2 |
| 10 or more years complete | (11.4) | (8.9) | (20.3) | (6.2) | (26.3) |
| Religion |  |  |  |  |  |
| Hindu | * | * | * | * | * |
| Christian | 20.3 | 14.8 | 35.1 | 16.0 | 50.6 |
| Other ${ }^{2}$ | * | * | * | * | * |
| Wealth index |  |  |  |  |  |
| Lowest | * | * | * | * | * |
| Second | * | * | * | * | * |
| Middle | (22.9) | (15.8) | (38.7) | (20.3) | (58.2) |
| Fourth | 22.5 | 5.5 | 28.1 | (17.5) | (45.1) |
| Highest | (9.9) | (16.2) | (26.2) | (6.2) | (32.3) |
| Child's sex |  |  |  |  |  |
| Male | 21.2 | 14.7 | 35.9 | 14.1 | 49.5 |
| Female | 17.5 | 13.2 | 30.7 | 17.3 | 47.5 |
| Mother's age at birth |  |  |  |  |  |
| $<20$ | * | * | * | * | * |
| 20-29 | 13.4 | 12.1 | 25.4 | 16.2 | 41.2 |
| 30-39 | (29.4) | (25.0) | (54.4) | (13.0) | (66.7) |
| 40-49 | * | * | * | * | * |
| Birth order |  |  |  |  |  |
| 1 | 17.6 | (6.9) | (24.5) | (13.1) | (37.2) |
| 2-3 | 15.3 | 12.4 | 27.7 | 12.1 | 39.4 |
| 4+ | (29.5) | (25.7) | (55.2) | (25.8) | (79.5) |
| Previous birth interval ${ }^{3}$ |  |  |  |  |  |
| $<2$ years | (36.0) | (28.4) | (64.4) | (19.0) | (82.1) |
| 2-3 years | (15.4) | (5.2) | (20.6) | (17.8) | (38.0) |
| 4 years or more | * | * | * | * | * |
| Total | 19.3 | 13.9 | 33.3 | 15.7 | 48.4 |
| Note: Total includes births to Muslim women and births with missing information on religion, which are not shown separately. <br> ( ) Based on 250-499 unweighted woman-years of exposure. <br> * Rate not shown; based on fewer than 250 unweighted woman-years of exposure. <br> ${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates. <br> ${ }^{2}$ Not Hindu, Muslim, or Christian. <br> ${ }^{3}$ Excludes first-order births. |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| Percent distribution of children born in the five years preceding the survey by category of elevated risk of mortality and the risk ratio, and percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Mizoram, 2005-06 |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Births in the 5 years preceding the survey |  | Percentage of currently |
| Risk category | Percentage of births | Risk ratio | married women ${ }^{1}$ |
| Not in any high-risk category | 28.2 | 1.0 | $59.6^{\text {a }}$ |
| Unavoidable risk category |  |  |  |
| First order births to mothers age 18-34 years | 27.2 | 0.3 | 5.4 |
| Single high-risk category |  |  |  |
| Mother's age <18 | 3.7 | (0.0) | 0.2 |
| Mother's age >34 | 3.1 | (0.0) | 3.8 |
| Birth interval <24 months | 13.7 | 2.7 | 8.7 |
| Birth order > 3 | 12.8 | 2.9 | 7.8 |
| Subtotal | 33.4 | 2.2 | 20.5 |
| Multiple high-risk category |  |  |  |
| Mother's age $<18$ and birth interval <24 months ${ }^{2}$ | 0.2 | * | 0.1 |
| Mother's age >34 and birth interval <24 months | 0.5 | * | 0.2 |
| Mother's age >34 and birth order > 3 | 3.6 | (3.8) | 8.8 |
| Mother's age $>34$ and birth interval $<24$ months and birth order > 3 | 0.9 | * | 1.6 |
| Birth interval <24 months and birth order > ${ }^{\text {a }}$ | 6.0 | 4.7 | 3.8 |
| Subtotal | 11.2 | 4.5 | 14.5 |
| In any avoidable high-risk category | 44.6 | 2.8 | 35.0 |
| Total | 100.0 | na | 100.0 |
| Number of births | 841 | na | 1,054 |

Note: Risk ratio is the ratio of the proportion dead among births in a specific high-risk category to the proportion dead among births not in any high-risk category.
na $=$ Not applicable
( ) Based on 25-49 unweighted cases.

* Ratio not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Women are assigned to risk categories according to the status they would have at the birth of a child if they were to conceive at the time of the survey: current age less than 17 years and 3 months or greater than 34 years and 2 months, latest birth less than 15 months ago, or latest birth of order 3 or higher.
${ }^{2}$ Includes the category age $<18$ and birth order $>3$.
${ }^{\text {a }}$ Includes sterilized women.

| Table 33 Antenatal care |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who had a live birth in the five years preceding the survey by antenatal care (ANC) provider during pregnancy for the most recent live birth, according to background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |
| Background characteristic | Doctor | ANM/nurse/ midwife/ LHV | Other health personnel | Dai/TBA | Anganwadi/ ICDS worker | No one | Total | Number of women |
| Age at birth |  |  |  |  |  |  |  |  |
| $<20$ | 37.7 | 18.4 | 5.2 | 5.1 | 1.3 | 32.4 | 100.0 | 75 |
| 20-34 | 58.4 | 9.7 | 3.5 | 2.2 | 2.3 | 24.0 | 100.0 | 475 |
| 35-49 | 47.1 | 14.0 | 5.2 | 6.9 | 1.9 | 24.8 | 100.0 | 55 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 57.1 | 14.1 | 5.2 | 1.8 | 0.6 | 21.3 | 100.0 | 168 |
| 2-3 | 63.7 | 6.5 | 2.7 | 4.4 | 2.1 | 20.6 | 100.0 | 283 |
| 4+ | 35.8 | 16.5 | 4.4 | 1.9 | 3.9 | 37.5 | 100.0 | 153 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 78.4 | 6.5 | 1.1 | 0.7 | 1.8 | 11.5 | 100.0 | 289 |
| Rural | 33.2 | 15.4 | 6.3 | 5.1 | 2.4 | 37.5 | 100.0 | 316 |
| Education |  |  |  |  |  |  |  |  |
| No education | 5.7 | 7.8 | 7.7 | 3.8 | 1.9 | 73.0 | 100.0 | 50 |
| <5 years complete | 31.8 | 17.1 | 4.0 | 4.1 | 3.1 | 40.0 | 100.0 | 96 |
| 5-9 years complete | 54.8 | 12.5 | 4.3 | 3.9 | 2.8 | 21.7 | 100.0 | 320 |
| 10 or more years complete | 88.5 | 5.0 | 1.4 | 0.0 | 0.0 | 5.1 | 100.0 | 138 |
| Religion |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | 100.0 | 12 |
| Christian | 57.0 | 12.0 | 3.5 | 2.8 | 2.1 | 22.6 | 100.0 | 560 |
| Other ${ }^{1}$ | (0.0) | (0.0) | (13.3) | (10.0) | (3.3) | (73.3) | 100.0 | 29 |
| Wealth index |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | 100.0 | 22 |
| Second | 11.2 | 9.6 | 9.2 | 5.5 | 1.8 | 62.7 | 100.0 | 52 |
| Middle | 30.5 | 15.8 | 8.9 | 2.7 | 2.8 | 39.2 | 100.0 | 141 |
| Fourth | 59.6 | 15.1 | 1.5 | 3.0 | 3.1 | 17.7 | 100.0 | 194 |
| Highest | 85.1 | 5.1 | 1.0 | 2.5 | 0.5 | 5.8 | 100.0 | 196 |
| Total | 54.8 | 11.1 | 3.8 | 3.0 | 2.1 | 25.1 | 100.0 | 605 |
| Note: If more than one source of ANC was mentioned, only the provider with the highest qualification is considered in this tabulation. Total includes Muslim women and women with missing information on religion, who are not shown separately. <br> ANM = Auxiliary nurse midwife; LHV = Lady health visitor; TBA = Traditional birth attendant; ICDS = Integrated Child Development Services <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |

## Table 34 Antenatal care services and information received

Percentage of women who had a live birth in the five years preceding the survey and received antenatal care (ANC) for the most recent live birth by services and information received, according to residence and source of antenatal care, Mizoram, 2005-06

| Services/information | Residence |  | Source of ANC |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Public sector only | Private/ <br> NGO sector only | Both public and private/ NGO sector | ANC received only at home |  |
|  | Urban | Rural |  |  |  |  |  |
| Percentage receiving selected services during antenatal care |  |  |  |  |  |  |  |
| Weighed | 91.9 | 77.8 | 85.0 | 93.3 | * | * | 85.7 |
| Blood pressure measured | 88.2 | 63.3 | 73.8 | 93.2 | * | * | 77.3 |
| Urine sample taken | 61.8 | 29.5 | 40.0 | 70.4 | * | * | 47.7 |
| Blood sample taken | 56.5 | 26.6 | 36.2 | 66.2 | * | * | 43.4 |
| Abdomen examined | 88.2 | 81.6 | 85.4 | 89.6 | * | * | 85.3 |
| Percentage receiving information on specific pregnancy complications |  |  |  |  |  |  |  |
| Vaginal bleeding | 36.6 | 30.9 | 32.3 | 39.2 | * | * | 34.1 |
| Convulsions | 18.3 | 14.5 | 14.1 | 25.2 | * | * | 16.6 |
| Prolonged labour | 39.8 | 33.8 | 35.9 | 40.0 | * | * | 37.2 |
| Where to go if experienced pregnancy complications | 60.2 | 51.2 | 56.4 | 60.1 | * | * | 56.3 |
| Number of women | 255 | 198 | 295 | 118 | 18 | 22 | 453 |

[^4]| Table 35 Antenatal care indicators |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women with a live birth in the five years preceding the survey, percentage who received different types of antenatal care (ANC) during the pregnancy for their most recent live birth, by background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |
| Background characteristic | Percentage who had three or more ANC visits | Percentage with an ANC visit in the first trimester of pregnancy | Percentage who received two or more TT injections during the pregnancy | Percentage who received one TT injection during the pregnancy and at least one more in the three years prior to the pregnancy | Percentage who were given or bought IFA | Percentage who took IFA for at least 90 days | Percentage who took an intestinal parasite drug | Number of women |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| $<20$ | 49.3 | 34.7 | 59.7 | 5.4 | 60.0 | 25.4 | 6.8 | 75 |
| 20-34 | 61.1 | 44.1 | 49.8 | 11.8 | 62.1 | 25.0 | 3.8 | 475 |
| 35-49 | 57.3 | 43.5 | 53.8 | 10.9 | 62.8 | 21.6 | 1.7 | 55 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 60.5 | 48.0 | 71.0 | 0.6 | 67.3 | 31.8 | 5.5 | 168 |
| 2-3 | 64.7 | 46.2 | 45.1 | 13.5 | 63.2 | 24.4 | 4.6 | 283 |
| 4+ | 47.8 | 31.1 | 41.3 | 17.3 | 53.5 | 17.5 | 1.3 | 153 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 75.5 | 60.1 | 58.6 | 12.2 | 74.5 | 34.9 | 5.4 | 289 |
| Rural | 44.4 | 27.2 | 44.7 | 9.7 | 50.5 | 15.4 | 2.7 | 316 |
| Education |  |  |  |  |  |  |  |  |
| No education | 17.2 | 13.4 | 21.4 | 1.9 | 17.7 | 4.0 | 0.0 | 50 |
| $<5$ years complete | 37.7 | 30.8 | 45.6 | 10.4 | 48.6 | 8.1 | 3.1 | 96 |
| 5-9 years complete | 62.1 | 40.2 | 54.2 | 12.1 | 65.5 | 25.4 | 4.1 | 320 |
| 10 or more years complete | 82.8 | 68.1 | 59.7 | 11.7 | 78.8 | 42.2 | 5.8 | 138 |
| Religion |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | * | 12 |
| Christian | 61.7 | 44.0 | 53.7 | 11.8 | 64.7 | 26.0 | 3.9 | 560 |
| Other ${ }^{1}$ | (10.0) | (13.3) | (0.0) | (0.0) | (3.3) | (0.0) | (0.0) | 29 |
| Wealth index |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | * | 22 |
| Second | 26.3 | 17.0 | 33.3 | 9.6 | 35.6 | 13.2 | 1.8 | 52 |
| Middle | 41.4 | 26.4 | 51.2 | 9.8 | 50.5 | 10.3 | 1.4 | 141 |
| Fourth | 62.0 | 48.7 | 53.3 | 11.8 | 64.7 | 23.6 | 3.1 | 194 |
| Highest | 84.3 | 60.6 | 60.1 | 12.3 | 80.3 | 41.9 | 7.8 | 196 |
| Total | 59.3 | 42.9 | 51.4 | 10.9 | 61.9 | 24.7 | 4.0 | 605 |
| Note: Total includes Muslim women and women with missing information on religion, who are not shown separately. TT = Tetanus toxoid; IFA = Iron and folic acid tablets or syrup <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |


| Table 36 Pregnancies for which an ultrasound was done |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all pregnancies in the five years preceding the survey for which an ultrasound test was done and percent distribution of pregnancies with an ultrasound test by pregnancy outcome, according to background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |
|  | Percentage of pregnancies with an ultrasound | Number of pregnancies | Pregnancy outcome ${ }^{2}$ |  |  |  | Total percent | Number of pregnancies with an ultrasound |
| Background characteristic |  |  | Son | Daughter | Termination | Still pregnant |  |  |
| Mother's age at pregnancy |  |  |  |  |  |  |  |  |
| $<20$ | 5.9 | 190 | * | * | * | * | 100.0 | 11 |
| 20-34 | 11.7 | 733 | 41.7 | 47.7 | 3.5 | 7.1 | 100.0 | 86 |
| 35-49 | 9.8 | 74 | * | * | * | * | 100.0 | 7 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 17.7 | 457 | 43.6 | 46.2 | 3.8 | 6.4 | 100.0 | 81 |
| Rural | 4.2 | 539 | * | * | * | * | 100.0 | 23 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |
| None | 3.3 | 152 | * | * | na | na | 100.0 | 5 |
| 1-3 | 7.0 | 173 | * | * | na | na | 100.0 | 12 |
| 4+ | 19.3 | 276 | 46.4 | 53.6 | na | na | 100.0 | 53 |
| Education |  |  |  |  |  |  |  |  |
| No education | 2.4 | 81 | * | * | * | * | 100.0 | 2 |
| $<5$ years complete | 5.5 | 164 | * | * | * | * | 100.0 | 9 |
| 5-9 years complete | 7.7 | 534 | (43.8) | (49.0) | (4.8) | (2.3) | 100.0 | 41 |
| 10 or more years complete | 23.8 | 217 | 42.2 | 45.7 | 2.0 | 10.0 | 100.0 | 52 |
| Religion |  |  |  |  |  |  |  |  |
| Hindu | * | 12 | * | * | * | * | 100.0 | 5 |
| Christian | 10.4 | 939 | 43.7 | 44.9 | 4.2 | 7.3 | 100.0 | 98 |
| Other ${ }^{3}$ | (0.0) | 41 | nc | nc | nc | nc | nc | 0 |
| Wealth index |  |  |  |  |  |  |  |  |
| Lowest | (0.0) | 32 | nc | nc | nc | nc | 0.0 | 0 |
| Second | 0.0 | 94 | nc | nc | nc | nc | 0.0 | 0 |
| Middle | 5.2 | 245 | * | * | * | * | 100.0 | 13 |
| Fourth | 7.9 | 331 | (61.1) | (35.3) | (3.6) | (0.0) | 100.0 | 26 |
| Highest | 22.0 | 295 | 36.8 | 50.5 | 3.2 | 9.5 | 100.0 | 65 |
| Mother's number of living children at time of pregnancy |  |  |  |  |  |  |  |  |
| No children | 10.2 | 320 | (47.3) | (46.6) | (0.0) | (6.1) | 100.0 | 33 |
| 1 child | 11.5 | 284 | (52.8) | (37.9) | (6.1) | (3.2) | 100.0 | 33 |
| 0 sons | 12.3 | 140 | * | * | * | * | 100.0 | 17 |
| 1 son | 10.7 | 144 | * | * | * | * | 100.0 | 15 |
| 2 children | 11.2 | 183 | * | * | * | * | 100.0 | 21 |
| 0 sons | 10.5 | 49 | * | * | * | * | 100.0 | 5 |
| 1 or more sons | 11.5 | 133 | * | * | * | * | 100.0 | 15 |
| 3 children | 13.0 | 109 | * | * | * | * | 100.0 | 14 |
| 0 sons | * | 19 | * | * | * | * | 100.0 | 2 |
| 1 or more sons | 13.4 | 90 | * | * | * | * | 100.0 | 12 |
| 4+ children | 3.9 | 101 | * | * | * | * | 100.0 | 4 |
| 0 sons | * | 5 | nc | nc | nc | nc | nc | 0 |
| 1 or more sons | 4.1 | 96 | * | * | * | * | 100.0 | 4 |
| Total | 10.4 | 996 | 44.1 | 45.2 | 3.9 | 6.8 | 100.0 | 104 |
| Note: Total includes Muslim women and women with missing information on antenatal care visits and religion, who are not shown separately. <br> na $=$ Not applicable <br> $\mathrm{nc}=$ Not calculated because there are no cases <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Includes only the most recent pregnancy ending in a live birth in the five years preceding the survey. <br> ${ }^{2}$ For multiple births, sex of pregnancy outcome is the sex of the first listed birth. <br> ${ }^{3}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |


| Table 37 Delivery and postnatal care |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey by place of delivery and assistance during delivery and percentage delivered by a skilled provider and by caesarean section, percentage of live births whose delivery was done at home by whether the delivery protocol was followed, and percent distribution of women giving birth in the five years preceding the survey by timing and type of provider of the first postnatal check-up of the mother following the most recent live birth, by residence, Mizoram, 2005-06 |  |  |  |
| Delivery and postnatal care descriptors | Urban | Rural | Total |
| Place of delivery |  |  |  |
| Health facility | 87.3 | 35.7 | 59.8 |
| Public sector | 72.5 | 33.4 | 51.6 |
| NGO/trust | 2.4 | 1.1 | 1.7 |
| Private sector | 12.4 | 1.3 | 6.5 |
| At home | 12.7 | 64.0 | 40.1 |
| Own home | 10.8 | 58.7 | 36.4 |
| Parents' home | 1.9 | 5.1 | 3.6 |
| Other home | 0.0 | 0.2 | 0.1 |
| Other | 0.0 | 0.2 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Assistance during delivery ${ }^{1}$ |  |  |  |
| Doctor | 55.0 | 15.1 | 33.7 |
| ANM/nurse/midwife/LHV | 33.6 | 25.7 | 29.4 |
| Other health personnel | 0.5 | 3.8 | 2.3 |
| Dai (TBA) | 7.7 | 21.3 | 14.9 |
| Friends/relatives | 3.2 | 33.6 | 19.4 |
| No one | 0.0 | 0.2 | 0.1 |
| Don't know/missing | 0.0 | 0.2 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Percentage delivered by a skilled provider | 89.2 | 44.7 | 65.4 |
| Percentage delivered by caesarean section | 10.1 | 2.8 | 6.2 |
| Number of births | 392 | 449 | 841 |
| For home deliveries |  |  |  |
| Disposable delivery kit used | (21.2) | 13.8 | 14.9 |
| Clean blade used to cut the cord | (81.8) | 78.3 | 78.8 |
| Either of the above | (81.8) | 78.3 | 78.8 |
| Baby was immediately wiped dry and then wrapped without being bathed | (93.9) | 78.8 | 81.1 |
| Number of births delivered at home | 34 | 194 | 228 |
| Timing after delivery of mother's first postnatal check-up ${ }^{2}$ |  |  |  |
| Had postnatal check-up | 73.4 | 35.3 | 53.5 |
| Less than 4 hours | 51.1 | 22.7 | 36.2 |
| 4-23 hours | 11.9 | 5.1 | 8.4 |
| 1-2 days | 8.3 | 3.9 | 6.0 |
| 3-41 days | 2.2 | 3.6 | 2.9 |
| Don't know/missing/other response | 2.2 | 1.2 | 1.7 |
| No postnatal check-up | 24.5 | 63.4 | 44.8 |
| Total | 100.0 | 100.0 | 100.0 |
| Type of provider of mother's first postnatal check-up ${ }^{2}$ |  |  |  |
| Doctor | 47.8 | 17.5 | 32.0 |
| ANM/nurse/midwife/LHV | 24.1 | 15.4 | 19.6 |
| Other health personnel | 0.4 | 1.2 | 0.8 |
| Dai (TBA) | 1.1 | 1.2 | 1.1 |
| Missing | 2.2 | 1.2 | 1.7 |
| No postnatal check-up | 24.5 | 63.4 | 44.8 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of births | 289 | 316 | 605 |
| NGO = Nongovernmental organization; ANM = Auxiliary nurse midwife; LHV = Lady health visitor; TBA = Traditional birth attendant <br> ( ) Based on 25-49 unweighted cases. <br> ${ }^{1}$ If the respondent mentioned more than one person attending during delivery, only the most qualified person is considered in this tabulation. <br> ${ }^{2}$ Based on the last live birth in the five years preceding the survey. Postnatal check-ups are checks on the woman's health within 42 days of the birth. |  |  |  |
|  |  |  |  |

## Table 38 Delivery and postnatal care by background characteristics

Percentage of live births in the five years preceding the survey delivered in a health facility and percentage delivered with assistance from health personnel and percentage of women who had a live birth in the five years preceding the survey who received a postnatal check-up and who received a postnatal check-up within two days of the most recent birth, by background characteristics, Mizoram, 2005-06

| Background characteristic | Percentage of births delivered in a health facility | Percentage of deliveries assisted by health personnel ${ }^{1}$ | Number of births | Percentage of women with a postnatal check-up ${ }^{2,3}$ | Percentage of women with a postnatal check-up within two days of birth ${ }^{2}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |  |  |
| $<20$ | 48.9 | 56.0 | 123 | 53.4 | 49.5 | 75 |
| 20-34 | 63.8 | 68.6 | 650 | 55.1 | 52.6 | 475 |
| 35-49 | 41.1 | 52.6 | 68 | 39.6 | 34.4 | 55 |
| Birth order |  |  |  |  |  |  |
| 1 | 72.8 | 77.5 | 265 | 61.1 | 55.2 | 168 |
| 2-3 | 63.5 | 68.8 | 380 | 57.2 | 55.1 | 283 |
| 4+ | 35.0 | 42.5 | 196 | 38.4 | 37.1 | 153 |
| Antenatal care visits ${ }^{2}$ |  |  |  |  |  |  |
| None | 26.8 | 31.9 | 152 | 20.7 | 19.4 | 152 |
| 1-3 | 55.9 | 62.5 | 173 | 49.0 | 46.2 | 173 |
| 4+ | 85.9 | 91.2 | 276 | 74.8 | 70.8 | 276 |
| Residence |  |  |  |  |  |  |
| Urban | 87.3 | 89.2 | 392 | 73.4 | 71.2 | 289 |
| Rural | 35.7 | 44.7 | 449 | 35.3 | 31.7 | 316 |
| Education |  |  |  |  |  |  |
| No education | 16.6 | 19.4 | 70 | 15.5 | 13.6 | 50 |
| $<5$ years complete | 33.8 | 40.6 | 139 | 36.0 | 32.0 | 96 |
| 5-9 years complete | 61.4 | 68.9 | 451 | 54.4 | 52.5 | 320 |
| 10 or more years complete | 92.6 | 93.7 | 181 | 77.4 | 72.3 | 138 |
| Religion |  |  |  |  |  |  |
| Hindu | * | * | 12 | * | * | 12 |
| Christian | 61.6 | 67.3 | 787 | 55.5 | 52.3 | 560 |
| Other ${ }^{4}$ | (10.3) | (15.4) | 37 | (10.0) | (10.0) | 29 |
| Wealth index |  |  |  |  |  |  |
| Lowest | (9.7) | (9.7) | 30 | * | * | 22 |
| Second | 19.0 | 26.3 | 78 | 22.5 | 20.7 | 52 |
| Middle | 34.9 | 42.3 | 209 | 32.1 | 29.4 | 141 |
| Fourth | 69.7 | 75.0 | 275 | 63.1 | 58.5 | 194 |
| Highest | 88.4 | 93.1 | 250 | 73.1 | 71.0 | 196 |
| Place of delivery |  |  |  |  |  |  |
| Public health facility | na | 99.8 | 434 | 78.6 | 75.6 | 324 |
| Private health facility | na | 100.0 | 55 | (90.1) | (87.7) | 42 |
| Home | na | 14.4 | 337 | 9.4 | 6.4 | 228 |
| Total | 59.8 | 65.4 | 841 | 53.5 | 50.6 | 605 |

Note: Total includes births to Muslim women, births delivered in a nongovernmental organization or trust hospital/clinic, births delivered in other places of delivery, and births to women with missing information on antenatal care visits and religion, which are not shown separately.
na $=$ Not applicable
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Doctor, auxiliary nurse midwife, nurse, midwife, lady health visitor, or other health personnel.
${ }^{2}$ Based on the last live birth in the five years preceding the survey.
${ }^{3}$ Postnatal check-ups are checks on the woman's health within 42 days of the birth.
${ }^{4}$ Not Hindu, Muslim, or Christian.

| Maternal care indicators for births during the three years preceding the survey, by residence, NFHS-3, NFHS-2, and NFHS-1, Mizoram |  |  |  |
| :---: | :---: | :---: | :---: |
| Indicator | NFHS-3 | NFHS-2 | NFHS-1 |
| URBAN |  |  |  |
| Percentage who received antenatal care ${ }^{1}$ | 88.3 | 99.6 | 93.4 |
| Percentage who had at least three antenatal care visits ${ }^{1}$ | 75.1 | 86.9 | 78.9 |
| Percentage who received antenatal care within the first trimester of pregnancy ${ }^{1}$ | 59.9 | 52.5 | 40.1 |
| Percentage of births delivered in a health facility ${ }^{2}$ | 89.8 | 82.5 | 66.5 |
| Percentage of deliveries assisted by health personnel ${ }^{2,3}$ | 91.1 | 85.5 | 81.3 |
| RURAL |  |  |  |
| Percentage who received antenatal care ${ }^{1}$ | 62.2 | 84.9 | 86.4 |
| Percentage who had at least three antenatal care visits ${ }^{1}$ | 41.3 | 64.2 | 58.6 |
| Percentage who received antenatal care within the first trimester of pregnancy ${ }^{1}$ | 27.6 | 28.6 | 33.6 |
| Percentage of births delivered in a health facility ${ }^{2}$ | 39.1 | 34.3 | 28.4 |
| Percentage of deliveries assisted by health personnel ${ }^{2,3}$ | 47.4 | 50.4 | 41.4 |
| TOTAL |  |  |  |
| Percentage who received antenatal care ${ }^{1}$ | 75.0 | 92.0 | 90.1 |
| Percentage who had at least three antenatal care visits ${ }^{1}$ | 57.8 | 75.1 | 69.2 |
| Percentage who received antenatal care within the first trimester of pregnancy ${ }^{1}$ | 43.3 | 40.1 | 37.0 |
| Percentage of births delivered in a health facility ${ }^{2}$ | 64.6 | 57.7 | 48.5 |
| Percentage of deliveries assisted by health personnel ${ }^{2,3}$ | 69.4 | 67.5 | 62.5 |

[^5]
## Table 40 Male involvement in maternal care: Men's report

Among men age 15-49 whose youngest living child was age 0-35 months, percentage for whom the youngest child's mother received antenatal care, percentage who were present during at least one antenatal care visit, percentage who were told by a health provider or worker at any time during the pregnancy about specific signs of pregnancy complications, percentage to whom a health provider or worker spoke about specific aspects of maternal care at any time during the pregnancy, and percentage whose youngest child was delivered in a health facility, and among men with a child age 0-35 months whose youngest living child was not delivered in a health facility, percentage who were given specific home delivery related information, by residence, Mizoram, 2005-06

| Antenatal/delivery care and information | Urban | Rural | Total |
| :---: | :---: | :---: | :---: |
| Percentage of men for whom the youngest child's mother received antenatal care | 88.1 | 69.9 | 79.0 |
| Percentage of men who were present at any antenatal care visit | 47.8 | 21.9 | 35.0 |
| Percentage who were told by a health provider or health worker about the following signs of pregnancy complications: |  |  |  |
| Vaginal bleeding | 61.2 | 35.6 | 48.5 |
| Convulsion | 43.3 | 24.7 | 34.1 |
| Prolonged labour | 67.2 | 47.9 | 57.6 |
| Percentage ever told what to do if mother had any pregnancy complication | 64.2 | 47.9 | 56.1 |
| Percentage whose youngest child was delivered in a health facility | 91.0 | 42.5 | 67.0 |
| Percentage to whom a health provider or worker spoke about the following aspects of maternal care: |  |  |  |
| The importance of delivering in a health facility | 73.1 | 50.7 | 62.0 |
| The importance of proper nutrition for the mother during pregnancy | 76.1 | 56.2 | 66.2 |
| Family planning or delaying his next child | 52.2 | 49.3 | 50.8 |
| Number of men with a child age 0-35 months | 70 | 69 | 140 |
| Among men whose last child age 0-35 months was not delivered in a health facility, percentage who were told the importance of: |  |  |  |
| Breastfeeding the baby immediately after birth | * | (40.5) | (46.3) |
| Keeping the baby warm immediately after birth | * | (42.9) | (50.7) |
| Cleanliness at the time of delivery | * | (42.9) | (50.7) |
| Using a new or unused blade to cut the cord | * | (26.2) | (36.3) |
| Number of men whose last child age 0-35 months was not delivered in a health facility | 6 | 40 | 46 |
| ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases |  |  |  |


| Table 41 Vaccinations by background characteristics |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children age 12-23 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report), and percentage with a vaccination card seen by the interviewer, by background characteristics, Mizoram, 2005-06, and totals for NFHS-2 and NFHS-1 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | BCG | DPT |  |  | Polio ${ }^{1}$ |  |  |  | Measles | All basic vaccinations ${ }^{2}$ | No vaccinations | Percentage with a vaccination card seen | Number of children |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |  |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 90.4 | 90.5 | 85.6 | 68.4 | 48.5 | 91.6 | 85.5 | 68.3 | 72.1 | 51.2 | 4.7 | 36.5 | 81 |
| Female | 81.9 | 87.6 | 83.4 | 65.0 | 44.0 | 86.0 | 81.8 | 58.0 | 66.5 | 41.1 | 9.6 | 41.2 | 70 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | (85.3) | (85.5) | (78.0) | (50.2) | (45.4) | (87.5) | (82.5) | (60.1) | (67.8) | (37.9) | (4.8) | (43.2) | 40 |
| 2-3 | 88.9 | 92.6 | 88.9 | 75.1 | 47.9 | 91.3 | 87.6 | 67.7 | 70.4 | 54.1 | 6.1 | 41.8 | 80 |
| 4-5 | * | * | * | * | * | * | * | * | * | * | * | * | 20 |
| 6+ | * | * | * | * | * | * | * | * | * | * | * | * | 12 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 92.9 | 97.1 | 92.9 | 75.7 | 54.3 | 92.9 | 88.6 | 71.4 | 80.0 | 57.1 | 1.4 | 52.9 | 73 |
| Rural | 80.5 | 81.7 | 76.8 | 58.5 | 39.0 | 85.4 | 79.3 | 56.1 | 59.8 | 36.6 | 12.2 | 25.6 | 78 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | * | 14 |
| $<5$ years complete | * | * | * | * | * | * | * | * | * | * | * | * | 18 |
| 5-9 years complete | 89.3 | 94.1 | 90.5 | 72.5 | 37.7 | 91.5 | 89.0 | 71.0 | 75.1 | 52.1 | 4.7 | 40.1 | 83 |
| 10 or more years complete | (97.1) | (100.0) | (97.1) | (82.4) | (77.3) | (97.1) | (94.1) | (71.6) | (82.6) | (62.8) | (0.0) | (63.3) | 35 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Christian | 89.2 | 92.7 | 87.9 | 69.4 | 48.2 | 92.5 | 87.0 | 66.0 | 72.2 | 48.3 | 4.0 | 40.3 | 145 |
| Other ${ }^{3}$ | * | * | * | * | * | * | * | * | * | * | * | * | 6 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | * | * | * | * | * | * | 6 |
| Second | * | * | * | * | * | * | * | * | * | * | * | * | 14 |
| Middle | (82.9) | (93.3) | (89.9) | (72.8) | (31.2) | (96.6) | (82.6) | (62.4) | (62.7) | (42.2) | (3.4) | (28.1) | 28 |
| Fourth | 85.6 | 92.9 | 85.6 | 61.9 | 32.7 | 87.1 | 87.1 | 61.7 | 67.5 | 36.3 | 7.1 | 35.1 | 55 |
| Highest | (97.8) | (97.8) | (95.7) | (85.0) | (74.6) | (97.8) | (95.7) | (82.8) | (91.3) | (76.3) | (0.0) | (61.6) | 48 |
| Total | 86.4 | 89.1 | 84.5 | 66.8 | 46.4 | 89.0 | 83.7 | 63.5 | 69.5 | 46.5 | 7.0 | 38.7 | 151 |
| NFHS-2 (1998-99) | 88.2 | 86.9 | 83.9 | 69.5 | 4.6 | 88.3 | 83.5 | 71.9 | 71.0 | 59.6 | 10.5 | 41.1 | 168 |
| NFHS-1 (1992-93) | 77.3 | 83.6 | 80.0 | 71.8 | 4.2 | 80.9 | 76.4 | 69.1 | 65.5 | 56.4 | 14.5 | 38.2 | 110 |
| () Based on 25-49 unweighted cases. |  |  |  |  |  |  |  |  |  |  |  |  |  |
| * Percentage not shown; based on fewer than 25 unweighted cases. |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{2}$ BCG, measles, and three doses each of DPT and polio vaccine (excluding polio vaccine given at birth). <br> ${ }^{3}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 42 Prevalence and treatment of symptoms of ARI and fever
Among children under age five, percentage who had symptoms of acute respiratory infection (ARI) and fever in the two weeks preceding the survey and percentage with symptoms of ARI and fever who received specific treatments, according to background characteristics, Mizoram, 2005-06

| Background characteristic | Children under age five |  |  | Children under age five with symptoms of ARI |  |  | Children under age five with fever |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Percentage for whom treatment |  |  | Percentage for whom treatment |  |  |
|  | Percentage with symptoms of ARI ${ }^{1}$ | Percentage with fever | Number of children | from a health facility or provider ${ }^{2}$ | Percentage who received antibiotics | Number of children | from a health facility or provider ${ }^{2}$ | Percentage who took antimalarial drugs | Number of children |
| Age in months |  |  |  |  |  |  |  |  |  |
| <6 | 1.5 | 7.7 | 65 | * | * | 1 | * | * | 5 |
| 6-11 | 6.5 | 26.3 | 76 | * | * | 5 | * | * | 20 |
| 12-23 | 7.4 | 21.7 | 151 | * | * | 11 | (39.7) | (5.8) | 33 |
| 24-35 | 3.1 | 17.1 | 194 | * | * | 6 | (55.1) | (17.5) | 33 |
| 36-47 | 3.6 | 14.5 | 163 | * | * | 6 | * | * | 24 |
| 48-59 | 2.6 | 14.4 | 159 | * | * | 4 | * | * | 23 |
| Sex |  |  |  |  |  |  |  |  |  |
| Male | 4.5 | 15.3 | 398 | * | * | 18 | 45.8 | 14.1 | 61 |
| Female | 3.8 | 18.7 | 408 | * | * | 15 | 50.4 | 10.1 | 76 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 5.2 | 18.2 | 377 | * | * | 20 | 62.1 | 1.5 | 69 |
| Rural | 3.1 | 16.0 | 430 | * | * | 13 | 34.7 | 22.2 | 69 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 1.5 | 10.4 | 64 | * | * | 1 | * | * | 7 |
| $<5$ years complete | 3.0 | 15.4 | 132 | * | * | 4 | * | * | 20 |
| 5-9 years complete | 5.3 | 19.0 | 433 | * | * | 23 | 57.1 | 11.6 | 82 |
| 10 or more years complete | 2.9 | 15.8 | 177 | * | * | 5 | (52.2) | (0.0) | 28 |
| Religion |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | 12 | nc | nc | 0 | * | * | 2 |
| Christian | 4.3 | 17.4 | 754 | (63.3) | (53.4) | 32 | 49.0 | 11.0 | 131 |
| Other ${ }^{3}$ | (2.6) | (7.9) | 36 | * | * | 1 | * | * | 3 |
| Wealth index |  |  |  |  |  |  |  |  |  |
| Lowest | (3.3) | (6.7) | 29 | * | * | 1 | * | * | 2 |
| Second | 0.0 | 16.5 | 70 | nc | nc | 0 | * | * | 12 |
| Middle | 2.9 | 17.0 | 198 | * | * | 6 | (26.0) | (20.1) | 34 |
| Fourth | 4.5 | 14.9 | 268 | * | * | 12 | (55.1) | (4.8) | 40 |
| Highest | 5.9 | 20.8 | 242 | * | * | 14 | (65.2) | (3.8) | 50 |
| Total | 4.1 | 17.0 | 806 | (61.5) | (51.8) | 33 | 48.4 | 11.9 | 137 |

Note: Total includes Muslim children and children with missing information on religion, who are not shown separately.
$\mathrm{nc}=$ Not calculated because there are no cases
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ 'Symptoms of ARI' (cough accompanied by short, rapid breathing which was chest-related) is considered a proxy for pneumonia.
${ }^{2}$ Excludes pharmacy, shop, and traditional practitioner.
${ }^{3}$ Not Hindu, Muslim, or Christian.
Table 43 Prevalence and treatment of diarrhoea

| Table 43 Prevalence and treatment of diarrhoea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under age five who had diarrhoea in the two weeks preceding the survey and among children under age five who had diarrhoea in the two weeks preceding the survey, per received advice or treatment from a health provider, who received oral rehydration therapy (ORT), who were given other treatments, and who were given no treatment, by background characteristic, 2005-06 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Diarrhoea in the two weeks preceding the survey |  | Percentageof childrenwithdiarthoeataken to ahealthprovider | Oral rehydration therapy (ORT) |  |  | $\begin{aligned} & \text { Increased } \\ & \text { fluids } \end{aligned}$ | $\begin{gathered} \text { Any ORT or } \\ \text { increased } \\ \text { fluids } \\ \hline \end{gathered}$ | Other treatments |  |  |  | $\begin{gathered} \text { Home } \\ \text { remedy/ } \\ \text { herbal/other } \end{gathered}$ | $\begin{gathered} \mathrm{No} \\ \text { treatment } \end{gathered}$ | Number of <br> children |
|  | $\begin{gathered} \text { Any } \\ \text { diarrhoea } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Number of } \\ \text { children } \\ \hline \end{gathered}$ |  | $\begin{gathered} \text { ORS } \\ \text { packets } \end{gathered}$ | Gruel | Either ORS |  |  | $\begin{gathered} \text { Antibiotic } \\ \text { drug } \end{gathered}$ | Other | $\begin{gathered} \text { Zinc } \\ \text { supplements } \end{gathered}$ | $\begin{gathered} \text { Intravenous } \\ \text { solution } \end{gathered}$ |  |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $<6$ | 10.7 | 65 | * | * | * | * | * | * | * | * | * | * | * | * | 7 |
| 6-11 | 19.6 | 76 | * | * | * | * | * | * | * | * | * | * | * | $*$ | 15 |
| $12-23$ <br> $24-35$ | 18.6 119 | 151 194 | ${ }^{(28.7)}$ | ${ }_{\text {\% }}^{\text {(61.7) }}$ | ${ }^{(24.7)}$ | (75.3) | ${ }^{(36.7)}$ | (79.0) | (50.3) | (3.7) | ${ }_{\text {(0.0) }}$ | (0.0) | ${ }^{(25.0)}$ | (7.1) | 28 |
| ${ }_{\text {2 }}^{26-47}$ | 11.9 | 194 |  |  |  |  |  |  | * | * | * | * | * |  | 23 11 |
| -48-59 | 3.1 | 159 | * | * | * | * | * | * | * | * | * | * | * | * | 5 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 11.2 | 398 | (24.8) | (47.7) | (30.9) | (64.8) | ${ }^{(31.8)}$ | (74.0) | (53.8) | (4.5) | (2.1) | (2.1) | (13.4) | (8.7) | 45 |
| Female | 10.8 | 408 | (29.9) | (49.0) | (29.7) | (64.7) | (16.5) | (64.7) | (55.3) | (2.2) | (0.0) | (0.0) | (20.5) | (13.4) |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 12.1 | 377 | (36.4) | (75.0) | (29.5) | (81.8) | (38.6) | (88.6) | (68.2) | (2.3) | (0.0) | (0.0) | (18.2) | (6.8) | 46 |
| Rural | 10.0 | 430 | (17.8) | (20.0) | (31.1) | (46.7) | (8.9) | (48.9) | (40.0) | (4.4) | (2.2) | (2.2) | (15.6) | (15.6) | 43 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education $<5$ years complete | 13.4 | ${ }_{134}^{64}$ | * | * | * | * | * | * | * | * | * | * | * | * | ${ }_{23}^{9}$ |
| ${ }^{<5}$-9 years complete | ${ }^{17.7}$ | 433 | (29.4) | (47.2) | (26.7) | (64.0) | (32.3) | (73.9) | (58.6) | (2.5) | (2.3) | (0.0) | (17.4) | (9.7) | 41 |
| 10 or more years complete | 8.7 | 177 | * | * | * | * | * | * | * | * | * | * | * | * | 15 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | 12 | * | * | * | * | * | * | * | * | * | * | * | * | 2 |
| Christian | 10.7 | 754 | 27.5 | 50.4 | 30.8 | 67.3 | 25.3 | ${ }^{72 .} 3$ | 55.0 | 2.5 | 1.2 | 1.2 | 16.1 | 10.9 | 81 |
| Other ${ }^{3}$ | (15.8) | 36 | * | * | * |  |  |  |  | * |  | * | * |  | 6 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | (10.0) | 29 | * | * | * | * | * | * |  | * | * | * |  |  | 3 |
| Second Middle | 22.1 | 70 | * | * | * | * | * | * | * | * | * | * | * | * | 16 |
| ( Middle | 8.3 | 198 268 | (32.4) | ${ }_{(49.0)}^{*}$ | $\stackrel{*}{\text { (19.4) }}$ | (58.7) | (45.7) |  | (58.4) | (3.3) | (3.1) | * | (13,0) | (12.7) | 16 31 |
| Highest | 9.3 | 242 | ( | (\%) | (1)4 | (s.) | (45) | (7.) | (5.4) | (3) | (1) | (0) | ) | ) | 23 |
| Total | 11.0 | 806 | 27.4 | 48.3 | 30.3 | 64.8 | 24.2 | 69.4 | 54.5 | 3.3 | 1.1 | 1.1 | 16.9 | 11.1 | 89 |
| Note: ORT includes solution prepared from an oral rehydration satt (ORS) packet and gruel. Total includes Mustim children and children with missing information on religion, who are not shown separately. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| () Based on 25-49 unweighted cases. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ 'Excludes pharmacy, shop, and traditional practitioner. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{2}^{2}$ Includes antimotility druss and unknown drugs. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Table 44 Feeding practices during diarrhoea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of children under age five who had diarrhoea in the two weeks preceding the survey by amount of liquids and food offered compared with normal practice, acco sex and residence, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount of liquids offered |  |  |  |  |  | Amount of food offered |  |  |  |  |  | Total | Percentage given increased fluids and continued feeding ${ }^{1,2}$ | Percentagegiven ORT orincreasedfluids andcontinuedfeeding ${ }^{2}$ | Number of children with diarrhoea |
| Sex/residence | More | Same as usual | Somewhat less | Much less | None | Don't know/ missing | Total | Same as usual | Somewhat less | Much less | None | Never gave food |  |  |  |  |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | (31.8) | (31.1) | (30.7) | (4.3) | (2.1) | (0.0) | 100.0 | (37.7) | (49.3) | (4.5) | (6.4) | (2.1) | 100.0 | (31.8) | (69.5) | 45 |
| Female | (16.5) | (42.7) | (22.8) | (11.2) | (4.3) | (2.4) | 100.0 | (38.6) | (46.0) | (6.5) | (8.9) | (0.0) | 100.0 | (16.5) | (58.0) | 44 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | (38.6) | (31.8) | (22.7) | (4.5) | (0.0) | (2.3) | 100.0 | (36.4) | (59.1) | (2.3) | (2.3) | (0.0) | 100.0 | (38.6) | (84.1) | 46 |
| Rural | (8.9) | (42.2) | (31.1) | (11.1) | (6.7) | (0.0) | 100.0 | (40.0) | (35.6) | (8.9) | (13.3) | (2.2) | 100.0 | (8.9) | (42.2) | 43 |
| Total | 24.2 | 36.9 | 26.8 | 7.7 | 3.2 | 1.2 | 100.0 | 38.1 | 47.7 | 5.5 | 7.6 | 1.1 | 100.0 | 24.2 | 63.8 | 89 |
| ORT = Oral rehydration therapy, which includes solution prepared from an oral rehydration salt packet and gruel |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ Equivalent to the UNICEF/WHO indicator 'Home management of diarrhoea'. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{2}$ Continued fe | des chil | en who | were giv | n more, | same as | usual, or | somew | less food | d during th | he diarrhoea | episod |  |  |  |  |  |

## Table 45 Knowledge of ORS packets

Percentage of all women and percentage of women who had a live birth in the five years preceding the survey who know about ORS packets for treatment of diarrhoea, by background characteristics, Mizoram, 2005-06

| Background characteristic | All women |  | Women who gave birth in the past five years |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who know about ORS packets | Number of women | Percentage who know about ORS packets | Number of women |
| Age |  |  |  |  |
| 15-19 | 95.6 | 309 | * | 24 |
| 20-24 | 94.8 | 347 | 92.5 | 165 |
| 25-34 | 96.9 | 595 | 96.7 | 324 |
| 35-49 | 96.6 | 540 | 94.8 | 93 |
| Residence |  |  |  |  |
| Urban | 98.9 | 1,010 | 98.9 | 289 |
| Rural | 92.7 | 781 | 90.9 | 316 |
| Education |  |  |  |  |
| No education | 62.7 | 100 | 53.9 | 50 |
| $<5$ years complete | 94.2 | 254 | 95.0 | 96 |
| 5-9 years complete | 98.6 | 944 | 99.1 | 320 |
| 10 or more years complete | 99.4 | 492 | 99.2 | 138 |
| Religion |  |  |  |  |
| Hindu | (96.9) | 33 | * | 12 |
| Christian | 98.2 | 1,699 | 98.4 | 560 |
| Other ${ }^{1}$ | 29.6 | 52 | (23.3) | 29 |
| Wealth index |  |  |  |  |
| Lowest | (30.8) | 37 | * | 22 |
| Second | 83.7 | 96 | 85.2 | 52 |
| Middle | 96.4 | 289 | 96.6 | 141 |
| Fourth | 98.4 | 597 | 99.5 | 194 |
| Highest | 99.1 | 772 | 99.5 | 196 |
| Total | 96.2 | 1,791 | 94.7 | 605 |

Note: Total includes Muslim women and women with missing information on religion, who are not shown separately.
ORS = Oral rehydration salts
() Based on 25-49 unweighted cases.

* Percentage not shown; based on 25-49 unweighted cases.
${ }^{1}$ Not Hindu, Muslim, or Christian.



| Table 47 Utilization of ICDS services during pregnancy and while breastfeeding |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among children under age six years in areas covered by an anganwadi centre (AWC), percentage whose mothers received specific services from an AWC during pregnancy and while breastfeeding, according to background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |  |
|  | Mother received from an AWC during pregnancy |  |  |  |  | Mother received from an AWC while breastfeeding ${ }^{2}$ |  |  |  |  |
| Background characteristic | No services | Supplementary food ${ }^{1}$ | Health check- <br> ups | Health and nutrition education | Number of children | No services | Supplementary food ${ }^{1}$ | Health checkups | Health and nutrition education | Number of children breastfed |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 47.1 | 51.7 | 15.0 | 18.6 | 436 | 49.3 | 49.3 | 13.6 | 18.3 | 436 |
| Rural | 41.6 | 57.1 | 8.6 | 10.5 | 454 | 39.7 | 59.7 | 7.1 | 10.7 | 454 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | (56.9) | (43.1) | (2.4) | (7.1) | 40 | (54.7) | (45.3) | (9.4) | (9.4) | 40 |
| <5 years complete | 40.0 | 60.0 | 8.6 | 8.6 | 148 | 43.4 | 55.9 | 5.3 | 8.6 | 148 |
| 5-9 years complete | 38.3 | 59.9 | 14.2 | 18.7 | 504 | 37.5 | 61.1 | 12.0 | 18.4 | 504 |
| 10 or more years complete | 60.4 | 38.7 | 9.8 | 9.7 | 198 | 60.7 | 38.8 | 9.9 | 9.8 | 198 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | 12 | * | * | * | * | 12 |
| Christian | 43.4 | 55.4 | 12.0 | 14.7 | 874 | 43.5 | 55.5 | 10.5 | 14.7 | 874 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | 6 | * | * | * | * | 6 |
| Second | 43.0 | 57.0 | 3.0 | 13.3 | 65 | 37.4 | 62.6 | 5.9 | 14.8 | 65 |
| Middle | 40.3 | 59.3 | 7.3 | 10.8 | 228 | 40.0 | 58.7 | 5.5 | 11.6 | 228 |
| Fourth | 42.7 | 56.1 | 15.3 | 17.5 | 307 | 43.4 | 56.0 | 13.4 | 15.1 | 307 |
| Highest | 48.5 | 49.4 | 13.7 | 14.7 | 285 | 49.5 | 49.1 | 11.9 | 16.2 | 285 |
| Years since AWC was established |  |  |  |  |  |  |  |  |  |  |
| $<6$ years ago | * | * | * | * | 17 | * | * | * | * | 17 |
| 6 or more years ago | 44.9 | 54.0 | 11.4 | 14.1 | 874 | 44.6 | 54.3 | 10.4 | 14.1 | 874 |
| Total | 44.3 | 54.5 | 11.7 | 14.5 | 890 | 44.4 | 54.6 | 10.3 | 14.4 | 890 |
| Note: Total includes Muslim children and children with missing information on religion, who are not shown separately. <br> ICDS = Integrated Child Development Services <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Supplementary food includes both food cooked and served at the AWC on a daily basis and food given in the form of take home rations. <br> ${ }^{2}$ Services are usually provided to breastfeeding mothers during the first six months of breastfeeding. |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |


| Table 48 Nutritional status of children |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under age five years classified as malnourished according to three anthropometric indices of nutritional status: height-for-age, weight-for-height, and weight-for-age, by background characteristics, Mizoram, 2005-06, and totals for children under age three years of ever-married interviewed women age 15-49, NFHS-3 and NFHS-2 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Height-for-age |  |  | Weight-for-height |  |  |  | Weight-for-age |  |  |  | Number of children |
| Background characteristic | Percentage below -3 SD | $\begin{gathered} \text { Percentage } \\ \text { below } \\ -2 \text { SD }^{1} \\ \hline \end{gathered}$ | Mean <br> Z-score <br> (SD) | Percentage below -3 SD | Percentage below -2 SD $^{1}$ | $\begin{gathered} \text { Percentage } \\ \text { above } \\ +2 \text { SD } \\ \hline \end{gathered}$ | Mean Z-score (SD) | Percentage below -3 SD | $\begin{gathered} \hline \text { Percentage } \\ \text { below } \\ -2 \text { SD }^{1} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Percentage } \\ \text { above } \\ +2 \mathrm{SD} \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Mean } \\ \text { Z-score } \\ \text { (SD) } \\ \hline \end{gathered}$ |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | (5.1) | (7.4) | (0.3) | (5.1) | (7.6) | (7.4) | (-0.1) | (5.1) | (5.1) | (7.2) | (0.1) | 41 |
| 6-11 | 11.5 | 20.0 | -0.8 | 3.0 | 13.0 | 7.2 | -0.3 | 2.8 | 8.6 | 0.0 | -0.7 | 69 |
| 12-23 | 16.0 | 37.3 | -1.4 | 5.4 | 10.7 | 3.5 | -0.4 | 2.6 | 16.4 | 0.7 | -1.0 | 148 |
| 24-35 | 23.5 | 45.5 | -1.8 | 3.2 | 8.6 | 5.0 | -0.2 | 6.4 | 17.1 | 1.1 | -1.1 | 184 |
| 36-47 | 18.8 | 45.0 | -1.8 | 2.5 | 6.7 | 4.4 | -0.2 | 4.2 | 24.4 | 1.9 | -1.2 | 161 |
| 48-59 | 17.3 | 47.1 | -1.9 | 3.1 | 8.8 | 1.8 | -0.4 | 9.5 | 30.6 | 0.0 | -1.5 | 158 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 19.6 | 40.5 | -1.7 | 3.0 | 8.4 | 3.9 | -0.2 | 4.9 | 19.5 | 0.0 | -1.1 | 365 |
| Female | 15.9 | 39.1 | -1.5 | 4.1 | 9.5 | 4.6 | -0.3 | 6.0 | 20.2 | 2.3 | 1.1 | 396 |
| Birth interval in months ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| First birth ${ }^{3}$ | 15.6 | 39.1 | -1.4 | 3.8 | 10.6 | 4.3 | -0.3 | 5.5 | 16.2 | 1.3 | -1.0 | 235 |
| $<24$ | 19.5 | 42.3 | -1.8 | 2.0 | 4.5 | 3.1 | -0.2 | 4.5 | 25.4 | 0.7 | -1.1 | 155 |
| 24-47 | 19.7 | 40.6 | -1.6 | 4.0 | 10.1 | 4.0 | -0.3 | 5.3 | 21.8 | 0.5 | -1.2 | 225 |
| 48+ | 16.7 | 36.0 | -1.5 | 4.3 | 8.4 | 6.2 | -0.2 | 4.1 | 16.5 | 2.5 | -1.0 | 117 |
| Birth order ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 15.7 | 39.3 | -1.4 | 3.9 | 10.6 | 4.3 | -0.3 | 5.5 | 16.2 | 1.3 | -1.0 | 234 |
| 2-3 | 15.7 | 35.6 | -1.5 | 4.2 | 7.9 | 3.9 | -0.3 | 4.1 | 20.9 | 1.2 | -1.0 | 337 |
| 4-5 | 23.2 | 50.6 | -1.8 | 1.7 | 7.6 | 5.9 | -0.2 | 6.6 | 19.9 | 0.8 | -1.2 | 118 |
| 6+ | (31.6) | (45.0) | (-2.0) | (2.2) | (9.3) | (2.2) | (-0.4) | (4.4) | (31.4) | (0.0) | (-1.4) | 43 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 13.0 | 29.6 | -1.3 | 4.1 | 8.6 | 6.2 | -0.1 | 4.4 | 15.1 | 2.1 | -0.8 | 353 |
| Rural | 21.7 | 48.6 | -1.8 | 3.0 | 9.3 | 2.6 | -0.4 | 6.3 | 24.1 | 0.5 | -1.3 | 408 |
| Size at birth ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Very small | * | * | * | * | * | * | * | * | * | * | * | 8 |
| Small | 28.2 | 51.7 | -2.0 | 7.1 | 10.5 | 3.7 | -0.6 | 14.2 | 37.5 | 1.2 | -1.6 | 84 |
| Average or larger | 15.3 | 37.3 | -1.5 | 3.0 | 7.8 | 4.4 | -0.2 | 3.0 | 16.5 | 0.9 | -1.0 | 604 |
| Mother's education ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 30.9 | 42.9 | -1.6 | 12.0 | 25.7 | 1.7 | -1.1 | 17.2 | 37.9 | 1.7 | -1.7 | 56 |
| $<5$ years complete | 28.8 | 54.5 | -2.1 | 2.5 | 8.3 | 4.2 | -0.4 | 10.1 | 34.8 | 0.0 | -1.4 | 118 |
| 5-9 years complete | 16.6 | 41.4 | -1.6 | 3.1 | 8.6 | 3.8 | -0.3 | 3.2 | 19.1 | 0.8 | -1.1 | 397 |
| 10 or more years complete | 9.1 | 25.5 | -1.1 | 2.5 | 4.2 | 6.7 | -0.0 | 2.5 | 6.1 | 3.1 | -0.6 | 169 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | * | * | * | * | * | * | 12 |
| Christian | 18.1 | 40.4 | -1.6 | 3.1 | 7.8 | 4.1 | -0.2 | 5.5 | 19.2 | 0.9 | -1.1 | 716 |
| Other ${ }^{5}$ | (9.7) | (29.0) | (-0.7) | (12.9) | (32.3) | (3.2) | (-1.1) | (3.2) | (25.8) | (3.2) | (-1.2) | 30 |
| Mother's interview status |  |  |  |  |  |  |  |  |  |  |  |  |
| Interviewed | 17.9 | 39.7 | -1.6 | 3.6 | 8.8 | 4.3 | -0.3 | 5.0 | 19.9 | 1.1 | -1.1 | 732 |
| Not interviewed but in household | * | * | * | * | * | * | * | * | * | * | * | 8 |
| Not interviewed and not in household ${ }^{6}$ | * | * | * | * | * | * | * | * | * | * | * | 21 |
|  |  |  |  |  |  |  |  |  |  |  |  | ntinued... |


|  | Height-for-age |  |  | Weight-for-height |  |  |  | Weight-for-age |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | $\begin{gathered} \hline \text { Percentage } \\ \text { below } \\ -3 \text { SD } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Percentage } \\ \text { below } \\ -2 \text { SD }^{1} \\ \hline \end{gathered}$ | Mean <br> Z-score <br> (SD) | $\begin{gathered} \hline \text { Percentage } \\ \text { below } \\ -3 \text { SD } \\ \hline \end{gathered}$ | Percentage below $-2 \mathrm{SD}^{1}$ | Percentage above +2 SD | Mean Z-score (SD) | $\begin{gathered} \hline \text { Percentage } \\ \text { below } \\ -3 \text { SD } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Percentage } \\ \text { below } \\ -2 \text { SD }^{1} \\ \hline \end{gathered}$ | $\begin{aligned} & \text { Percentage } \\ & \text { above } \\ & +2 \text { SD } \\ & \hline \end{aligned}$ | Mean Z-score (SD) |  |
| Mother's nutritional status |  |  |  |  |  |  |  |  |  |  |  |  |
| Underweight ( $\mathrm{BMI}<18.5$ ) | 20.5 | 43.5 | -1.6 | 4.6 | 11.4 | 4.7 | -0.5 | 9.1 | 29.2 | 1.5 | -1.2 | 128 |
| Normal (BMI 18.5-24.9) | 18.1 | 40.3 | -1.6 | 3.3 | 8.5 | 4.0 | -0.3 | 4.5 | 19.1 | 0.9 | -1.1 | 550 |
| Overweight ( $\mathrm{BMI} \geq 25.0$ ) | 8.9 | 26.9 | -1.2 | 3.7 | 7.2 | 5.5 | 0.2 | 1.8 | 7.4 | 1.8 | -0.6 | 57 |
| Mother not measured | * | * | * | * |  | , | * | * | * | * | * | 4 |
| Child's living arrangements |  |  |  |  |  |  |  |  |  |  |  |  |
| Living with both parents | 16.9 | 39.2 | -1.6 | 3.2 | 8.5 | 4.6 | -0.3 | 4.8 | 19.9 | 1.4 | -1.1 | 652 |
| Living with one or neither parent | 22.2 | 43.0 | -1.6 | 5.4 | 11.7 | 1.9 | -0.5 | 9.0 | 20.2 | 0.0 | -1.2 | 108 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | * | * | * | * | * | * | 21 |
| Second | 30.2 | 50.4 | -2.2 | 7.3 | 11.6 | 2.9 | -0.5 | 13.1 | 31.9 | 0.0 | -1.6 | 66 |
| Middle | 35.5 | 61.5 | -2.2 | 3.2 | 8.3 | 3.3 | -0.3 | 9.4 | 33.3 | 1.1 | -1.5 | 186 |
| Fourth | 11.2 | 35.8 | -1.4 | 1.5 | 7.7 | 3.0 | -0.2 | 3.1 | 15.0 | 0.4 | -1.0 | 260 |
| Highest | 7.2 | 24.6 | -1.1 | 4.1 | 7.3 | 6.9 | -0.1 | 2.7 | 10.3 | 2.3 | -0.7 | 227 |
| Total | 17.7 | 39.8 | -1.6 | 3.5 | 9.0 | 4.3 | -0.3 | 5.4 | 19.9 | 1.2 | -1.1 | 761 |
| Children age 0-35 months born to interviewed evermarried women |  |  |  |  |  |  |  |  |  |  |  |  |
| NFHS-3 (2005-06) | 17.4 | 35.1 | -1.3 | 4.1 | 9.7 | 5.1 | -0.2 | 4.0 | 14.2 | 1.2 | -0.9 | 421 |
| NFHS-2 (1998-99) | 18.5 | 41.3 | -1.5 | 5.3 | 13.3 | 5.3 | -0.3 | 5.1 | 19.8 | 1.0 | -1.0 | 431 |
| Note: Table is based on children who stayed in the household the night before the interview. Each of the indices is expressed in standard deviation units (SD) from the median of the 2006 WHO International Reference Population. Table is based on children with valid dates of birth (month and year) and valid measurements of both height and weight. Total includes Muslim children and children with missing information on birth interval, birth order, size at birth, mother's education, religion, and mother's nutritional status, who are not shown separately. <br> $\mathrm{BMI}=$ Body mass index $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$ <br> () Based on 25-49 unweighted cases. <br> * Not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Includes children who are below -3 standard deviations (SD) from the International Reference Population median. <br> ${ }^{2}$ Excludes children whose mothers were not interviewed. <br> ${ }^{3}$ First born twins (triplets, etc.) are counted as first births because they do not have a previous birth interval. <br> ${ }^{4}$ For women who are not interviewed, information is taken from the Household Questionnaire. Excludes children whose mothers are not listed in the household schedule. <br> ${ }^{5}$ Not Hindu, Muslim or Christian. <br> ${ }^{6}$ Includes children whose mothers are deceased. |  |  |  |  |  |  |  |  |  |  |  |  |


| Table 49 Initial breastfeeding |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children born in the five years preceding the survey who were ever breastfed, and for last-born children born in the five years preceding the survey who were ever breastfed, percentage who started breastfeeding within half an hour, one hour, and one day of birth and percentage who received a prelacteal feed, by background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |
|  |  |  | Percentage who started breastfeeding: |  |  | Percentage who received a prelacteal feed ${ }^{3}$ | Number of last-born ever breastfed children |
| Background characteristic | Percentage ever breastfed | Number of children | Within half an hour of birth | Within one hour of birth ${ }^{1}$ | Within one day of birth ${ }^{2}$ |  |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 97.4 | 392 | 59.7 | 60.4 | 89.9 | 27.0 | 289 |
| Rural | 98.5 | 449 | 72.0 | 72.0 | 91.2 | 19.8 | 313 |
| Sex |  |  |  |  |  |  |  |
| Male | 98.0 | 410 | 65.6 | 65.9 | 91.7 | 22.0 | 313 |
| Female | 97.9 | 431 | 66.6 | 67.0 | 89.3 | 24.7 | 289 |
| Mother's education |  |  |  |  |  |  |  |
| No education | 97.2 | 70 | 86.3 | 86.3 | 100.0 | 6.1 | 50 |
| $<5$ years complete | 99.3 | 139 | 60.7 | 61.8 | 89.7 | 23.9 | 95 |
| 5-9 years complete | 98.0 | 451 | 62.9 | 63.2 | 89.5 | 24.3 | 319 |
| 10 or more years complete | 97.2 | 181 | 69.9 | 69.9 | 90.3 | 26.7 | 137 |
| Religion |  |  |  |  |  |  |  |
| Hindu | * | 12 | * | * | * | * | 12 |
| Christian | 98.0 | 787 | 64.8 | 65.1 | 90.2 | 23.5 | 557 |
| Other ${ }^{4}$ | (97.4) | 37 | (90.0) | (90.0) | (96.7) | (3.3) | 29 |
| Assistance at delivery |  |  |  |  |  |  |  |
| Health personnel ${ }^{5}$ | 97.8 | 550 | 64.4 | 64.6 | 90.4 | 24.5 | 408 |
| Dai (TBA) | 99.2 | 126 | 56.2 | 57.5 | 89.1 | 29.1 | 81 |
| Other/no one | 97.6 | 164 | 79.5 | 79.5 | 92.3 | 14.6 | 112 |
| Place of delivery |  |  |  |  |  |  |  |
| Health facility | 97.9 | 489 | 64.1 | 64.4 | 90.6 | 25.2 | 364 |
| At home | 98.3 | 337 | 69.2 | 69.7 | 90.6 | 20.1 | 228 |
| Wealth index |  |  |  |  |  |  |  |
| Lowest | (96.8) | 30 | * | * | * | * | 22 |
| Second | 98.8 | 78 | 77.4 | 77.4 | 94.3 | 11.6 | 52 |
| Middle | 98.1 | 209 | 63.6 | 63.6 | 88.1 | 23.1 | 139 |
| Fourth | 98.5 | 275 | 65.5 | 65.5 | 88.7 | 25.1 | 194 |
| Highest | 97.2 | 250 | 62.6 | 63.7 | 92.1 | 26.8 | 195 |
| Total | 98.0 | 841 | 66.1 | 66.4 | 90.6 | 23.3 | 602 |
| Note: Table is based on children born in the last five years whether the children are living or dead at the time of interview. Total includes Muslim children and children born in other places of delivery and children with missing information on religion, assistance at delivery, and place of delivery, who are not shown separately. <br> TBA $=$ Traditional birth attendant <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Includes children who started breastfeeding within half an hour of birth. <br> ${ }^{2}$ Includes children who started breastfeeding within one hour of birth. <br> ${ }^{3}$ Children given something other than breast milk during the first three days of life. <br> ${ }^{4}$ Not Hindu, Muslim, or Christian. <br> ${ }^{5}$ Doctor, nurse, midwife, auxiliary nurse midwife, lady health visitor, or other health personnel. |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |  |  |

## Table 50 Breastfeeding status by age

Percent distribution of youngest children under three years living with the mother by breastfeeding status and percentage of all children under three years using a bottle with a nipple, according to age in months, Mizoram, 2005-06

| Age in months | Not breastfeeding | Exclusively breastfed | Breastfeeding and consuming: |  |  |  |  | Number of youngest children under three years | Percentage using a bottle with a nipple ${ }^{1}$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Plain <br> water only | Nonmilk liquids/ juice | Other milk | Complementary foods | Total |  |  |  |
| $<2$ | * | * | * | * | * | * | 100.0 | 15 | * | 15 |
| 2-3 | * | * | * | * | * | * | 100.0 | 22 | * | 22 |
| 4-5 | (0.0) | (28.7) | (31.6) | (0.0) | (0.0) | (39.7) | 100.0 | 28 | (3.7) | 28 |
| 6-8 | (3.3) | (6.0) | (3.0) | (6.3) | (0.0) | (81.4) | 100.0 | 32 | (9.6) | 32 |
| 9-11 | (4.5) | (0.0) | (0.0) | (0.0) | (0.0) | (95.5) | 100.0 | 44 | (27.5) | 44 |
| 12-17 | 8.1 | 0.0 | 1.3 | 2.6 | 2.7 | 85.3 | 100.0 | 73 | 23.1 | 74 |
| 18-23 | 36.0 | 0.0 | 0.0 | 0.0 | 0.0 | 64.0 | 100.0 | 70 | 20.1 | 77 |
| 24-35 | 72.4 | 0.0 | 0.0 | 0.7 | 0.0 | 26.9 | 100.0 | 140 | 14.0 | 194 |
| <4 | (2.8) | (59.0) | (32.6) | (0.0) | (2.8) | (2.8) | 100.0 | 37 | (2.8) | 37 |
| <6 | 1.6 | 46.1 | 32.2 | 0.0 | 1.6 | 18.6 | 100.0 | 65 | 3.2 | 65 |
| 6-9 | (2.2) | (4.1) | (2.0) | (4.3) | (0.0) | (87.4) | 100.0 | 47 | (17.2) | 47 |
| 12-23 | 21.7 | 0.0 | 0.7 | 1.3 | 1.4 | 74.9 | 100.0 | 143 | 21.6 | 151 |

Note: Breastfeeding status refers to a ' 24 -hour' period (yesterday and last night). Children who are classified as breastfeeding and consuming plain water only consumed no liquid or solid supplements. The categories of not breastfeeding, exclusively breastfed, breastfeeding and consuming plain water only, non-milk liquids/juice, other milk, and complementary foods (solids and semi-solids) are hierarchical and mutually exclusive, and their percentages add to 100 percent. Thus any children who get complementary food are classified in that category as long as they are breastfeeding as well. Children who receive breast milk and non-milk liquids and who do not receive complementary foods are classified in the non-milk liquid category even though they may also get plain water.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Based on all children under three years.
Table 51 Median duration of breastfeeding and infant and young child feeding (IYCF) practices
Median duration (months) of breastfeeding among last-born children born in the last three years and percentage of youngest children age 6-23 months living with the mother who are fed with appropriate feeding
practices based upon number of food groups and times they are fed during the day or night preceding the survey, by breastfeeding status and background characteristics, Mizoram, $2005-06$

|  | Median duration (months) of breastfeeding among last-born children born in the last three years ${ }^{1}$ |  |  |  | Among breastfed children 6-23 months, percentage fed: |  |  |  | Among all children 6-23 months, percentage fed: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{2}$ | Number of children | Three or more food groups ${ }^{3}$ | Minimum number of times ${ }^{4}$ | $3+$ food groups and minimum number of times | Number of children | Breast milk, milk, or milk products ${ }^{5}$ | Appropriate number of food groups ${ }^{6}$ | $\underset{\text { times }^{7}}{\text { Minimum }}$ | With 3 IYCF practices ${ }^{8}$ | Number of children |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6-8 | na | na | na | na | (6.5) | (71.4) | (3.4) | 31 | (100.0) | (6.3) | (72.3) | (3.3) | 32 |
| 9-11 | na | na | na | na | (38.7) | (57.3) | (26.8) | 42 | (97.8) | (37.0) | (54.7) | (25.6) | 44 |
| 12-17 | na | na | na | na | 31.2 | 48.8 | 16.5 | 67 | 98.7 | 31.4 | 47.6 | 16.6 | 73 |
| 18-23 | na | na | na | na | (56.5) | (55.4) | (33.9) | 45 | 83.1 | 52.3 | 47.2 | 30.6 | 70 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | (21.0) | (2.3) | (5.3) | 255 | 31.5 | 51.7 | 12.9 | 93 | 93.9 | 34.9 | 50.6 | 16.1 | 113 |
| Female | (21.4) | * | (4.9) | 247 | 38.5 | 60.6 | 28.9 | 92 | 93.5 | 36.3 | 54.5 | 26.1 | 106 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | (20.6) | * | (4.7) | 250 | 48.8 | 60.7 | 32.1 | 87 | 96.2 | 49.0 | 57.7 | 32.7 | 108 |
| Rural | (21.9) | (2.3) | (5.6) | 252 | 22.5 | 52.0 | 10.8 | 97 | 91.4 | 22.4 | 47.4 | 9.5 | 111 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | 38 | * | * | * | 18 | * | * | * | * | 18 |
| <5 years complete | * | * | * | 78 | (18.5) | (62.6) | (14.9) | 26 | (90.8) | (22.1) | (55.9) | (12.6) | 31 |
| 5-9 years complete | (20.8) | * | (5.1) | 282 | 31.1 | 53.3 | 18.8 | 97 | 92.3 | 32.1 | 49.0 | 19.2 | 117 |
| 10 or more years complete | * | * | * | 104 | (50.4) | (66.6) | (33.6) | 43 | 96.4 | 48.7 | 63.6 | 33.1 | 53 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | * | 7 | * | * | * | 2 | * | * | * | * | 2 |
| Christian | 21.2 | (1.7) | 5.0 | 469 | 34.1 | 57.5 | 21.4 | 175 | 93.4 | 34.9 | 53.5 | 21.4 | 209 |
| Other ${ }^{9}$ | * | * | * | 24 | * | * | * | 8 | * | * | * | * | 8 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | 16 | * | * | * | 8 | * | * | * | * | 8 |
| Second | * | * | * | 46 | * | * | * | 20 | * | * | * | * | 21 |
| Middle | * | * | * | 105 | (16.4) | (59.7) | (13.7) | 36 | (88.2) | (16.3) | (53.7) | (11.8) | 42 |
| Fourth | (20.3) | * | (5.4) | 182 | 34.5 | 60.3 | 25.2 | 65 | 91.5 | 34.4 | 54.1 | 23.2 | 80 |
| Highest | (21.5) | * | * | 152 | 47.6 | 54.7 | 25.7 | 56 | 98.5 | 49.6 | 53.9 | 28.7 | 68 |
| Total | 21.2 | 2.0 | 5.1 | 502 | 35.0 | 56.1 | 20.9 | 185 | 93.7 | 35.6 | 52.5 | 20.9 | 219 |

Note: Total includes Muslim children, who are not shown separately.
$\mathrm{na}=$ Not applicable
() Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ It is assumed that children not currently living with the mother are not currently breastfeeding.
${ }^{2}$ Either exclusively breastfed or received breast milk and plain water and/or non-milk liquids only.
${ }^{3}$ Food groups are: a. infant formula, milk other than breast milk, cheese or yogurt or other milk products; b. foods made from grains or roots, including porridge or gruel, fortified baby food; c. vitamin A-rich fruits and vegetables; d. other fruits and vegetables; e. eggs; f. meat, poultry, fish, shellfish, or organ meats; g. beans, peas, lentils, or nuts; h. foods made with oil, fat, ghee, or butter.
At least twice a day for breastfed infants 6-8 months and at least three times a day for breastfed children 9-23 months.
${ }^{5}$ Commercially produced infant formula; tinned, powdered, or fresh animal milk; cheese; yogurt; or other milk products.
Fed solid or semi-solid food at least twice a day for infants 6-8 months, 3 or more times for other breastfed children, and 4 or more times for non-breastfed children.
${ }^{8}$ Non-breastfed children age 6-23 months are considered to be fed with three IYCF practices if they receive milk or milk products and are fed at least the minimum number of times per day with at least the ${ }_{9}^{\operatorname{minimum}}$ Not Hindu, Muslim, or Christian.

Table 52 Prevalence of anaemia in children
Percentage of children age 6-59 months classified as having anaemia, by background characteristics, Mizoram, 2005-06, and percentage of children age 6-35 months classified as having anaemia, NFHS-3 and NFHS-2

| Background characteristic | Anaemia status by haemoglobin level |  |  | Any anaemia$(<11.0 \mathrm{~g} / \mathrm{dl})$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \hline \text { Mild } \\ (10.0-10.9 \mathrm{~g} / \mathrm{dl}) \end{gathered}$ | $\begin{gathered} \text { Moderate } \\ (7.0-9.9 \mathrm{~g} / \mathrm{dl}) \\ \hline \end{gathered}$ | $\begin{gathered} \text { Severe } \\ (<7.0 \mathrm{~g} / \mathrm{dl}) \\ \hline \end{gathered}$ |  |  |
| Age in months |  |  |  |  |  |
| 6-11 | 35.2 | 24.6 | 2.8 | 62.7 | 68 |
| 12-23 | 30.9 | 33.6 | 0.0 | 64.5 | 150 |
| 24-35 | 21.0 | 21.6 | 1.0 | 43.6 | 188 |
| 36-47 | 23.9 | 11.1 | 0.0 | 35.1 | 165 |
| 48-59 | 14.3 | 12.8 | 0.6 | 27.7 | 165 |
| Sex |  |  |  |  |  |
| Male | 24.8 | 20.0 | 0.5 | 45.4 | 353 |
| Female | 22.3 | 20.1 | 0.7 | 43.1 | 383 |
| Birth order ${ }^{1}$ |  |  |  |  |  |
| 1 | 23.2 | 20.0 | 1.3 | 44.5 | 227 |
| 2-3 | 23.0 | 19.9 | 0.3 | 43.1 | 323 |
| 4-5 | 26.5 | 17.5 | 0.9 | 44.8 | 111 |
| 6+ | (22.9) | (28.8) | (0.0) | (51.7) | 47 |
| Residence |  |  |  |  |  |
| Urban | 20.7 | 14.9 | 0.0 | 35.6 | 337 |
| Rural | 25.8 | 24.4 | 1.2 | 51.4 | 398 |
| Mother's education ${ }^{2}$ |  |  |  |  |  |
| No education | 22.4 | 50.6 | 3.2 | 76.2 | 60 |
| $<5$ years complete | 25.4 | 29.6 | 0.8 | 55.9 | 115 |
| 5-9 years complete | 25.4 | 14.9 | 0.3 | 40.5 | 381 |
| 10 or more years complete | 18.5 | 13.9 | 0.6 | 33.0 | 160 |
| Religion |  |  |  |  |  |
| Hindu | * | * | * | * | 12 |
| Christian | 23.2 | 18.8 | 0.4 | 42.4 | 689 |
| Other ${ }^{3}$ | (25.0) | (53.1) | (6.3) | (84.4) | 30 |
| Mother's interview status |  |  |  |  |  |
| Interviewed | 23.6 | 20.1 | 0.7 | 44.4 | 708 |
| Not interviewed but in household | * | * | * | * | 8 |
| Not interviewed and not in household ${ }^{4}$ | * | * | * | * | 20 |
| Child's living arrangements |  |  |  |  |  |
| Living with both parents | 24.8 | 19.8 | 0.8 | 45.3 | 631 |
| Living with one or neither parent | 15.9 | 21.7 | 0.0 | 37.6 | 104 |
| Mother's anaemia status |  |  |  |  |  |
| Not anaemic | 24.0 | 16.1 | 0.3 | 40.3 | 378 |
| Mildly anaemic | 22.1 | 23.5 | 1.1 | 46.7 | 254 |
| Moderately/severely anaemic | 27.9 | 29.3 | 1.3 | 58.5 | 75 |
| Wealth index |  |  |  |  |  |
| Lowest | (20.0) | (56.0) | (8.0) | (84.0) | 24 |
| Second | 22.6 | 50.8 | 0.0 | 73.5 | 68 |
| Middle | 25.4 | 17.5 | 1.0 | 43.9 | 182 |
| Fourth | 27.3 | 16.1 | 0.4 | 43.8 | 243 |
| Highest | 18.3 | 13.0 | 0.0 | 31.3 | 218 |
| Total | 23.5 | 20.0 | 0.6 | 44.2 | 736 |
| Children age 6-35 months born to interviewed ever-married women |  |  |  |  |  |
| NFHS-3 (2005-06) | 27.7 | 26.0 | 1.0 | 54.7 | 385 |
| NFHS-2 (1998-99) | 32.2 | 22.7 | 2.3 | 57.2 | 367 |

Note: Table is based on children who stayed in the household the night before the interview. Prevalence of anaemia, based on haemoglobin levels, is adjusted for altitude using the CDC formula (Centers for Disease Control (CDC). 1998. Recommendations to prevent and control iron deficiency in the United States. Morbidity and Mortality Weekly Report 47 (RR-3): 1-29). Haemoglobin levels shown in grams per decilitre ( $\mathrm{g} / \mathrm{d} \mathrm{l}$ ). Total includes Muslim children and children with missing information on birth order, mother's education, religion, and mother's anaemia status, who are not shown separately.
() Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Excludes children whose mothers were not interviewed.
${ }^{2}$ For women who are not interviewed, information is taken from the Household Questionnaire. Excludes children whose mothers are not listed in the household schedule.
${ }^{3}$ Not Hindu, Muslim, or Christian.
${ }^{4}$ Includes children whose mothers are deceased.

|  |  |  | $\underset{\sim}{\sim} \underset{\sim}{\wedge} \wedge \underset{\sim}{\sigma} \underset{\sim}{\circ}$ <br>  <br>  <br>  $\underset{\sim}{\infty} \dot{\sim} \dot{\gamma} \dot{q} \dot{q} \dot{q}$ <br>  <br>  <br> チヲの ヲ の ○○ 더여웅 <br>  <br>  <br> ベヘペ゚ざェ <br>  <br> 1 <br>  <br>  | $y \infty$ ํ ํ Ṇ ! ! $\hat{N}^{\infty}$ |  |  | $\stackrel{\llcorner }{\bullet} \stackrel{\circ}{\sim}$ $\dot{F} \ddot{F}$ $\stackrel{\text { N }}{\stackrel{\infty}{\star}}$ | $\vdots$ 0 D U U |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

Table 53 Micronutrient intake among children-Continued

| Background characteristic | Youngest children age 6-35 months living with their mother |  |  | Children age 12-35 months |  | Children age 6-59 months |  |  |  | Children age 6-59 months in households with salt tested |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who consumed foods rich in vitamin A in last 24 hours | Percentage who consumed foods rich in iron in last 24 hours ${ }^{2}$ | Number of children | Percentage given vitamin A supplements in last 6 months | Number of children | Percentage given vitamin A supplements in last 6 months | Percentage given iron supplements in last 7 days | Percentage given deworming medication in last 6 months ${ }^{3}$ | Number of children | Percentage living in households using adequately iodized salt ${ }^{4}$ | Number of children |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |
| No education | (66.9) | (17.1) | 29 | (17.4) | 28 | 16.1 | 0.0 | 11.2 | 60 | 84.1 | 60 |
| <5 years complete | 63.7 | 15.5 | 56 | 39.1 | 50 | 40.8 | 20.1 | 27.4 | 120 | 60.4 | 117 |
| 5-9 years complete | 61.4 | 34.7 | 192 | 50.0 | 195 | 42.9 | 26.4 | 44.5 | 395 | 83.6 | 395 |
| 10 or more years complete | 69.5 | 39.8 | 82 | 53.3 | 72 | 45.2 | 21.3 | 53.3 | 165 | 96.0 | 165 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | * | 7 | * | 5 | * | * | * | 12 | * | 12 |
| Christian | 64.6 | 32.0 | 334 | 49.5 | 321 | 43.4 | 23.5 | 43.0 | 694 | 82.0 | 690 |
| Other ${ }^{5}$ | * | * | 16 | * | 16 | (0.0) | (0.0) | (3.0) | 32 | (93.9) | 32 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | 11 | * | 11 | (0.0) | (3.7) | (11.1) | 26 | (92.6) | 26 |
| Second | (63.8) | (19.7) | 35 | (41.0) | 33 | 39.8 | 5.8 | 21.4 | 67 | 56.1 | 66 |
| Middle | 58.2 | 21.6 | 77 | 41.0 | 74 | 41.2 | 20.9 | 30.6 | 184 | 67.8 | 182 |
| Fourth | 65.1 | 32.5 | 127 | 47.9 | 127 | 42.2 | 25.6 | 44.6 | 245 | 87.7 | 245 |
| Highest | 66.8 | 43.4 | 109 | 55.2 | 101 | 44.3 | 26.3 | 55.2 | 219 | 96.5 | 219 |
| Total | 64.1 | 31.5 | 359 | 46.5 | 345 | 40.9 | 22.1 | 41.0 | 742 | 82.7 | 738 |

[^6]
## Table 54 Presence of iodized salt in household

Percent distribution of households with salt tested for iodine content, by level of iodine in salt (parts per million), according to background characteristics, and total for NFHS-2, Mizoram, 2005-06

| Background characteristic | lodine content of salt |  |  | Total | Number of households |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \text { None } \\ & (0 \mathrm{ppm}) \\ & \hline \end{aligned}$ | Inadequate ( $<15 \mathrm{ppm}$ ) | Adequate $(15+\mathrm{ppm})$ |  |  |
| Residence |  |  |  |  |  |
| Urban | 0.1 | 4.9 | 95.0 | 100.0 | 816 |
| Rural | 2.5 | 22.3 | 75.3 | 100.0 | 693 |
| Religion of household head |  |  |  |  |  |
| Hindu | (0.0) | (6.5) | (93.5) | 100.0 | 47 |
| Christian | 1.3 | 13.6 | 85.1 | 100.0 | 1,395 |
| Other ${ }^{1}$ | (0.0) | (4.2) | (95.8) | 100.0 | 46 |
| Caste/tribe of household head |  |  |  |  |  |
| Scheduled caste | * | * | * | 100.0 | 21 |
| Scheduled tribe | 1.3 | 13.2 | 85.5 | 100.0 | 1,440 |
| Other backward class | * | * | * | 100.0 | 12 |
| Other | (0.0) | (2.9) | (97.1) | 100.0 | 36 |
| Wealth index |  |  |  |  |  |
| Lowest | (5.4) | (8.1) | (86.5) | 100.0 | 35 |
| Second | 10.7 | 30.5 | 58.8 | 100.0 | 89 |
| Middle | 1.7 | 26.4 | 71.9 | 100.0 | 281 |
| Fourth | 0.2 | 14.3 | 85.6 | 100.0 | 539 |
| Highest | 0.2 | 2.3 | 97.5 | 100.0 | 565 |
| Total | 1.2 | 12.9 | 85.9 | 100.0 | 1,509 |
| NFHS-2 (1998-99) | 0.7 | 8.0 | 91.3 | 100.0 | 1,373 |

Note: Only 0.2 percent of households did not have any salt in the household. Total includes households headed by Muslims, which are not shown separately. $\mathrm{ppm}=$ parts per million
() Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Not Hindu, Muslim, or Christian.

| Table 55 Women's and men's food consumption |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men age 15-49 by frequency of consumption of specific foods, Mizoram, 2005-06 |  |  |  |  |  |  |  |
|  | Frequency of consumption |  |  |  |  |  | Number of respondents |
| Type of food | Daily | Weekly | Occasionally | Never | Missing | Total |  |
| WOMEN |  |  |  |  |  |  |  |
| Milk or curd | 12.7 | 9.0 | 47.5 | 30.8 | 0.0 | 100.0 | 1,791 |
| Pulses or beans | 41.5 | 25.4 | 31.8 | 1.2 | 0.0 | 100.0 | 1,791 |
| Dark green leafy vegetables | 87.0 | 4.9 | 8.0 | 0.1 | 0.0 | 100.0 | 1,791 |
| Fruits | 21.4 | 27.0 | 50.0 | 1.6 | 0.0 | 100.0 | 1,791 |
| Eggs | 9.5 | 25.0 | 62.3 | 3.3 | 0.0 | 100.0 | 1,791 |
| Fish | 1.6 | 13.9 | 78.9 | 5.6 | 0.0 | 100.0 | 1,791 |
| Chicken/meat | 3.0 | 43.0 | 52.0 | 2.0 | 0.0 | 100.0 | 1,791 |
| Fish or chicken/meat | 4.1 | 45.6 | 49.2 | 1.0 | 0.0 | 100.0 | 1,791 |
| MEN |  |  |  |  |  |  |  |
| Milk or curd | 13.3 | 17.2 | 53.3 | 16.3 | 0.0 | 100.0 | 635 |
| Pulses or beans | 34.7 | 48.9 | 16.2 | 0.1 | 0.0 | 100.0 | 635 |
| Dark green leafy vegetables | 83.2 | 12.5 | 4.3 | 0.0 | 0.0 | 100.0 | 635 |
| Fruits | 7.2 | 34.9 | 55.0 | 2.9 | 0.0 | 100.0 | 635 |
| Eggs | 4.2 | 39.8 | 54.2 | 1.6 | 0.2 | 100.0 | 635 |
| Fish | 0.5 | 17.9 | 77.8 | 3.8 | 0.0 | 100.0 | 635 |
| Chicken/meat | 1.2 | 53.2 | 45.0 | 0.6 | 0.0 | 100.0 | 635 |
| Fish or chicken/meat | 1.3 | 55.9 | 42.8 | 0.0 | 0.0 | 100.0 | 635 |


| Table 56 Nutritional status of adults |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men age 15-49 with specific body mass index (BMI) levels, by background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |  |
|  | Body mass index (BMI) in $\mathrm{kg} / \mathrm{m}^{2}$ |  |  |  |  |  |  |  |  |  |
|  | Women ${ }^{1}$ |  |  |  |  | Men |  |  |  | Number of men |
| Background characteristic | $\begin{gathered} <18.5 \\ \text { (total } \\ \text { thin) } \end{gathered}$ | $<17.0$ <br> (moderately/ severely thin) | $\geq 25.0$ <br> (overweight or obese) | $\begin{gathered} \geq 30.0 \\ \text { (obese) } \end{gathered}$ | Number of women | $\begin{gathered} <18.5 \\ \text { (total } \\ \text { thin) } \end{gathered}$ | $<17.0$ <br> (moderately/ severely thin) | $\geq 25.0$ <br> (overweight or obese) | $\begin{aligned} & \geq 30.0 \\ & \text { (obese) } \end{aligned}$ |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 14.7 | 3.8 | 4.4 | 0.0 | 292 | 22.6 | 6.1 | 1.0 | 0.0 | 110 |
| 20-29 | 17.2 | 4.0 | 6.2 | 0.2 | 569 | 8.3 | 1.3 | 8.0 | 0.0 | 227 |
| 30-39 | 11.6 | 3.4 | 13.9 | 1.5 | 488 | 3.0 | 0.6 | 15.1 | 0.6 | 163 |
| 40-49 | 13.2 | 5.7 | 19.2 | 3.8 | 326 | 7.2 | 0.0 | 21.6 | 1.7 | 127 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 12.6 | 2.6 | 7.9 | 0.9 | 584 | 13.5 | 3.3 | 3.9 | 0.0 | 266 |
| Currently married | 15.4 | 4.9 | 12.5 | 1.5 | 951 | 5.8 | 0.6 | 17.3 | 0.9 | 340 |
| Widowed/divorced/ separated/deserted | 15.4 | 5.5 | 9.3 | 0.7 | 141 | * | * | * | * | 21 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.6 | 3.0 | 14.6 | 1.9 | 961 | 8.4 | 0.6 | 15.6 | 0.9 | 337 |
| Rural | 18.2 | 5.6 | 5.3 | 0.3 | 714 | 10.1 | 2.9 | 6.5 | 0.0 | 291 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 23.4 | 9.5 | 1.1 | 1.1 | 91 | (11.5) | (5.6) | (0.0) | (0.0) | 34 |
| $<5$ years complete | 18.1 | 8.2 | 7.2 | 0.0 | 237 | 10.4 | 1.6 | 12.2 | 1.8 | 58 |
| 5-9 years complete | 15.5 | 3.6 | 10.5 | 1.0 | 883 | 10.0 | 1.6 | 10.0 | 0.3 | 356 |
| 10 or more years complete | 8.7 | 1.9 | 14.5 | 2.2 | 465 | 6.7 | 1.1 | 15.9 | 0.6 | 181 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | (9.4) | (0.0) | (18.9) | (0.0) | 33 | * | * | * | * | 17 |
| Christian | 14.7 | 4.2 | 10.8 | 1.3 | 1,589 | 9.7 | 1.7 | 12.1 | 0.5 | 575 |
| Other ${ }^{2}$ | (8.2) | (2.0) | (0.0) | (0.0) | 47 | (4.0) | (4.0) | (4.0) | (0.0) | 24 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | (16.7) | (5.6) | (0.0) | (0.0) | 34 | * | * | * | * | 17 |
| Second | 15.5 | 3.5 | 1.2 | 0.0 | 81 | (8.2) | (0.0) | (0.0) | (0.0) | 35 |
| Middle | 25.4 | 8.8 | 3.3 | 0.0 | 263 | 12.9 | 2.9 | 1.0 | 0.0 | 98 |
| Fourth | 16.6 | 5.3 | 8.6 | 0.2 | 561 | 9.1 | 2.2 | 7.9 | 0.0 | 216 |
| Highest | 8.5 | 1.6 | 16.4 | 2.7 | 735 | 8.2 | 0.8 | 20.0 | 1.2 | 262 |
| Total | 14.4 | 4.1 | 10.6 | 1.2 | 1,675 | 9.2 | 1.7 | 11.4 | 0.5 | 628 |

[^7]| Table 57 Prevalence of anaemia in adults |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men age 15-49 with anaemia, by background characteristics, Mizoram, 2005-06, and percentage of ever-married women age 15-49 with anaemia, NFHS-3 and NFHS-2 |  |  |  |  |  |  |  |  |  |  |
|  | Women |  |  |  | Number of women | Men |  |  |  | Number of men |
| Background characteristic | $\begin{gathered} \hline \text { Mild (10.0- } \\ 11.9 \mathrm{~g} / \mathrm{dl})^{1} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Moderate } \\ (7.0-9.9 \mathrm{~g} / \mathrm{dl}) \end{gathered}$ | $\begin{gathered} \text { Severe } \\ (<7.0 \mathrm{~g} / \mathrm{dl}) \end{gathered}$ | Any anaemia $(<12.0 \mathrm{~g} / \mathrm{dl})^{2}$ |  | $\begin{gathered} \hline \text { Mild (12.0- } \\ 12.9 \mathrm{~g} / \mathrm{dl}) \\ \hline \end{gathered}$ | $\begin{gathered} \text { Moderate } \\ (9.0-11.9 \mathrm{~g} / \mathrm{dl}) \\ \hline \end{gathered}$ | $\begin{gathered} \text { Severe } \\ (<9.0 \mathrm{~g} / \mathrm{dl}) \end{gathered}$ | Any anaemia $(<13.0 \mathrm{~g} / \mathrm{dl})$ |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 29.7 | 8.3 | 1.3 | 39.4 | 304 | 9.7 | 14.7 | 0.0 | 24.4 | 111 |
| 20-29 | 27.5 | 9.5 | 0.5 | 37.5 | 631 | 9.5 | 7.8 | 0.0 | 17.4 | 226 |
| 30-39 | 31.1 | 8.3 | 0.4 | 39.7 | 510 | 7.9 | 8.4 | 0.0 | 16.3 | 163 |
| 40-49 | 28.7 | 8.5 | 0.9 | 38.1 | 328 | 13.9 | 7.0 | 1.5 | 22.3 | 125 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 26.6 | 6.9 | 0.9 | 34.3 | 589 | 7.7 | 10.3 | 0.0 | 18.0 | 266 |
| Currently married | 31.0 | 10.1 | 0.4 | 41.4 | 1,042 | 11.8 | 8.3 | 0.3 | 20.4 | 338 |
| Widowed/divorced/ separated/deserted | 25.8 | 6.9 | 2.1 | 34.8 | 142 | * | * | * | * | 21 |
| Maternity status |  |  |  |  |  |  |  |  |  |  |
| Pregnant | 24.9 | 23.3 | 1.0 | 49.3 | 91 | na | na | na | na | na |
| Breastfeeding | 37.0 | 8.5 | 0.6 | 46.2 | 294 | na | na | na | na | na |
| Neither | 27.7 | 7.9 | 0.6 | 36.2 | 1,387 | na | na | na | na | na |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 24.9 | 5.7 | 0.4 | 31.0 | 1,001 | 6.2 | 5.0 | 0.0 | 11.2 | 337 |
| Rural | 34.6 | 12.7 | 1.0 | 48.3 | 772 | 14.4 | 13.8 | 0.7 | 28.9 | 289 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 37.9 | 23.3 | 2.9 | 64.1 | 99 | (19.6) | (31.2) | (2.8) | (53.6) | 34 |
| $<5$ years complete | 35.6 | 13.1 | 0.8 | 49.5 | 253 | 16.9 | 15.2 | 1.7 | 33.8 | 57 |
| 5-9 years complete | 28.2 | 7.6 | 0.6 | 36.5 | 932 | 8.3 | 8.0 | 0.0 | 16.3 | 356 |
| 10 or more years complete | 25.7 | 5.8 | 0.2 | 31.7 | 488 | 9.4 | 5.1 | 0.0 | 14.4 | 180 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | (19.2) | (9.5) | (3.3) | (32.0) | 32 | * | * | * | * | 17 |
| Christian | 28.6 | 8.3 | 0.6 | 37.6 | 1,682 | 9.0 | 8.0 | 0.3 | 17.4 | 574 |
| Other ${ }^{3}$ | 51.9 | 24.1 | 0.0 | 75.9 | 52 | (27.9) | (39.8) | (0.0) | (67.7) | 24 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | (38.5) | (35.9) | (0.0) | (74.4) | 37 | * | * | * | * | 17 |
| Second | 43.5 | 20.7 | 3.1 | 67.2 | 94 | (19.2) | (30.5) | (0.0) | (49.7) | 35 |
| Middle | 37.2 | 13.1 | 1.4 | 51.7 | 287 | 11.9 | 12.9 | 2.0 | 26.8 | 97 |
| Fourth | 30.1 | 7.5 | 0.3 | 38.0 | 595 | 11.4 | 6.3 | 0.0 | 17.7 | 216 |
| Highest | 23.1 | 5.3 | 0.4 | 28.8 | 761 | 5.1 | 4.3 | 0.0 | 9.4 | 262 |
| Total | 29.1 | 8.8 | 0.7 | 38.6 | 1,773 | 10.0 | 9.0 | 0.3 | 19.4 | 626 |
| Total for ever-married women |  |  |  |  |  |  |  |  |  |  |
| NFHS-3 (2005-06) | 30.4 | 9.7 | 0.6 | 40.7 | 1,184 | na | na | na | na | na |
| NFHS-2 (1998-99) | 35.2 | 12.1 | 0.7 | 48.0 | 1,008 | na | na | na | na | na |

Note: Prevalence of anaemia, based on haemoglobin levels is adjusted for altitude and for smoking status, if known, using the CDC formula (Centers for Disease Control (CDC). 1998. Recommendations to prevent and control iron deficiency in the United States. Morbidity and Mortality Weekly Report 47 (RR-3): 1-29). Haemoglobin levels shown in grams per decilitre (g/dl). Total includes Muslim women/men and women with missing information on religion, who are not shown separately.
na $=$ Not applicable
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ For pregnant women the value is $10.0-10.9 \mathrm{~g} / \mathrm{dl}$.
${ }^{2}$ For pregnant women the value is $<11 \mathrm{~g} / \mathrm{dl}$.
${ }^{3}$ Not Hindu, Muslim, or Christian.

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| Background characteristic | Percentage who have heard of AIDS |  | Percentage who say that the risk of HIV/AIDS can be reduced by using condoms |  | Percentage who know that the risk of HIV/AIDS can be reduced by limiting sex to one uninfected partner |  | Percentage who have a comprehensive knowledge about HIV/AIDS ${ }^{1}$ |  | Percentage who know that HIV/AIDS can be transmitted from a mother to her baby |  | Number |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women | Men | Women | Men | Women | Men | Women | Men | Women | Men | Women | Men |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | (90.8) | * | (78.2) | * | (78.2) | * | (56.2) | * | (75.1) | * | 33 | 17 |
| Christian | 96.9 | 98.5 | 90.9 | 93.4 | 93.1 | 95.6 | 67.8 | 70.3 | 92.6 | 87.4 | 1,699 | 582 |
| Other ${ }^{3}$ | 22.2 | (40.3) | 18.5 | (36.3) | 22.2 | (40.3) | 5.6 | (11.9) | 16.7 | (36.3) | 52 | 24 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | (25.6) | * | (23.1) | * | (25.6) | * | (10.3) | * | (23.1) | * | 37 | 17 |
| Second | 71.8 | (89.3) | 61.9 | (86.7) | 65.7 | (86.7) | 32.2 | (51.5) | 61.7 | (75.7) | 96 | 36 |
| Middle | 91.7 | 94.3 | 85.3 | 87.3 | 87.3 | 92.2 | 55.1 | 56.4 | 86.3 | 77.4 | 289 | 99 |
| Fourth | 97.7 | 98.7 | 93.6 | 93.7 | 94.3 | 95.8 | 69.1 | 67.6 | 94.4 | 84.0 | 597 | 217 |
| Highest | 99.6 | 100.0 | 92.4 | 93.8 | 95.6 | 96.9 | 74.1 | 78.1 | 95.0 | 94.1 | 772 | 267 |
| Total | 94.7 | 96.4 | 88.6 | 90.9 | 90.8 | 93.5 | 65.8 | 67.8 | 90.1 | 85.2 | 1,791 | 635 |
| Note: Total includes Muslim women/men and women with missing information on religion, who are not shown separately. <br> na $=$ Not applicable <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Respondents with comprehensive knowledge say that the use of a condom for every act of sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV/AIDS healthy-looking person can have HIV/AIDS, and reject the two most common misconceptions in NFHS-3, namely that HIV/AIDS can be transmitted by mosquito bites and by sharing food. <br> ${ }^{2}$ Exposure to radio, television, or newspapers/magazines at least once a week. <br> ${ }^{3}$ Not Hindu, Muslim, or Christian. |  |  |  |  |  |  |  |  |  |  |  |  |

Table 59 Accepting attitudes toward those living with HIV/AIDS
Among women and men age 15-49 who have heard of AIDS, percentage expressing specific accepting attitudes toward people with HIV/AIDS, by background characteristics, Mizoram, 2005-06

| Background characteristic | Percentage of women who: |  |  |  | Percentage of women expressing accepting attitudes on all four indicators | Number of women who have heard of AIDS | Percentage of men who: |  |  |  | Percentage of men expressing accepting attitudes on all four indicators | Number of men who have heard of AIDS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Are willing to care for a relative with HIV/AIDS in own home | Would buy fresh vegetables from a shopkeeper who has HIV/AIDS | Say that a female teacher who has HIV/AIDS but is not sick should be allowed to continue teaching | Would not want to keep secret that a family member got infected with HIV/AIDS |  |  | Are willing to care for a relative with HIV/AIDS in own home | Would buy fresh vegetables from a shopkeeper who has HIV/AIDS | Say that a female teacher who has HIV/AIDS but is not sick should be allowed to continue teaching | Would not want to keep secret that a family member got infected with HIV/AIDS |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 76.8 | 66.6 | 65.0 | 54.6 | 29.9 | 619 | 84.8 | 70.1 | 61.9 | 54.4 | 27.8 | 216 |
| 15-19 | 77.8 | 65.4 | 67.5 | 56.3 | 31.7 | 290 | 83.6 | 70.2 | 63.4 | 56.3 | 30.8 | 108 |
| 20-24 | 75.9 | 67.6 | 62.8 | 53.1 | 28.3 | 329 | 86.0 | 70.0 | 60.3 | 52.5 | 24.8 | 108 |
| 25-29 | 72.6 | 65.0 | 65.2 | 53.0 | 29.2 | 278 | 87.5 | 80.6 | 73.4 | 48.4 | 33.5 | 113 |
| 30-39 | 78.0 | 65.0 | 63.6 | 51.5 | 28.5 | 489 | 79.2 | 73.5 | 64.9 | 50.7 | 25.7 | 157 |
| 40-49 | 75.8 | 61.5 | 63.6 | 58.5 | 27.8 | 310 | 78.1 | 71.5 | 59.6 | 62.9 | 28.5 | 126 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 75.5 | 65.8 | 66.6 | 50.6 | 27.1 | 1,000 | 82.2 | 76.7 | 69.6 | 50.3 | 27.9 | 342 |
| Rural | 77.4 | 63.6 | 61.2 | 59.3 | 31.7 | 696 | 82.8 | 68.8 | 57.5 | 58.9 | 29.1 | 270 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | (49.1) | (38.1) | (31.3) | (55.9) | (13.4) | 43 | * | * | * | * | * | 23 |
| <5 years complete | 72.6 | 52.0 | 50.7 | 58.7 | 23.3 | 235 | 81.7 | 64.1 | 58.1 | 60.8 | 24.0 | 54 |
| 5-9 years complete | 77.3 | 66.4 | 62.7 | 55.1 | 29.3 | 926 | 84.2 | 72.2 | 63.1 | 57.1 | 28.2 | 354 |
| 10 or more years complete | 78.5 | 70.7 | 76.8 | 49.9 | 32.4 | 491 | 84.6 | 83.0 | 73.6 | 49.1 | 33.3 | 181 |
| Regular media exposure ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Yes | 77.2 | 65.8 | 65.2 | 53.8 | 28.9 | 1,524 | 82.5 | 74.7 | 64.2 | 55.2 | 29.5 | 568 |
| No | 68.0 | 57.2 | 57.3 | 56.8 | 30.2 | 172 | (82.3) | (53.5) | (66.2) | (40.3) | (15.4) | 44 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 78.2 | 67.5 | 67.8 | 53.5 | 29.7 | 575 | 83.9 | 72.5 | 67.2 | 51.7 | 28.4 | 261 |
| Currently married | 74.8 | 63.1 | 61.9 | 54.1 | 27.6 | 980 | 80.8 | 73.3 | 62.4 | 55.8 | 28.1 | 330 |
| Widowed/divorced/ separated/deserted | 78.6 | 67.4 | 67.8 | 57.2 | 35.9 | 140 | * | * | * | * | * | 21 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | (51.7) | (30.9) | (51.7) | (45.1) | (17.3) | 30 | * | * | * | * | * | 17 |
| Christian | 77.1 | 65.9 | 64.9 | 54.6 | 29.3 | 1,647 | 85.0 | 75.8 | 65.4 | 54.9 | 29.3 | 574 |
| Other ${ }^{2}$ | * | * | * | * | * | 11 | * | * | * | * | * | 10 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | * | * | * | * | 10 | * | * | * | * | * | 7 |
| Second | 59.5 | 42.0 | 42.4 | 59.5 | 20.9 | 69 | (66.6) | (46.0) | (42.1) | (63.6) | (17.9) | 32 |
| Middle | 75.4 | 62.3 | 54.1 | 61.2 | 29.3 | 264 | 80.2 | 61.4 | 48.0 | 55.9 | 19.5 | 93 |
| Fourth | 77.1 | 63.9 | 63.1 | 54.0 | 29.6 | 584 | 83.1 | 74.4 | 63.6 | 57.8 | 28.3 | 214 |
| Highest | 77.5 | 68.9 | 71.1 | 51.4 | 29.3 | 769 | 85.3 | 80.7 | 74.1 | 50.7 | 33.7 | 267 |
| Total | 76.3 | 64.9 | 64.4 | 54.1 | 29.0 | 1,696 | 82.5 | 73.2 | 64.3 | 54.1 | 28.4 | 612 |

Note: Total includes Muslim women/men and women with missing information on religion, who are not shown separately.
() Based on 25-49 unweighted cases.
1 Percentage not shown; based on fewer than 25 unweighted cases.
1 Exposure to radio, television, or newspapers/magazines at least once a week.
2 Not Hindu, Muslim, or Christian.

## Table 60 Sexual behaviour, blood transfusion, and injections

Indicators of higher-risk sexual behaviour, use of blood transfusion, prior HIV testing, and medical injections for women and men age 15-49, by residence, Mizoram, 2005-06

| Behaviour/blood transfusion/injections | Urban |  | Rural |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women | Men | Women | Men | Women | Men |
| Among those who had sexual intercourse in the past $\mathbf{1 2}$ months: |  |  |  |  |  |  |
| Percentage who had two or more partners in the past 12 months | 0.0 | 2.0 | 0.0 | 0.5 | 0.0 | 1.3 |
| Percentage who had higher-risk intercourse in the past 12 months ${ }^{1}$ | 1.4 | 12.7 | 1.7 | 8.4 | 1.6 | 10.7 |
| Percentage who had two or more partners and higher-risk intercourse in the past 12 months $^{1}$ | 0.0 | 1.5 | 0.0 | 0.5 | 0.0 | 1.1 |
| Number who had sexual intercourse in the past 12 months | 580 | 207 | 505 | 181 | 1,085 | 388 |
| Among those who had higher-risk intercourse in the past 12 months, percentage who reported using a condom at last higher-risk intercourse ${ }^{1}$ | * | (32.0) | * | * | * | (29.4) |
| Number who had higher-risk intercourse in the past 12 months | 8 | 26 | 9 | 15 | 17 | 41 |
| Among those who ever had sexual intercourse, mean number of sexual partners in lifetime | 1.1 | 3.4 | 1.1 | 3.0 | 1.1 | 3.2 |
| Number who ever had sexual intercourse | 666 | 260 | 590 | 209 | 1,256 | 470 |
| Percentage who paid for sexual intercourse in the past 12 months | na | 0.3 | na | 0.0 | na | 0.2 |
| Number of men | na | 342 | na | 293 | na | 635 |
| Percentage ever tested for HIV prior to NFHS-3 | 8.2 | 10.7 | 3.7 | 4.9 | 6.2 | 8.0 |
| Percentage who have ever had a blood transfusion | 6.2 | 8.0 | 3.4 | 3.6 | 5.0 | 5.9 |
| Percentage who received an injection from a health worker in the past 12 months ${ }^{2}$ | 12.9 | 9.2 | 11.1 | 9.4 | 12.2 | 9.3 |
| Mean number of medical injections in the past 12 months ${ }^{2}$ | 0.9 | 0.6 | 0.7 | 0.7 | 0.8 | 0.6 |
| Number of respondents | 1,010 | 342 | 781 | 293 | 1,791 | 635 |
| Among those who received an injection from a health worker in the past 12 months, percentage for whom for the last injection, the syringe and needle were taken from a newly opened package or the needle was sterilized ${ }^{2}$ | 99.2 | (90.0) | 97.8 | (96.6) | 98.6 | 93.1 |
| Number of respondents who received an injection from a health worker in the past 12 months $^{2}$ | 131 | 32 | 87 | 27 | 218 | 59 |
| na $=$ Not applicable |  |  |  |  |  |  |
| ( ) Based on 25-49 unweighted cases. |  |  |  |  |  |  |
| * Percentage not shown; based on fewer than 25 unweighted cases. |  |  |  |  |  |  |
| ${ }^{1}$ Sexual intercourse with a partner who was neither a spouse nor who lived with the respondent. |  |  |  |  |  |  |

Table 61 Knowledge of AIDS and sexual behaviour: Youth
Indicators of HIV/AIDS knowledge and sexual behaviour for women and men age 15-24, by residence, Mizoram, 2005-06

| Knowledge and behaviour | Urban |  | Rural |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women | Men | Women | Men | Women | Men |
| Knowledge |  |  |  |  |  |  |
| Percentage with comprehensive knowledge of AIDS ${ }^{1}$ | 72.9 | 70.0 | 57.0 | 57.3 | 65.9 | 63.8 |
| Percentage who know a condom source | 61.8 | 77.3 | 58.7 | 70.9 | 60.4 | 74.2 |
| Sexual behaviour |  |  |  |  |  |  |
| Percentage who have ever had sexual intercourse | 31.3 | 47.3 | 49.2 | 40.2 | 39.3 | 43.8 |
| Percentage who had sexual intercourse before age 15 | 0.6 | 0.9 | 2.6 | 1.7 | 1.5 | 1.3 |
| HIV testing, injections, and blood transfusion |  |  |  |  |  |  |
| Percentage who have ever had a blood transfusion | 2.8 | 4.5 | 2.6 | 4.3 | 2.7 | 4.4 |
| Percentage who received an injection from a health worker in the past 12 months ${ }^{2}$ | 13.7 | 10.0 | 14.4 | 11.1 | 14.0 | 10.5 |
| Mean number of medical injections in the past 12 months ${ }^{2}$ | 0.7 | 0.3 | 0.8 | 0.6 | 0.8 | 0.5 |
| Number of respondents age 15-24 | 364 | 116 | 291 | 111 | 656 | 226 |
| Among those who received an injection from a health worker in the past 12 months, percentage for whom for the last injection, the syringe and needle were taken from a newly opened package or the needle was sterilized ${ }^{2}$ | (100.0) | * | (97.7) | * | 99.0 | * |
| Number of respondents who received an injection from a health worker in the past 12 months $^{2}$ | 50 | 12 | 42 | 12 | 92 | 24 |
| Percentage who used a condom at first sexual intercourse | 4.5 | 13.5 | 2.0 | (10.6) | 3.1 | 12.2 |
| Number who ever had sexual intercourse | 114 | 55 | 143 | 45 | 257 | 99 |
| Percentage tested for HIV and received results in the past 12 months | 4.2 | (0.0) | 0.8 | (3.4) | 2.3 | 1.6 |
| Percentage who had higher-risk intercourse ${ }^{3}$ in the past 12 months | 7.4 | (46.9) | 6.8 | (34.5) | 7.1 | 41.3 |
| Number who had sexual intercourse in the past 12 months | 99 | 34 | 126 | 27 | 225 | 61 |
| Percentage who reported using a condom at last higher-risk intercourse ${ }^{3}$ | * | * | * | * | * | (35.8) |
| Number who had higher-risk sexual intercourse ${ }^{3}$ in the past 12 months | 7 | 16 | 9 | 9 | 16 | 25 |
| Among those never married |  |  |  |  |  |  |
| Percentage who have never had sexual intercourse | 94.9 | 62.4 | 88.1 | 72.2 | 92.2 | 67.1 |
| Percentage who had sexual intercourse in the past 12 months | 2.8 | 16.1 | 5.1 | 11.3 | 3.7 | 13.8 |
| Number of never married respondents age 15-24 | 264 | 98 | 168 | 92 | 432 | 190 |
| ( ) Based on 25-49 unweighted cases. |  |  |  |  |  |  |
| * Percentage not shown; based on fewer than 25 unweighted cases. |  |  |  |  |  |  |
| ${ }^{1}$ Respondents with comprehensive knowledge say that use of a condom for every act can reduce the chance of getting HIV/AIDS, say that a healthy-looking person can NFHS-3, namely that HIV/AIDS can be transmitted by mosquito bites and by sharing food <br> ${ }^{2}$ Injection given by a doctor, nurse, pharmacist, dentist, or other health worker. <br> ${ }^{3}$ Sexual intercourse with a partner who was neither a spouse nor lived with the respon | of sexual HIV/A d. <br> ent. | ercourse <br> and | d having ct the two | one u ost com | fected faith on miscon | partn ptions |



| Table 63 Prevalence of tuberculosis |  |  |  |
| :---: | :---: | :---: | :---: |
| Number of persons per 100,000 usual household residents suffering from any tuberculosis and medically treated tuberculosis, by age, sex, and main type of cooking fuel, according to residence, Mizoram, 2005-06 |  |  |  |
| Number of persons per 100,000 suffering from: |  |  |  |
| Characteristic | Tuberculosis ${ }^{1}$ | Medically treated tuberculosis | Number of usua residents |
| URBAN |  |  |  |
| Age |  |  |  |
| <15 | 530 | 530 | 1,182 |
| 15-59 | 632 | 587 | 2,313 |
| 60+ | 0 | 0 | 265 |
| Sex |  |  |  |
| Women | 555 | 555 | 1,882 |
| Men | 556 | 500 | 1,879 |
| Cooking fuel |  |  |  |
| Solid fuel ${ }^{2}$ | 282 | 282 | 371 |
| Other fuel | 585 | 555 | 3,390 |
| Total | 555 | 528 | 3,761 |
| RURAL |  |  |  |
| Age |  |  |  |
| <15 | 72 | 72 | 1,327 |
| 15-59 | 664 | 511 | 1,865 |
| 60+ | 1,544 | 1,158 | 247 |
| Sex |  |  |  |
| Women | 668 | 445 | 1,712 |
| Men | 331 | 331 | 1,727 |
| Cooking fuel |  |  |  |
| Solid fuel ${ }^{2}$ | 554 | 384 | 2,234 |
| Other fuel | 395 | 395 | 1,205 |
| Total | 499 | 388 | 3,439 |
| TOTAL |  |  |  |
| Age |  |  |  |
| <15 | 288 | 288 | 2,509 |
| 15-59 | 646 | 553 | 4,179 |
| 60+ | 744 | 558 | 512 |
| Sex |  |  |  |
| Women | 609 | 503 | 3,594 |
| Men | 448 | 419 | 3,606 |
| Cooking fuel |  |  |  |
| Solid fuel ${ }^{2}$ | 516 | 369 | 2,605 |
| Other fuel | 535 | 513 | 4,595 |
| Total | 528 | 461 | 7,200 |
| ${ }^{1}$ Includes medically treated tuberculosis. |  |  |  |


|  |  | 우ㄴㅜㅜ <br> ぶぶু <br> No <br> ペ No <br> さ～突 <br> 人ूं <br> त्वे <br> $\stackrel{\sim}{\dot{m}}{ }_{-}^{\infty}{ }_{0}^{n}$ <br> Nٌ <br>  <br>  <br> 융 쿤 <br> $\bullet$ ロ <br> ずず ぐ | $\stackrel{\dot{\infty}}{\infty} \underset{\sim}{\circ}$ $\underset{\sim}{\mathcal{W}} \underset{\sim}{\check{N}}$ $\begin{aligned} & \text { oे } \\ & \dot{\circ} \dot{\circ} \end{aligned}$ <br> 末ूㅁํㅁ <br> ${ }_{\circ}^{\infty}$ مٌ <br> 寺守 <br> ํ～ <br> $\stackrel{+}{\infty} \stackrel{\infty}{+\infty}$ <br> $\stackrel{\circ}{O_{0}^{\infty}}$ <br> No | へ が <br> ＊Ni <br> ＊${ }_{\infty}^{\infty}$ <br> ＊$\underset{\sim}{\infty} \underset{\sim}{m} \stackrel{n}{\sim}$ <br> ＊$\stackrel{0}{\dot{\lambda}} \underset{\sim}{\infty} \underset{\sim}{\infty}$ <br> 凩～～～ <br>  <br>  <br>  <br>  <br> ～～ <br> 운 <br>  <br>  <br>  | $\stackrel{\sim}{\sim}{\underset{\sim}{e}}_{\substack{+}}$ <br> $\stackrel{\sim}{\sim}$ <br> oin o <br> mo $\underset{-}{\underset{0}{n}}$ <br> Mo 옹 <br> © から <br>  | へ－ <br> ＊ <br>  <br> ＊ <br>  <br>  <br>  <br>  <br> ＊$\stackrel{\infty}{\infty} \stackrel{\infty}{\mathrm{N}} \mathrm{\sim}$ <br>  <br>  <br>  <br> 的吹珨合N <br>  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

## Table 65 Health problems

Number of women and men age 15-49 per 100,000 who reported that they have diabetes, asthma, or goitre or any other thyroid disorders, by background characteristics, Mizoram, 2005-06

| Background characteristic | Number of women per 100,000 who have: |  |  | Total number of women | Number of men per 100,000 who have: |  |  | $\begin{gathered} \text { Total } \\ \text { number of } \\ \text { men } \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Diabetes | Asthma | Goitre or other thyroid disorder |  | Diabetes | Asthma | Goitre or other thyroid disorder |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 672 | 1,680 | 672 | 309 | 925 | 1,668 | 0 | 114 |
| 20-34 | 1,168 | 3,108 | 1,296 | 942 | 0 | 1,560 | 0 | 317 |
| 35-49 | 1,522 | 5,433 | 3,512 | 540 | 463 | 3,954 | 976 | 205 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 1,542 | 4,522 | 2,158 | 1,010 | 307 | 2,147 | 307 | 342 |
| Rural | 733 | 2,323 | 1,467 | 781 | 324 | 2,589 | 324 | 293 |
| Education |  |  |  |  |  |  |  |  |
| No education | 953 | 5,013 | 1,989 | 100 | (0) | $(3,017)$ | (0) | 35 |
| <5 years complete | 376 | 4,705 | 3,414 | 254 | 1,640 | 3,281 | 1,640 | 58 |
| 5-9 years complete | 1,174 | 3,319 | 1,183 | 944 | 293 | 2,784 | 293 | 359 |
| 10 or more years complete | 1,687 | 3,146 | 2,319 | 492 | 0 | 1,087 | 0 | 184 |
| Wealth index |  |  |  |  |  |  |  |  |
| Lowest | (0) | (0) | $(2,564)$ | 37 | * | * | * | 17 |
| Second | 997 | 1,994 | 0 | 96 | (0) | (0) | (0) | 36 |
| Middle | 331 | 4,086 | 1,683 | 289 | 0 | 4,040 | 958 | 99 |
| Fourth | 1,001 | 3,349 | 1,320 | 597 | 436 | 1,309 | 484 | 217 |
| Highest | 1,737 | 3,899 | 2,533 | 772 | 394 | 3,036 | 0 | 267 |
| Total | 1,189 | 3,563 | 1,857 | 1,791 | 315 | 2,351 | 315 | 635 |

Table 66 Tobacco and alcohol use by women and men
Percentage of women and men age 15-49 by their use of tobacco and alcohol, percent distribution of those who smoke cigarettes or bidis by number of cigarettes/bidis smoked in the 24 hours preceding the survey, and among those who drink alcohol, the frequency of alcohol consumption, by residence, Mizoram, 2005-06

| Tobacco/alcohol use | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Use of tobacco/alcohol |  |  |  |  |  |  |
| Smokes cigarettes or bidis | 13.6 | 19.4 | 16.1 | 74.5 | 72.5 | 73.6 |
| Smokes cigars or pipe | 4.2 | 6.7 | 5.3 | 56.4 | 38.5 | 48.2 |
| Chews paan masala, gutkha, or other tobacco | 49.8 | 61.7 | 55.0 | 29.8 | 47.9 | 38.1 |
| Uses snuff | 0.0 | 0.1 | 0.1 | 0.0 | 0.6 | 0.3 |
| Other | 0.6 | 1.1 | 0.8 | 0.3 | 0.3 | 0.3 |
| Does not use tobacco | 44.7 | 32.0 | 39.2 | 18.4 | 14.6 | 16.6 |
| Drinks alcohol | 0.7 | 0.6 | 0.7 | 43.3 | 40.5 | 42.0 |
| Number of respondents | 1,010 | 781 | 1,791 | 342 | 293 | 635 |
| Number of cigarettes/bidis smoked in the past 24 hours |  |  |  |  |  |  |
| 0 | 4.5 | 2.5 | 3.5 | 0.8 | 0.0 | 0.4 |
| 1-4 | 62.9 | 59.7 | 61.2 | 11.5 | 8.9 | 10.3 |
| 5-9 | 17.4 | 25.2 | 21.5 | 21.4 | 22.3 | 21.8 |
| 10 or more | 15.2 | 12.6 | 13.8 | 66.3 | 68.7 | 67.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of cigarette/bidi smokers | 137 | 152 | 289 | 255 | 212 | 467 |
| Among those who drink alcohol, frequency of drinking |  |  |  |  |  |  |
| Almost every day | * | * | * | 5.0 | 6.4 | 5.6 |
| About once a week | * | * | * | 36.9 | 16.8 | 28.0 |
| Less than once a week | * | * | * | 58.2 | 76.8 | 66.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of respondents who drink alcohol | 7 | 5 | 12 | 148 | 118 | 266 |
| * Percentage not shown; based on fewer than 25 unweighted cases. |  |  |  |  |  |  |


| Table 67 Source of health care |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of households by the source of health care that household members generally use when they get sick, percentage of households with at least one usual member covered by health insurance or a health scheme, and percentage of households with at least one usual member covered by health insurance or a health scheme that have different types of health coverage, according to residence and the wealth index, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |
|  | Residence |  |  | Wealth index |  |  |  |  |
| Source/health insurance | Urban | Rural | Lowest | Second | Middle | Fourth | Highest | Total |
| Public medical sector | 88.1 | 93.6 | (92.3) | 84.1 | 93.8 | 95.7 | 85.1 | 90.6 |
| Government/municipal hospital | 69.4 | 29.2 | (12.8) | 12.9 | 28.9 | 53.7 | 67.7 | 50.9 |
| Government dispensary | 0.4 | 0.8 | (7.7) | 1.1 | 0.0 | 0.9 | 0.0 | 0.6 |
| UHC/UHP/UFWC | 0.1 | 0.0 | (0.0) | 1.2 | 0.0 | 0.0 | 0.0 | 0.1 |
| CHC/rural hospital/PHC | 18.1 | 49.6 | (53.8) | 44.5 | 51.7 | 36.2 | 16.3 | 32.6 |
| Sub-centre | 0.0 | 13.5 | (15.4) | 22.3 | 13.2 | 4.6 | 1.2 | 6.2 |
| Anganwadi/ICDS centre | 0.0 | 0.1 | (0.0) | 1.1 | 0.0 | 0.0 | 0.0 | 0.1 |
| Other public medical sector | 0.1 | 0.3 | 2.6 | 1.1 | 0.0 | 0.2 | 0.0 | 0.2 |
| NGO or trust hospital/clinic | 0.9 | 1.9 | (2.6) | 7.4 | 1.0 | 0.7 | 1.1 | 1.4 |
| Private medical sector | 10.6 | 3.6 | (5.1) | 7.4 | 3.1 | 3.0 | 13.8 | 7.4 |
| Private hospital | 4.7 | 0.8 | (0.0) | 0.0 | 0.3 | 0.7 | 7.0 | 2.9 |
| Private doctor/clinic | 5.6 | 0.8 | (0.0) | 0.0 | 1.1 | 1.9 | 6.8 | 3.4 |
| Traditional healer | 0.1 | 0.4 | (0.0) | 0.0 | 1.0 | 0.2 | 0.0 | 0.3 |
| Pharmacy/drugstore | 0.1 | 0.0 | (0.0) | 0.0 | 0.0 | 0.2 | 0.0 | 0.1 |
| Dai (TBA) | 0.0 | 0.3 | (2.6) | 1.1 | 0.0 | 0.0 | 0.0 | 0.1 |
| Other private medical sector | 0.0 | 1.2 | (2.6) | 6.4 | 0.7 | 0.0 | 0.0 | 0.6 |
| Other source | 0.4 | 1.0 | (0.0) | 1.1 | 2.1 | 0.6 | 0.0 | 0.6 |
| Shop | 0.3 | 0.3 | (0.0) | 0.0 | 0.3 | 0.6 | 0.0 | 0.3 |
| Home treatment | 0.1 | 0.7 | (0.0) | 1.1 | 1.7 | 0.0 | 0.0 | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Health insurance <br> Percentage of households in which at least one usual member is covered by a health scheme or health insurance |  |  |  |  |  |  |  |  |
|  | 3.3 | 1.0 | (0.0) | 0.0 | 0.3 | 0.9 | 4.9 | 2.2 |
| Number of households | 816 | 697 | 37 | 90 | 282 | 539 | 565 | 1,513 |
| Type of coverage among households in which at least one usual member is covered by a health scheme/health insurance |  |  |  |  |  |  |  |  |
| Employee State Insurance Scheme (ESIS) | (30.8) | * | nc | nc | * | * | (33.4) | (30.3) |
| Central Government Health Scheme (CGHS) | (19.2) | * | nc | nc | * | * | (29.0) | (23.9) |
| Community health insurance programme | (3.8) | * | nc | nc | * | * | (3.8) | (3.1) |
| Other health insurance through employer | (7.7) | * | nc | nc | * | * | (0.0) | (9.0) |
| Medical reimbursement from employer | (11.5) | * | nc | nc | * | * | (11.3) | (12.1) |
| Other privately purchased commercial health insurance | (15.4) | * | nc | nc | * | * | (15.0) | (12.4) |
| Other | (23.1) | * | nc | nc | * | * | (18.8) | (18.5) |
| Number of households | 27 | 7 | 0 | 0 | 1 | 5 | 28 | 34 |
| UHC = Urban health centre; UHP = Urban health post; UFWC = Urban family welfare centre; $\mathrm{CHC}=$ Community health centre; PHC = Primary health centre; ICDS = Integrated Child Development Services; NGO $=$ Nongovernmental organization, TBA $=$ Traditional birth attendant <br> $\mathrm{nc}=$ Not calculated because there are no cases <br> ( ) Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. |  |  |  |  |  |  |  |  |

## Table 68 Employment and cash earnings of currently married women and men

Percentage of currently married women and men age 15-49 who were employed at any time in the 12 months preceding the survey and percent distribution of currently married women and men employed in the 12 months preceding the survey by type of earnings and sector, according to age, Mizoram, 2005-06

| Age | Percentage employed | Number of respondents | Percent distribution of employed respondents by type of earnings |  |  |  | Total | Percent distribution of employed respondents by sector |  | Total | Number of employed respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Cash only | Cash and in-kind | In-kind only | Not paid |  | Agriculture | Nonagriculture |  |  |
| WOMEN |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | (32.9) | 35 | * | * | * | * | 100.0 | * | * | 100.0 | 12 |
| 20-24 | 27.1 | 164 | (38.5) | (12.9) | (2.1) | (46.5) | 100.0 | (68.1) | (31.9) | 100.0 | 45 |
| 25-29 | 30.7 | 175 | 41.6 | 13.2 | 8.9 | 36.3 | 100.0 | 48.8 | 51.2 | 100.0 | 54 |
| 30-34 | 48.4 | 242 | 51.0 | 15.0 | 1.7 | 32.4 | 100.0 | 50.8 | 49.2 | 100.0 | 117 |
| 35-39 | 55.2 | 163 | 50.1 | 18.6 | 2.1 | 29.2 | 100.0 | 44.3 | 55.7 | 100.0 | 90 |
| 40-44 | 57.9 | 156 | 43.9 | 20.9 | 0.0 | 35.2 | 100.0 | 52.6 | 47.4 | 100.0 | 90 |
| 45-49 | 58.5 | 119 | 42.1 | 18.4 | 1.5 | 38.0 | 100.0 | 56.4 | 43.6 | 100.0 | 69 |
| Total | 45.2 | 1,054 | 44.9 | 16.7 | 2.2 | 36.1 | 100.0 | 53.1 | 46.9 | 100.0 | 477 |
| MEN |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | * | 4 | * | * | * | * | 100.0 | * | * | 100.0 | 3 |
| 20-24 | (96.5) | 30 | (63.1) | (13.2) | (3.3) | (20.4) | 100.0 | (50.7) | (49.3) | 100.0 | 29 |
| 25-29 | 95.1 | 64 | 51.3 | 12.6 | 1.6 | 34.6 | 100.0 | 43.9 | 56.1 | 100.0 | 61 |
| 30-34 | 100.0 | 69 | 80.0 | 5.5 | 0.0 | 14.5 | 100.0 | 22.7 | 77.3 | 100.0 | 69 |
| 35-39 | 98.3 | 60 | 75.4 | 5.0 | 3.2 | 16.4 | 100.0 | 27.5 | 72.5 | 100.0 | 59 |
| 40-44 | 100.0 | 57 | 76.5 | 5.2 | 0.0 | 18.3 | 100.0 | 28.6 | 71.4 | 100.0 | 57 |
| 45-49 | 100.0 | 60 | 56.9 | 11.5 | 0.0 | 31.6 | 100.0 | 49.3 | 50.7 | 100.0 | 60 |
| Total | 98.2 | 344 | 67.2 | 8.6 | 1.1 | 23.1 | 100.0 | 36.2 | 63.8 | 100.0 | 338 |

[^8]| Table 69 Control over and magnitude of cash earnings |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of currently married women and men age 15-49 by person who decides how women's and men's cash earnings are used and by the magnitude of women's cash earnings compared with their husband's cas according to background characteristics, Mizoram, 2005-06 |  |  |  |  |  |  |  |  |  |  |  |  |
| Percentage of currently married women who report that they: |  |  |  |  |  |  | Percentage of currently married men who report that: |  |  |  |  |  |
| Background characteristic | Alone or jointly with their husband decide how their own earnings are used | Number employed for cash | Alone or jointly with their husband decide how their husband's earnings are used | Number of women whose husbands are employed for cash | Earn more or about the same as their husband | Number employed for cash and whose husbands are employed for cash | Their wife alone or jointly with them decides how her earnings are used | Number of men whose wives are employed for cash | Their wife alone or jointly with them decides how their own earnings are used | Number employed for cash | Their wife earns more or about the same as they earn | Number employed for cash and whose wives are employed for cash |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | * | 2 | (65.9) | 29 | * | 1 | nc | 0 | * | 1 | nc | 0 |
| 20-29 | 82.9 | 52 | 83.3 | 317 | 37.9 | 50 | * | 12 | 75.9 | 61 | * | 11 |
| 30-39 | 94.3 | 139 | 93.9 | 395 | 50.4 | 138 | (73.6) | 27 | 78.3 | 106 | * | 23 |
| 40-49 | 92.9 | 100 | 91.5 | 261 | 47.0 | 97 | (90.0) | 30 | 76.0 | 88 | (46.1) | 27 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 92.3 | 190 | 88.8 | 547 | 44.6 | 184 | (85.4) | 50 | 79.6 | 160 | (45.5) | 46 |
| Rural | 89.9 | 104 | 89.5 | 454 | 50.9 | 103 | * | 18 | 71.6 | 97 | * | 14 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | 15 | 83.6 | 76 | * | 15 | * | 3 | * | 10 | * | 3 |
| <5 years complete | (87.0) | 45 | 93.1 | 171 | (39.9) | 44 | * | 4 | * | 23 | * | 4 |
| 5-9 years complete | 90.0 | 121 | 88.7 | 529 | 35.0 | 117 | (72.9) | 30 | 74.3 | 129 | * | 24 |
| 10 or more years complete | 95.5 | 113 | 89.0 | 225 | 61.4 | 111 | (90.7) | 32 | 85.4 | 94 | (55.5) | 30 |
| Religion |  |  |  |  |  |  |  |  |  |  |  |  |
| Hindu | * | 2 | (61.9) | 27 | * | 2 | * | 3 | * | 9 | * | 3 |
| Christian | 92.0 | 288 | 90.2 | 930 | 46.5 | 281 | 86.1 | 64 | 82.5 | 229 | 43.9 | 56 |
| Other ${ }^{1}$ | * | 4 | (81.0) | 40 | * | 4 | * | 1 | * | 12 | * | 1 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | * | 5 | (76.7) | 29 | * | 5 | * | 1 | * | 7 | * | 1 |
| Second | * | 9 | 92.5 | 64 | * | 9 | * | 2 | * | 13 | * | 2 |
| Middle | 92.4 | 50 | 93.0 | 179 | 31.4 | 50 | * | 10 | (60.7) | 35 | * | 9 |
| Fourth | 90.3 | 72 | 88.6 | 334 | 44.8 | 68 | * | 16 | 75.5 | 83 | * | 12 |
| Highest | 92.3 | 158 | 88.1 | 396 | 52.6 | 155 | (87.2) | 39 | 84.6 | 118 | (57.3) | 36 |
| Total | 91.5 | 294 | 89.1 | 1,002 | 46.9 | 287 | 82.3 | 68 | 76.6 | 256 | 42.6 | 60 |
| Note: Total includes Muslim women/men and women with missing information on religion, who are not shown separately. $\mathrm{nc}=$ Not calculated because there are no cases <br> () Based on 25-49 unweighted cases. <br> * Percentage not shown; based on fewer than 25 unweighted cases. <br> ${ }^{1}$ Not HIndu, Muslim, or Chirstian. |  |  |  |  |  |  |  |  |  |  |  |  |



Table 71 Decision making by background characteristics
Percentage of currently married women who usually make four specific kinds of decisions, either by themselves or jointly with their husband, and percentage of currently married men who say that wives should have an equal or greater say than their husband in five specific kinds of decisions, by background characteristics, Mizoram, 2005-06

| Background characteristic | Percentage of women who usually make specific decisions alone or jointly with their husband |  |  |  | Percentage who participate in all four decisions | Percentage who participate in none of the four decisions | Number of women | Percentage of men who say that wives should have an equal or greater say than their husband: |  | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Making |  |  |  |  |  |  |  |
|  | Own health care | major household purchases | for daily household needs | her family <br> or relatives |  |  |  | All of five specified decisions ${ }^{1}$ | None of five specified decisions ${ }^{1}$ |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | (86.0) | (53.1) | (58.5) | (66.6) | (30.9) | (5.6) | 35 | * | * | 4 |
| 20-24 | 85.5 | 54.4 | 63.2 | 77.7 | 47.1 | 8.6 | 164 | (39.8) | (0.0) | 30 |
| 25-29 | 95.5 | 80.7 | 86.4 | 90.5 | 69.8 | 0.5 | 175 | 38.9 | 3.1 | 64 |
| 30-39 | 93.6 | 85.8 | 91.3 | 93.0 | 78.0 | 1.5 | 406 | 45.6 | 6.9 | 129 |
| 40-49 | 91.6 | 88.4 | 94.9 | 93.7 | 78.5 | 0.4 | 274 | 50.4 | 3.4 | 117 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 92.3 | 83.1 | 87.1 | 89.9 | 72.6 | 2.8 | 565 | 50.3 | 4.1 | 180 |
| Rural | 91.4 | 75.6 | 84.6 | 89.1 | 67.8 | 1.8 | 490 | 39.1 | 5.2 | 165 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 89.5 | 82.7 | 83.8 | 88.3 | 73.2 | 1.2 | 83 | * | * | 19 |
| <5 years complete | 93.6 | 80.1 | 92.0 | 91.9 | 74.1 | 1.0 | 182 | (35.2) | (11.0) | 36 |
| 5-9 years complete <br> 10 or more years | 91.0 | 76.9 | 83.4 | 87.8 | 65.9 | 2.9 | 557 | 43.2 | 2.8 | 187 |
| complete | 93.4 | 84.7 | 88.1 | 92.1 | 77.2 | 2.2 | 232 | 53.0 | 2.8 | 103 |
| Employment (past 12 months) |  |  |  |  |  |  |  |  |  |  |
| Employed | 93.8 | 84.4 | 88.6 | 92.5 | 73.7 | 0.9 | 477 | 45.1 | 4.7 | 338 |
| Employed, for cash | 93.2 | 88.4 | 90.8 | 92.4 | 76.8 | 1.4 | 294 | 47.1 | 5.8 | 256 |
| Employed, not for cash | 94.7 | 77.9 | 85.1 | 92.6 | 68.7 | 0.0 | 183 | 39.1 | 1.2 | 82 |
| Not employed | 90.3 | 75.7 | 83.8 | 87.1 | 67.7 | 3.5 | 578 | * | * | 6 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 82.5 | 48.9 | 51.8 | 67.6 | 32.8 | 7.4 | 68 | (45.7) | (6.1) | 33 |
| 1-2 | 93.0 | 77.3 | 83.1 | 89.8 | 68.9 | 2.9 | 419 | 42.2 | 5.1 | 135 |
| 3-4 | 91.5 | 83.9 | 91.0 | 90.8 | 74.0 | 1.6 | 433 | 47.0 | 2.9 | 137 |
| $5+$ | 94.2 | 88.4 | 95.7 | 95.6 | 82.6 | 0.0 | 135 | (46.6) | (7.3) | 40 |
| Household structure ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| Nuclear | 92.9 | 85.4 | 94.5 | 91.5 | 77.2 | 1.1 | 633 | 47.0 | 5.8 | 187 |
| Non-nuclear | 90.3 | 70.9 | 73.2 | 86.5 | 60.1 | 4.0 | 422 | 42.4 | 3.2 | 157 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Hindu | (84.5) | (80.6) | (84.5) | (80.6) | (80.6) | (15.5) | 27 | * | * | 9 |
| Christian | 92.4 | 79.3 | 85.8 | 89.8 | 70.1 | 2.0 | 981 | 46.4 | 1.3 | 311 |
| Other ${ }^{3}$ | (84.1) | (86.4) | (90.9) | (86.4) | (70.5) | (0.0) | 42 | * | * | 16 |
| Wealth index |  |  |  |  |  |  |  |  |  |  |
| Lowest | (77.4) | (80.6) | (83.9) | (87.1) | (64.5) | (3.2) | 30 | * | ${ }^{*}$ | 9 |
| Second | 93.1 | 83.5 | 86.3 | 87.5 | 76.5 | 2.7 | 69 | (42.4) | (7.6) | 25 |
| Middle | 95.0 | 86.5 | 93.4 | 91.9 | 78.3 | 0.0 | 192 | 34.3 | 5.4 | 56 |
| Fourth | 91.4 | 73.7 | 84.3 | 86.9 | 65.1 | 3.1 | 358 | 43.9 | 3.4 | 122 |
| Highest | 91.7 | 80.9 | 84.0 | 91.2 | 70.7 | 2.5 | 406 | 52.3 | 2.3 | 133 |
| Total | 91.9 | 79.6 | 86.0 | 89.5 | 70.4 | 2.3 | 1,054 | 44.9 | 4.6 | 344 |

Note: Total includes Muslim women/men and women with missing information on religion, who are not shown separately.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Decisions about major household purchases, purchases for daily household needs, visits to the wife's family or relatives, what to do with the money the wife earns, and how many children to have.
${ }^{2}$ Nuclear households are households comprised of a married couple or a man or a woman living alone or with unmarried children (biological, adopted, or fostered) with or without unrelated individuals.
${ }^{3}$ Not Hindu, Muslim, or Christian.

Table 72 Women's access to money and credit
Percentage of women who have access to money, who know of a microcredit programme, who have taken a loan from a microcredit programme, and who are allowed to go to three specified places alone, by background characteristics, Mizoram, 2005-06

| Background characteristic | Women's access to money |  | Women's knowledge and use of microcredit programmes |  | Percentage of women allowed to go to three specified places alone ${ }^{1}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have money that they can decide how to use | Percentage who have a bank or savings account that they themselves use | Percentage who know of a microcredit programme | Percentage who have taken a loan from a microcredit programme |  | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | 9.0 | 1.3 | 6.3 | 0.0 | 51.6 | 309 |
| 20-24 | 18.2 | 3.9 | 8.0 | 0.9 | 71.5 | 347 |
| 25-29 | 25.6 | 8.9 | 7.9 | 0.0 | 79.5 | 291 |
| 30-39 | 22.6 | 12.3 | 8.3 | 1.4 | 83.5 | 514 |
| 40-49 | 20.4 | 11.4 | 8.2 | 0.6 | 85.3 | 330 |
| Residence |  |  |  |  |  |  |
| Urban | 25.4 | 11.8 | 11.3 | 1.2 | 71.4 | 1,010 |
| Rural | 11.9 | 3.2 | 3.3 | 0.0 | 80.4 | 781 |
| Education |  |  |  |  |  |  |
| No education | 4.8 | 0.0 | 0.0 | 0.0 | 66.2 | 100 |
| $<5$ years complete | 13.4 | 1.2 | 2.0 | 0.0 | 83.0 | 254 |
| 5-9 years complete | 16.4 | 4.2 | 7.5 | 0.3 | 74.0 | 944 |
| 10 or more years complete | 31.5 | 20.6 | 12.9 | 1.9 | 75.8 | 492 |
| Employment (past 12 months) |  |  |  |  |  |  |
| Employed | 27.1 | 14.0 | 10.1 | 1.3 | 82.7 | 817 |
| Employed, for cash | 34.1 | 19.7 | 12.7 | 2.0 | 82.6 | 515 |
| Employed, not for cash | 15.4 | 4.4 | 5.7 | 0.0 | 82.7 | 302 |
| Not employed | 13.1 | 3.1 | 5.9 | 0.2 | 69.2 | 974 |
| Marital status |  |  |  |  |  |  |
| Never married | 22.6 | 8.3 | 9.2 | 0.2 | 66.1 | 593 |
| Currently married | 15.4 | 7.2 | 6.8 | 0.8 | 78.9 | 1,054 |
| Widowed/divorced/separated/deserted | 36.4 | 13.4 | 9.3 | 2.2 | 87.4 | 144 |
| Number of living children |  |  |  |  |  |  |
| 0 | 22.0 | 8.4 | 8.5 | 0.2 | 65.3 | 636 |
| 1-2 | 20.2 | 8.3 | 7.9 | 0.6 | 77.7 | 535 |
| 3-4 | 17.7 | 8.8 | 8.6 | 1.7 | 81.6 | 477 |
| 5+ | 11.6 | 3.4 | 2.2 | 0.0 | 90.5 | 143 |
| Household structure ${ }^{2}$ |  |  |  |  |  |  |
| Nuclear | 16.1 | 6.8 | 7.5 | 0.8 | 74.8 | 926 |
| Non-nuclear | 23.1 | 9.4 | 8.1 | 0.6 | 76.0 | 865 |
| Religion |  |  |  |  |  |  |
| Hindu | (21.8) | (12.3) | (9.4) | (0.0) | (34.4) | 33 |
| Christian | 19.9 | 8.2 | 8.1 | 0.7 | 77.3 | 1,699 |
| Other ${ }^{3}$ | 0.0 | 0.0 | 0.0 | 0.0 | 40.7 | 52 |
| Wealth index |  |  |  |  |  |  |
| Lowest | (0.0) | (0.0) | (0.0) | (0.0) | (41.0) | 37 |
| Second | 5.1 | 0.0 | 0.0 | 0.0 | 68.4 | 96 |
| Middle | 10.0 | 0.7 | 1.0 | 0.0 | 83.4 | 289 |
| Fourth | 15.7 | 3.3 | 5.6 | 0.5 | 79.2 | 597 |
| Highest | 28.7 | 15.8 | 13.5 | 1.2 | 71.9 | 772 |
| Total | 19.5 | 8.1 | 7.8 | 0.7 | 75.4 | 1,791 |

[^9]
## Table 73 Gender-role attitudes

Percentage of women and men age 15-49 with specific attitudes toward wife beating and refusal by a wife to have sex with her husband by reason and percentage of men age 15-49 who agree that a man can behave in specific ways if his wife refuses him sex, according to marital status, Mizoram, 2005-06

| Reason/behaviour | Ever married |  | Never married |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women | Men | Women | Men | Women | Men |
| Percentage who agree that a husband is justified in hitting or beating his wife if: |  |  |  |  |  |  |
| She goes out without telling him | 23.5 | 24.2 | 18.7 | 25.1 | 21.9 | 24.6 |
| She neglects the house or children | 64.7 | 56.1 | 62.9 | 56.1 | 64.1 | 56.1 |
| She argues with him | 36.8 | 39.9 | 36.0 | 39.8 | 36.5 | 39.8 |
| She refuses to have sexual intercourse with him | 11.9 | 13.3 | 17.0 | 12.1 | 13.6 | 12.8 |
| She doesn't cook food properly | 1.8 | 1.9 | 1.7 | 1.5 | 1.7 | 1.7 |
| He suspects she is unfaithful | 61.7 | 71.8 | 61.9 | 75.6 | 61.7 | 73.4 |
| She shows disrespect for in-laws | 64.7 | 65.6 | 70.2 | 69.1 | 66.6 | 67.1 |
| Percentage who agree with at least one specified reason | 82.4 | 80.0 | 84.1 | 86.1 | 83.0 | 82.6 |
| Percentage who agree that a wife is justified in refusing to have sex with her husband when she: |  |  |  |  |  |  |
| Knows husband has a sexually transmitted disease | 87.1 | 93.1 | 87.3 | 91.0 | 87.2 | 92.2 |
| Knows husband has sex with other women | 87.0 | 90.5 | 86.7 | 89.9 | 86.9 | 90.3 |
| Is tired or not in the mood | 72.5 | 82.6 | 71.5 | 83.5 | 72.2 | 83.0 |
| Percentage who agree with all three reasons | 64.8 | 75.3 | 63.4 | 72.3 | 64.3 | 74.0 |
| Percentage who agree with none of the three reasons | 6.4 | 2.0 | 5.5 | 2.3 | 6.1 | 2.1 |
| Percentage who agree that when a woman refuses to have sex with her husband, he has the right to: |  |  |  |  |  |  |
| Get angry and reprimand her | na | 32.8 | na | 31.5 | na | 32.3 |
| Refuse to give her financial support | na | 8.8 | na | 11.8 | na | 10.1 |
| Use force to have sex | na | 2.8 | na | 4.1 | na | 3.3 |
| Have sex with another woman | na | 9.4 | na | 15.8 | na | 12.1 |
| Percentage who agree with all four behaviours | na | 0.8 | na | 1.4 | na | 1.1 |
| Percentage who agree with none of the four behaviours | na | 61.2 | na | 60.2 | na | 60.8 |
| Number of respondents | 1,198 | 366 | 593 | 269 | 1,791 | 635 |
| na $=$ Not applicable |  |  |  |  |  |  |

Table 74 Gender-role attitudes by background characteristics
Percentage of women and men age 15-49 who agree that a husband is justified in hitting or beating his wife for at least one specified reason and who agree that a wife is justified in refusing to have sex with her husband for all specified reasons, and percentage of men who agree that when a wife refuses to have sex with her husband, the husband does not have the right to any of the four specified behaviours, by background characteristics, Mizoram, 2005-06

| Background characteristic | Percentage who agree that a husband is justified in hitting or beating his wife for at least one specified reason ${ }^{1}$ |  | Percentage who agree that a wife is justified in refusing to have sex with her husband for all specified reasons ${ }^{2}$ |  | Percentage who agree that when a wife refuses to have sex with her husband, he does not have the right to any of the four specified behaviours ${ }^{3}$ | Number |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women | Men | Women | Men | Men | Women | Men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 83.5 | 89.6 | 62.0 | 72.8 | 64.3 | 309 | 114 |
| 20-24 | 81.8 | 86.1 | 65.2 | 76.8 | 55.5 | 347 | 113 |
| 25-29 | 83.3 | 80.0 | 59.5 | 72.0 | 57.1 | 291 | 114 |
| 30-39 | 82.9 | 81.7 | 67.3 | 73.4 | 59.6 | 514 | 164 |
| 40-49 | 83.6 | 76.8 | 65.2 | 75.3 | 66.9 | 330 | 130 |
| Residence |  |  |  |  |  |  |  |
| Urban | 81.7 | 86.8 | 63.3 | 71.5 | 66.0 | 1,010 | 342 |
| Rural | 84.6 | 77.7 | 65.6 | 77.0 | 54.7 | 781 | 293 |
| Education |  |  |  |  |  |  |  |
| No education | 79.0 | (86.1) | 60.5 | (47.1) | (42.6) | 100 | 35 |
| $<5$ years complete | 86.7 | 80.0 | 62.1 | 79.4 | 59.4 | 254 | 58 |
| 5-9 years complete | 84.0 | 83.2 | 63.2 | 75.6 | 60.1 | 944 | 359 |
| 10 or more years complete | 79.9 | 81.6 | 68.4 | 74.4 | 65.9 | 492 | 184 |
| Employment (past 12 months) |  |  |  |  |  |  |  |
| Employed | 84.9 | 81.7 | 64.1 | 74.3 | 59.5 | 817 | 556 |
| Employed, for cash | 83.8 | 81.6 | 64.5 | 73.9 | 57.2 | 515 | 395 |
| Employed, not for cash | 86.8 | 81.9 | 63.5 | 75.4 | 65.2 | 302 | 161 |
| Not employed | 81.3 | 88.6 | 64.5 | 72.9 | 69.3 | 974 | 78 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 84.1 | 86.1 | 63.4 | 72.3 | 60.2 | 593 | 269 |
| Currently married | 81.3 | 80.0 | 65.3 | 74.4 | 60.6 | 1,054 | 344 |
| Widowed/divorced/ separated/deserted | 90.3 | * | 61.1 | * | * | 144 | 21 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 83.5 | 85.2 | 63.2 | 71.5 | 60.7 | 636 | 300 |
| 1-2 | 82.0 | 84.5 | 62.3 | 76.3 | 59.9 | 535 | 153 |
| 3-4 | 83.6 | 79.5 | 67.1 | 75.5 | 58.5 | 477 | 140 |
| $5+$ | 82.3 | (67.7) | 67.8 | (79.1) | (72.4) | 143 | 42 |
| Household structure ${ }^{4}$ |  |  |  |  |  |  |  |
| Nuclear | 81.2 | 85.4 | 65.3 | 73.1 | 61.2 | 926 | 309 |
| Non-nuclear | 84.8 | 79.9 | 63.3 | 74.9 | 60.4 | 865 | 326 |
| Religion |  |  |  |  |  |  |  |
| Hindu | (68.5) | * | (50.1) | * | * | 33 | 17 |
| Christian | 83.3 | 82.1 | 65.5 | 77.3 | 62.6 | 1,699 | 582 |
| Other ${ }^{5}$ | 79.6 | (96.0) | 33.3 | (24.3) | (11.9) | 52 | 24 |
| Wealth index |  |  |  |  |  |  |  |
| Lowest | (71.8) | * | (41.0) | * | * | 37 | 17 |
| Second | 86.0 | (84.0) | 57.2 | (83.7) | (57.4) | 96 | 36 |
| Middle | 83.0 | 77.6 | 68.9 | 73.5 | 67.0 | 289 | 99 |
| Fourth | 84.6 | 82.9 | 66.1 | 76.9 | 61.5 | 597 | 217 |
| Highest | 81.9 | 82.9 | 63.2 | 73.6 | 62.2 | 772 | 267 |
| Total | 83.0 | 82.6 | 64.3 | 74.0 | 60.8 | 1,791 | 635 |

Note: Total includes women/men with missing information on employment (past 12 months) and religion, who are not shown separately.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Specified reasons are: she goes out without telling him, she neglects the house or children, she argues with him, she refuses to have sexual intercourse with him, she doesn't cook food properly, he suspects she is unfaithful, and she shows disrespect for in-laws.
${ }^{2}$ Specified reasons are: she knows husband has a sexually transmitted disease, knows husband has sex with other women, and is tired or not in the mood.
${ }^{3}$ Specified behaviours are: get angry and reprimand her, refuse to give her financial support, use force to have sex, and have sex with another woman.
${ }^{4}$ Nuclear households are households comprised of a married couple or a man or a woman living alone or with unmarried children (biological, adopted, or fostered) with or without unrelated individuals.
${ }^{5}$ Not Hindu, Muslim, or Christian.


## Table 75 Experience of physical or sexual violence

Percentage of women age 15-49 who have ever experienced physical or sexual violence, and among those who have experienced physical or sexual violence, the person committing the violence, by marital status, Mizoram, 2005-06

| Type of violence/perpetrator | Ever <br> married | Never <br> married | Total |
| :--- | :---: | :---: | :---: |
| Type of violence experienced |  |  |  |
| Physical violence ever | 26.3 | 22.4 | 25.0 |
| Sexual violence ever | 3.4 | 1.0 | 2.6 |
| Physical and sexual violence ever | 2.7 | 0.8 | 2.1 |
| Physical or sexual violence ever | 27.0 | 22.5 | 25.5 |
| Number of women | 832 | 420 | 1,252 |
| Person committing physical violence |  |  |  |
| Current husband | 64.2 | 0.0 | 44.9 |
| Former husband | 21.6 | 0.0 | 15.1 |
| Former boyfriend | 0.0 | 3.1 | 0.9 |
| Father/step-father | 8.9 | 24.6 | 13.6 |
| Mother/step-mother | 4.2 | 7.3 | 5.1 |
| Sister/brother | 8.1 | 34.0 | 15.9 |
| Other relative | 5.5 | 10.2 | 6.9 |
| Other in-law | 0.9 | 0.0 | 0.6 |
| Teacher | 2.3 | 17.1 | 6.7 |
| Other | 1.0 | 16.9 | 5.8 |
| Number who experienced physical violence | 219 | 94 | 313 |
| Person committing sexual violence |  |  |  |
| Current husband | $(24.8)$ | $*$ | $(21.6)$ |
| Former husband | $(23.1)$ | $*$ | $(20.2)$ |
| Current/former boyfriend | $(19.4)$ | $*$ | $(21.2)$ |
| Other relative | $(12.7)$ | $*$ | $(13.1)$ |
| In-law | $(2.4)$ | $*$ | $(2.1)$ |
| Own friend/acquaintance | $(5.0)$ | $*$ | $(4.3)$ |
| Employer/someone at work | $(2.6)$ | $*$ | $(4.3)$ |
| Stranger | $(7.5)$ | $*$ | $(21.0)$ |
| Other | $(2.6)$ | 4 | 32 |
| Number who experienced sexual violence | 28 | 4 |  |
|  |  |  |  |

Note: All women were asked about their experience of physical violence since age 15 . Evermarried women were also asked about their experience of spousal physical violence at any age.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.

| Table 76 Forms of spousal violence |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of ever-married women age 15-49 who have experienced various forms of violence committed by their husband ever or in the 12 months preceding the survey, Mizoram, 2005-06 |  |  |  |  |
|  |  | In the past 12 months ${ }^{1}$ |  |  |
| Type of violence | Ever | Often | Sometimes | Often or sometimes |
| Physical violence |  |  |  |  |
| Any form of physical violence | 22.0 | 1.0 | 15.5 | 16.5 |
| Pushed her, shook her, or threw something at her | 6.5 | 0.3 | 5.8 | 6.0 |
| Slapped her | 19.5 | 0.8 | 13.7 | 14.6 |
| Twisted her arm or pulled her hair | 5.0 | 0.2 | 4.0 | 4.1 |
| Punched her with his fist or with something that could hurt her | 5.3 | 0.1 | 4.5 | 4.6 |
| Kicked her, dragged her, or beat her up | 4.7 | 0.4 | 4.1 | 4.5 |
| Tried to choke her or burn her on purpose | 1.1 | 0.0 | 0.9 | 0.9 |
| Threatened her or attacked her with a knife, gun, or any other weapon | 0.9 | 0.0 | 0.8 | 0.8 |
| Sexual violence |  |  |  |  |
| Any form of sexual violence | 2.0 | 0.1 | 1.7 | 1.8 |
| Physically forced her to have sexual intercourse with him even when she did not want to | 1.1 | 0.1 | 0.9 | 1.0 |
| Forced her to perform any sexual acts she did not want to | 1.5 | 0.0 | 1.4 | 1.4 |
| Emotional violence |  |  |  |  |
| Any form of emotional violence | 11.0 | 1.2 | 8.6 | 9.8 |
| Said or did something to humiliate her in front of others | 4.5 | 0.6 | 3.3 | 3.9 |
| Threatened to hurt or harm her or someone close to her | 4.4 | 0.1 | 3.4 | 3.5 |
| Insulted her or made her feel bad about herself | 7.9 | 0.8 | 6.0 | 6.8 |
| Any form of physical and/or sexual violence | 22.1 | 1.0 | 15.6 | 16.6 |
| Any form of physical and sexual violence | 2.0 | 0.5 | 1.3 | 1.7 |
| Any form of physical and/or sexual and/or emotional violence | 25.1 | 1.7 | 18.4 | 20.1 |
| Any form of physical and sexual and emotional violence | 1.7 | 0.5 | 1.0 | 1.4 |
| Any violence by women against their husband ${ }^{2}$ | 2.5 | 0.1 | 1.3 | 1.3 |
| Number of ever-married women | 832 | 788 | 788 | 788 |
| Note: Husband refers to the current husband for currently married women and the most recent husband for widowed, divorced, separated, or deserted women. <br> ${ }^{1}$ Excludes widows. <br> ${ }^{2}$ Any violence by women against their husband when he was not already beating or physically hurting them. |  |  |  |  |

## Table 77 Spousal violence by background characteristics

Percentage of ever-married women age $15-49$ by whether they have ever experienced emotional, physical, or sexual violence committed by their husband, according to background characteristics, Mizoram, 2005-06

| Background characteristic | Emotional violence | Physical violence | Sexual violence | Physical or sexual violence | Emotional, physical, or sexual violence | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | (11.6) | (11.8) | (2.2) | (11.8) | (18.7) | 30 |
| 20-24 | 11.0 | 26.6 | 1.9 | 27.1 | 29.6 | 143 |
| 25-29 | 11.9 | 23.9 | 3.8 | 23.9 | 24.9 | 128 |
| 30-39 | 11.1 | 21.4 | 1.6 | 21.4 | 24.7 | 318 |
| 40-49 | 10.2 | 20.0 | 1.7 | 20.0 | 23.6 | 212 |
| Residence |  |  |  |  |  |  |
| Urban | 12.1 | 20.4 | 2.8 | 20.4 | 24.0 | 443 |
| Rural | 9.8 | 23.8 | 1.2 | 24.0 | 26.4 | 388 |
| Education |  |  |  |  |  |  |
| No education | 8.9 | 29.8 | 2.3 | 29.8 | 31.0 | 61 |
| $<5$ years complete | 19.0 | 28.6 | 4.2 | 29.0 | 34.8 | 154 |
| 5-9 years complete | 11.5 | 21.6 | 1.8 | 21.6 | 24.4 | 427 |
| 10 or more years complete | 4.1 | 14.9 | 0.8 | 14.9 | 16.8 | 190 |
| Employment (past 12 months) |  |  |  |  |  |  |
| Employed | 13.6 | 25.1 | 2.7 | 25.3 | 29.4 | 396 |
| Employed, for cash | 10.5 | 25.0 | 2.6 | 25.2 | 28.8 | 241 |
| Employed, not for cash | 18.4 | 25.3 | 2.8 | 25.3 | 30.2 | 155 |
| Not employed | 8.7 | 19.1 | 1.5 | 19.1 | 21.2 | 436 |
| Marital status |  |  |  |  |  |  |
| Currently married | 8.1 | 19.6 | 1.4 | 19.7 | 22.3 | 715 |
| Widowed | (8.0) | (13.1) | (5.0) | (13.1) | (14.6) | 44 |
| Divorced/separated/deserted | 41.7 | 50.3 | 7.0 | 50.3 | 59.1 | 73 |
| Marital status and duration ${ }^{1}$ |  |  |  |  |  |  |
| Married only once | 8.1 | 18.8 | 1.3 | 18.9 | 21.5 | 654 |
| 0-4 years | 8.3 | 15.7 | 1.2 | 15.7 | 19.2 | 162 |
| 5-9 years | 7.3 | 20.2 | 1.5 | 20.6 | 21.7 | 141 |
| $10+$ years | 8.3 | 19.8 | 1.2 | 19.8 | 22.6 | 350 |
| Married more than once | 7.9 | 28.1 | 2.3 | 28.1 | 30.4 | 62 |
| Number of living children |  |  |  |  |  |  |
| 0 | 6.1 | 16.0 | 2.4 | 16.0 | 18.5 | 56 |
| 1-2 | 12.2 | 23.7 | 1.8 | 23.7 | 27.4 | 359 |
| 3-4 | 9.8 | 19.3 | 2.4 | 19.5 | 21.7 | 322 |
| 5+ | 13.9 | 28.3 | 1.5 | 28.3 | 31.9 | 95 |
| Household structure ${ }^{2}$ |  |  |  |  |  |  |
| Nuclear | 10.7 | 22.0 | 1.5 | 22.0 | 24.8 | 468 |
| Non-nuclear | 11.4 | 22.0 | 2.7 | 22.2 | 25.5 | 363 |
| Religion |  |  |  |  |  |  |
| Hindu | * | * | * | * | * | 19 |
| Christian | 11.4 | 21.8 | 2.2 | 21.9 | 25.0 | 779 |
| Other ${ }^{3}$ | (4.4) | (37.8) | (0.0) | (37.8) | (37.8) | 30 |
| Wealth index |  |  |  |  |  |  |
| Lowest | (3.2) | (32.3) | (0.0) | (32.3) | (32.3) | 21 |
| Second | 20.5 | 44.0 | 2.6 | 44.0 | 45.3 | 54 |
| Middle | 15.7 | 25.2 | 2.7 | 25.6 | 30.4 | 157 |
| Fourth | 11.7 | 24.1 | 1.8 | 24.1 | 26.3 | 283 |
| Highest | 7.0 | 14.1 | 2.0 | 14.1 | 17.5 | 317 |
| Respondent's father beat her mother |  |  |  |  |  |  |
| Yes | 30.8 | 46.2 | 8.4 | 46.2 | 53.1 | 59 |
| No | 9.5 | 20.2 | 1.6 | 20.3 | 23.1 | 742 |
| Don't know | (9.3) | (18.4) | (0.0) | (18.4) | (18.4) | 31 |
| Total | 11.0 | 22.0 | 2.0 | 22.1 | 25.1 | 832 |

Note: Husband refers to the current husband for currently married women and the most recent husband for widowed, divorced, separated, or deserted women. Total includes Muslim women and women with missing information on religion, who are not shown separately.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Currently married women only.
${ }^{2}$ Nuclear households are households comprised of a married couple or a man or a woman living alone or with unmarried children (biological, adopted, or fostered) with or without unrelated individuals.
${ }^{3}$ Not Hindu, Muslim, or Christian.

Table 78 Spousal violence by husband's characteristics and empowerment indicators
Percentage of ever-married women age 15-49 who have ever suffered emotional, physical, or sexual violence committed by their husband, according to his characteristics, marital characteristics, and selected empowerment indicators, Mizoram, 2005-06

| Husband's characteristic/empowerment indicator | Emotional violence | Physical violence | Sexual violence | Physical or sexual violence | Emotional, physical, or sexual violence | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Husband's education |  |  |  |  |  |  |
| No education | (11.1) | (41.7) | (3.7) | (41.7) | (45.4) | 37 |
| $<5$ years complete | 17.0 | 25.4 | 0.7 | 25.4 | 31.0 | 98 |
| 5-7 years complete | 12.5 | 26.2 | 2.0 | 26.5 | 28.6 | 208 |
| 8-9 years complete | 11.8 | 23.7 | 3.1 | 23.7 | 27.1 | 206 |
| 10-11 years complete | 9.8 | 17.6 | 2.7 | 17.6 | 20.2 | 109 |
| 12 or more years complete | 5.1 | 11.5 | 0.9 | 11.5 | 13.6 | 167 |
| Husband's alcohol consumption |  |  |  |  |  |  |
| Does not drink | 5.2 | 13.1 | 1.0 | 13.3 | 15.0 | 493 |
| Drinks/never gets drunk | * | * | * | * | * | 14 |
| Gets drunk sometimes | 17.4 | 34.1 | 2.4 | 34.1 | 39.5 | 291 |
| Gets drunk often | (44.3) | (52.6) | (14.5) | (52.6) | (56.4) | 35 |
| Spousal age difference ${ }^{1}$ |  |  |  |  |  |  |
| Wife older | 7.2 | 25.0 | 0.8 | 25.0 | 28.3 | 87 |
| Wife is same age | 4.9 | 25.1 | 0.0 | 25.1 | 25.1 | 58 |
| Wife 1-4 years younger | 4.8 | 16.5 | 0.6 | 16.5 | 17.4 | 250 |
| Wife 5-9 years younger | 11.5 | 20.7 | 1.7 | 20.7 | 25.2 | 204 |
| Wife 10+ years younger | 11.6 | 18.0 | 3.6 | 18.6 | 22.3 | 115 |
| Spousal education difference |  |  |  |  |  |  |
| Husband better educated | 12.5 | 20.0 | 2.6 | 20.1 | 23.5 | 440 |
| Wife better educated | 10.4 | 26.0 | 2.0 | 26.0 | 28.9 | 216 |
| Both equally educated | 7.8 | 19.9 | 0.5 | 19.9 | 22.4 | 144 |
| Neither educated | (5.6) | (38.0) | (2.9) | (38.0) | (38.0) | 25 |
| Number of marital control behaviours displayed by husband ${ }^{2}$ |  |  |  |  |  |  |
| 0 | 5.8 | 9.4 | 0.4 | 9.4 | 12.5 | 527 |
| 1-2 | 11.3 | 36.1 | 2.1 | 36.4 | 38.1 | 239 |
| 3-4 | 46.3 | 67.5 | 8.7 | 67.5 | 76.0 | 57 |
| 5-6 | * | * | * | * | * | 9 |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |  |  |
| 0 | * | * | * | * | * | 20 |
| 1-2 | 6.1 | 16.5 | 3.0 | 17.2 | 18.0 | 90 |
| 3-4 | 8.5 | 20.2 | 1.2 | 20.2 | 23.1 | 605 |
| Number of reasons for which wife beating is justified ${ }^{4}$ |  |  |  |  |  |  |
| 0 | 2.6 | 8.6 | 0.0 | 8.6 | 9.6 | 137 |
| 1-2 | 14.7 | 22.2 | 2.6 | 22.5 | 27.5 | 214 |
| 3-4 | 12.4 | 25.1 | 2.8 | 25.1 | 28.2 | 358 |
| 5-6 | 9.9 | 27.0 | 1.1 | 27.0 | 28.8 | 120 |
| 7 | * | * | * | * | * | 4 |
| Number of reasons given for refusing to have sexual intercourse with husband ${ }^{5}$ |  |  |  |  |  |  |
| 0 | 10.6 | 12.9 | 0.0 | 12.9 | 19.5 | 55 |
| 1-2 | 18.8 | 28.0 | 2.6 | 28.3 | 33.7 | 248 |
| 3 | 7.4 | 20.1 | 2.0 | 20.1 | 21.6 | 529 |
| Total | 11.0 | 22.0 | 2.0 | 22.1 | 25.1 | 832 |

Note: Husband refers to the current husband for currently married women and the most recent husband for widowed, divorced, separated, or deserted women. Total includes women with missing information on husband's education, spousal age difference, spousal education difference, and number of decisions in which women participate, who are not shown separately.
( ) Based on 25-49 unweighted cases.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Currently married women only.
${ }^{2}$ Behaviours include: he is jealous or angry if she talks to other men, frequently accuses her of being unfaithful, does not permit her to meet her female friends, tries to limit her contact with her family, insists on knowing where she is at all times, and does not trust her with any money.
${ }^{3}$ Currently married women only. Decisions included are decisions about own health care, major household purchases, purchases for daily household needs, and visits to her family or relatives.
${ }^{4}$ Reasons given for which wife beating is justified include: she goes out without telling him, she neglects the house or children, she argues with him, she refuses to have sexual intercourse with him, she doesn't cook food properly, he suspects she is unfaithful, and she shows disrespect for in-laws.
${ }^{5}$ Reasons given for refusing to have sexual intercourse with husband include: she knows husband has a sexually transmitted disease, she knows husband has sex with other women, and she is tired or not in the mood.

Table 79 Injuries to women due to spousal violence
Percentage of ever-married women age 15-49 who have experienced specific types of spousal violence by types of injuries resulting from what their husband did to them, the type of violence, and whether they have experienced the violence ever and in the 12 months preceding the survey, Mizoram, 2005-06

| Type of spousal violence experienced | Percentage of women who have had: |  |  |  | Number of evermarried women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cuts, bruises, or aches | Eye injuries, sprains, dislocations, or burns | Deep wounds, broken bones, broken teeth, or any other serious injury | Any of these injuries |  |
| Experienced physical violence |  |  |  |  |  |
| Ever | 30.5 | 4.2 | 2.7 | 31.3 | 183 |
| In the past 12 months ${ }^{1}$ | 36.3 | 5.9 | 3.8 | 37.4 | 130 |
| Experienced sexual violence |  |  |  |  |  |
| Ever | * | * | * | * | 17 |
| In the past 12 months ${ }^{1}$ | * | * | * | * | 14 |
| Experienced physical or sexual violence |  |  |  |  |  |
| Ever | 30.4 | 4.2 | 2.7 | 31.1 | 184 |
| In the past 12 months ${ }^{1}$ | 36.2 | 5.9 | 3.8 | 37.2 | 131 |
| Experienced physical and sexual violence |  |  |  |  |  |
| Ever | * | * | * | * | 16 |
| In the past 12 months ${ }^{1}$ | * | * | * | * | 13 |

Note: Husband refers to the current husband for currently married women and the most recent husband for widowed, divorced, separated, or deserted women.

* Percentage not shown; based on fewer than 25 unweighted cases.
${ }^{1}$ Excludes widows.


## Table 80 Help seeking behaviour

Percentage of women age 15-49 who have ever experienced physical or sexual violence by whether they have ever sought help, and among those who have sought help from any source, the source from which help was sought, according to the type of violence experienced and marital status, Mizoram, 2005-06

| Source | Type of violence experienced |  |  | Marital status |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Physical only | Sexual only | Both physical and sexual | Ever married | Never married |  |
| Help seeking behaviour |  |  |  |  |  |  |
| Never sought help and never told anyone | 42.2 | * | (32.1) | 46.0 | 31.2 | 41.6 |
| Never sought help but told someone | 45.9 | * | (57.0) | 42.5 | 54.7 | 46.1 |
| Sought help | 10.7 | * | (10.9) | 11.5 | 10.5 | 11.2 |
| Don't know/missing | 1.2 | * | (0.0) | 0.0 | 3.7 | 1.1 |
| Number of women who experienced violence | 287 | 6 | 26 | 224 | 95 | 319 |
| Sources of help among those who sought any help |  |  |  |  |  |  |
| Own family | (52.8) | * | * | (46.0) | * | (53.5) |
| Husband's family | (29.1) | * | * | (40.4) | * | (29.2) |
| Current/former boyfriend | (0.0) | * | * | (2.6) | * | (1.9) |
| Friend | (8.7) | * | * | (2.6) | * | (9.4) |
| Neighbour | (13.9) | * | * | (24.8) | * | (17.9) |
| Police | (0.0) | * | * | (2.8) | * | (2.0) |
| Number of women who sought help | 31 | 2 | 3 | 26 | 10 | 36 |

[^10]* Percentage not shown; based on fewer than 25 unweighted cases.


## APPENDIX

## ESTIMATES OF SAMPLING ERRORS

The estimates from a sample survey are affected by two types of errors: (1) nonsampling errors and (2) sampling errors. Nonsampling errors are the result of mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding of the questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the third National Family Health Survey (NFHS-3) to minimize this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in NFHS-3 is only one of many samples that could have been selected from the same population, using the same design and expected sample size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability among all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

A sampling error is usually measured in terms of the standard error for a particular statistic (mean, percentage, etc.), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in 95 percent of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the NFHS3 sample is the result of a multi-stage stratified design, and, consequently, it was necessary to use more complex formulae. The computer software used to calculate sampling errors for NFHS-3 is programmed in SAS. This procedure uses the Taylor linearization method for variance estimation for survey estimates that are means or proportions. The Jackknife repeated replication method is used for variance estimation of more complex statistics such as total fertility rates and child mortality rates.

The Taylor linearization method treats any proportion or mean as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error being the square root of the variance:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1-f}{x^{2}} \sum_{h=1}^{H}\left[\frac{m_{h}}{m_{h}-1}\left(\sum_{i=1}^{m_{h}} z_{h i}^{2}-\frac{z_{h}^{2}}{m_{h}}\right)\right]
$$

in which

$$
z_{h i}=y_{h i}-r x_{h i}, \text { and } z_{h}=y_{h}-r x_{h}
$$

where $h \quad$ represents the stratum, which varies from 1 to $H$,
$m_{h}$ is the total number of clusters selected in the $h^{\text {th }}$ stratum,
$y_{h i} \quad$ is the sum of the weighted values of variable $y$ in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum,
$x_{h i} \quad$ is the sum of the weighted number of cases in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum,
and
$f \quad$ is the overall sampling fraction, which is so small that it is ignored.
The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample, and calculates standard errors for these estimates using simple formulae. Each replication considers all but one cluster in the calculation of the estimates. Pseudo-independent replications are thus created. In the NFHS-3 sample for Mizoram, there were 64 clusters. Hence, 64 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

where $r$ is the estimate computed from the full sample of 64 clusters,
$r_{(i)}$ is the estimate computed from the reduced sample of 63 clusters ( $i^{\text {th }}$ cluster excluded), and
$k \quad$ is the total number of clusters.
In addition to the standard error, the design effect (DEFT) for each estimate is also computed, which is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates the increase in the sampling error due to the use of a more complex and less statistically efficient design. The relative standard error (SE/R) and confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ) for each estimate are also computed.

Sampling errors for NFHS-3 are calculated for selected variables considered to be of primary interest. The results are presented in this appendix for Mizoram as a whole and for the urban and rural areas of the state. For each variable, the type of statistic (mean, proportion, rate, or ratio) and the base population are given in Table A.1. Table A. 2 presents the value of the statistic (R), its standard error (SE), the number of unweighted $(\mathrm{N})$ and weighted $(\mathrm{WN})$ cases, the design effect (DEFT), the relative standard error (SE/R), and the 95 percent confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ) for each variable. The DEFT is considered undefined when the standard error for a simple random sample is zero (when the estimate is close to 0 or 1 ). In the case of the total fertility rate, the number of unweighted cases is not relevant, as there is no known unweighted value for woman-years of exposure to childbearing.

Table A. 1 List of variables for sampling errors, Mizoram, 2005-06

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| Sex ratio (females per 1,000 males) | Ratio | De facto household population, all ages |
| No education | Proportion | De facto household population of females/males age 6 and above |
| Tuberculosis prevalence | Rate | 100,000 usual household residents |
| Using adequately iodized salt | Proportion | Households |
| Urban residence | Proportion | Women/men age 15-49 |
| No education | Proportion | Women/men age 15-49 |
| Completed 10 or more years of education | Proportion | Women/men age 15-49 |
| Never married, including married gauna not performed | Proportion | Women/men age 15-49 |
| Currently married | Proportion | Women/men age 15-49 |
| Married before age 18 | Proportion | Women age 20-49 |
| Married before age 21 | Proportion | Men age 25-49 |
| Currently using any method | Proportion | Currently married women age 15-49 |
| Currently using a modern method | Proportion | Currently married women age 15-49 |
| Currently using a traditional method | Proportion | Currently married women age 15-49 |
| Currently using female sterilization | Proportion | Currently married women age 15-49 |
| Currently using pill | Proportion | Currently married women age 15-49 |
| Currently using IUD | Proportion | Currently married women age 15-49 |
| Currently using condom | Proportion | Currently married women age 15-49 |
| Using public medical sector source of contraception | Proportion | Women age 15-49 currently using modern methods of contraception |
| Want no more children | Proportion | Currently married women/men age 15-49 |
| Want to delay next birth at least 2 years | Proportion | Currently married women/men age 15-49 |
| Ideal number of children | Mean | Women/men age 15-49 |
| Mother received ANC from health personnel | Proportion | Women with at least one birth in last five years (last birth) |
| Took iron and folic acid (IFA) for 90 days or more | Proportion | Women with at least one birth in last five years (last birth) |
| Births delivered by a skilled provider | Proportion | Births in last 5 years |
| Institutional delivery | Proportion | Births in last 5 years |
| Postnatal check for mother within 2 days of birth | Proportion | Women with at least one birth in last five years (last birth) |
| Treated with ORS packets | Proportion | Children under age 5 years with diarrhoea in last 2 weeks |
| Children with diarrhoea taken to a health provider | Proportion | Children under age 5 years with diarrhoea in last 2 weeks |
| Child's vaccination card seen by interviewer | Proportion | Children age 12-23 months |
| Child received BCG vaccination | Proportion | Children age 12-23 months |
| Child received DPT vaccination (3 doses) | Proportion | Children age 12-23 months |
| Child received polio vaccination (3 doses) | Proportion | Children age 12-23 months |
| Child received measles vaccination | Proportion | Children age 12-23 months |
| Child fully vaccinated | Proportion | Children age 12-23 months |
| Children given vitamin A supplement in last 6 months | Proportion | Children age 6-59 months |
| Ever experienced physical or sexual violence | Proportion | Women age 15-49 |
| Weight-for-height, wasting (below -2SD) | Proportion | Children under age 5 years who were measured |
| Height-for-age, stunting (below -2SD) | Proportion | Children under age 5 years who were measured |
| Weight-for-age, underweight (below -2SD) | Proportion | Children under age 5 years who were measured |
| Body mass index (BMI) $<18.5 \mathrm{~kg} / \mathrm{m}^{2}$ | Proportion | Women/men age 15-49 who were measured |
| Body mass index (BMI) $\geq 25.0 \mathrm{kgm}^{2}$ | Proportion | Women/men age 15-49 who were measured |
| Have heard of AIDS | Proportion | Women/men age 15-49 |
| Have comprehensive knowledge about HIV/AIDS | Proportion | Women/men age 15-49 |
| Total and age-specific fertility rates (last 3 years) | Rate | Women years of exposure |
| Mortality rates | Rate | Births in last 5 years |
| Women/men with any anaemia | Proportion | Women/men age 15-49 |
| Children with any anaemia | Proportion | Children age 6-59 months |


| Residence | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative standard error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted | Weighted |  |  |  |  |
|  |  |  | ( N ) | (WN) |  |  | R-2SE | R+2SE |
| Sex ratio (females per 1,000 males, all ages) |  |  |  |  |  |  |  |  |
| Urban | 1003 | 29 | 1789 | 1868 | 1.068 | 0.029 | 944 | 1061 |
| Rural | 1005 | 24 | 1764 | 1680 | 0.923 | 0.024 | 958 | 1052 |
| Total | 1004 | 19 | 3553 | 3549 | 1.012 | 0.019 | 966 | 1042 |
| No education (household female population age 6+ years) |  |  |  |  |  |  |  |  |
| Urban | 0.051 | 0.007 | 1565 | 1635 | 1.180 | 0.134 | 0.037 | 0.065 |
| Rural | 0.166 | 0.026 | 1503 | 1432 | 2.422 | 0.154 | 0.115 | 0.217 |
| Total | 0.105 | 0.013 | 3068 | 3066 | 2.057 | 0.120 | 0.080 | 0.130 |
| No education (household male population age 6+ years) |  |  |  |  |  |  |  |  |
| Urban | 0.033 | 0.007 | 1583 | 1653 | 1.433 | 0.205 | 0.020 | 0.047 |
| Rural | 0.108 | 0.022 | 1492 | 1421 | 2.300 | 0.205 | 0.064 | 0.152 |
| Total | 0.068 | 0.011 | 3075 | 3075 | 2.033 | 0.159 | 0.046 | 0.089 |
| Tuberculosis prevalence (per 100,000 usual household residents) |  |  |  |  |  |  |  |  |
| Urban | 555 | 158 | 3601 | 3761 | 1.094 | 0.284 | 239 | 871 |
| Rural | 499 | 172 | 3610 | 3439 | 1.406 | 0.346 | 154 | 843 |
| Total | 528 | 116 | 7211 | 7200 | 1.226 | 0.220 | 295 | 761 |
| Using adequately iodized salt (households) |  |  |  |  |  |  |  |  |
| Urban | 0.950 | 0.014 | 781 | 816 | 1.792 | 0.015 | 0.922 | 0.978 |
| Rural | 0.753 | 0.042 | 728 | 693 | 2.585 | 0.055 | 0.670 | 0.836 |
| Total | 0.859 | 0.020 | 1509 | 1509 | 2.280 | 0.024 | 0.819 | 0.900 |
| Urban residence (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.564 | 0.018 | 1791 | 1791 | 1.515 | 0.032 | 0.528 | 0.599 |
| Urban residence (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.539 | 0.019 | 635 | 635 | 0.941 | 0.035 | 0.502 | 0.576 |
| No education (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.056 | 0.015 | 1791 | 1791 | 2.788 | 0.271 | 0.026 | 0.086 |
| No education (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.055 | 0.016 | 635 | 635 | 1.769 | 0.292 | 0.023 | 0.087 |
| Completed 10 or more years of education (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.275 | 0.020 | 1791 | 1791 | 1.889 | 0.073 | 0.235 | 0.315 |
| Completed 10 or more years of education (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.289 | 0.026 | 635 | 635 | 1.433 | 0.089 | 0.238 | 0.341 |
| Never married, including married gauna not performed (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.331 | 0.012 | 1791 | 1791 | 1.084 | 0.036 | 0.307 | 0.355 |
| Never married, including married gauna not performed (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.424 | 0.019 | 635 | 635 | 0.945 | 0.044 | 0.387 | 0.461 |
| Currently married (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.589 | 0.013 | 1791 | 1791 | 1.153 | 0.023 | 0.562 | 0.616 |
| Currently married (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.542 | 0.019 | 635 | 635 | 0.937 | 0.034 | 0.505 | 0.579 |
| Married before age 18 (women age 20-49) |  |  |  |  |  |  |  |  |
| Total | 0.207 | 0.014 | 1482 | 1482 | 1.342 | 0.068 | 0.179 | 0.235 |
| Married before age 21 (men age 25-49) |  |  |  |  |  |  |  |  |
| Total | 0.200 | 0.019 | 408 | 409 | 0.972 | 0.096 | 0.161 | 0.238 |
| Currently using any method (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.643 | 0.031 | 544 | 565 | 1.485 | 0.048 | 0.582 | 0.705 |
| Rural | 0.548 | 0.031 | 513 | 490 | 1.417 | 0.057 | 0.485 | 0.610 |
| Total | 0.599 | 0.022 | 1057 | 1054 | 1.444 | 0.036 | 0.555 | 0.643 |
| Currently using a modern method (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.640 | 0.031 | 544 | 565 | 1.525 | 0.049 | 0.577 | 0.703 |
| Rural | 0.546 | 0.031 | 513 | 490 | 1.398 | 0.056 | 0.484 | 0.607 |
| Total | 0.596 | 0.022 | 1057 | 1054 | 1.457 | 0.037 | 0.552 | 0.640 |
| Currently using a traditional method (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.004 | 0.004 | 544 | 565 | 1.404 | 0.993 | 0.000 | 0.011 |
| Rural | 0.002 | 0.002 | 513 | 490 | 0.995 | 0.995 | 0.000 | 0.006 |
| Total | 0.003 | 0.002 | 1057 | 1054 | 1.307 | 0.749 | 0.000 | 0.007 |
|  |  |  |  |  |  |  | Continued... |  |


| Residence | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative standard error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted | Weighted |  |  |  |  |
|  |  |  | ( N ) | (WN) |  |  | R-2SE | R+2SE |
| Currently using female sterilization (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.460 | 0.028 | 544 | 565 | 1.307 | 0.061 | 0.404 | 0.516 |
| Rural | 0.394 | 0.031 | 513 | 490 | 1.452 | 0.080 | 0.331 | 0.457 |
| Total | 0.429 | 0.021 | 1057 | 1054 | 1.378 | 0.049 | 0.387 | 0.471 |
| Currently using pill (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.096 | 0.017 | 544 | 565 | 1.342 | 0.177 | 0.062 | 0.129 |
| Rural | 0.117 | 0.023 | 513 | 490 | 1.599 | 0.195 | 0.071 | 0.162 |
| Total | 0.106 | 0.014 | 1057 | 1054 | 1.481 | 0.133 | 0.078 | 0.134 |
| Currently using IUD (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.064 | 0.012 | 544 | 565 | 1.108 | 0.181 | 0.041 | 0.088 |
| Rural | 0.027 | 0.008 | 513 | 490 | 1.133 | 0.299 | 0.011 | 0.044 |
| Total | 0.047 | 0.007 | 1057 | 1054 | 1.118 | 0.155 | 0.033 | 0.062 |
| Currently using condom (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.020 | 0.007 | 544 | 565 | 1.089 | 0.325 | 0.007 | 0.033 |
| Rural | 0.008 | 0.005 | 513 | 490 | 1.184 | 0.591 | 0.000 | 0.017 |
| Total | 0.014 | 0.004 | 1057 | 1054 | 1.127 | 0.286 | 0.006 | 0.023 |
| Using public medical sector source of contraception (women age 15-49 currently using modern methods of contraception) |  |  |  |  |  |  |  |  |
| Urban | 0.813 | 0.024 | 369 | 383 | 1.198 | 0.030 | 0.764 | 0.862 |
| Rural | 0.891 | 0.039 | 293 | 280 | 2.135 | 0.044 | 0.812 | 0.969 |
| Total | 0.846 | 0.022 | 662 | 663 | 1.535 | 0.026 | 0.803 | 0.889 |
| Want no more children (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.581 | 0.023 | 544 | 565 | 1.109 | 0.040 | 0.534 | 0.628 |
| Rural | 0.571 | 0.027 | 513 | 490 | 1.252 | 0.048 | 0.516 | 0.626 |
| Total | 0.576 | 0.018 | 1057 | 1054 | 1.180 | 0.031 | 0.540 | 0.612 |
| Want no more children (currently married men age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.456 | 0.045 | 171 | 180 | 1.169 | 0.098 | 0.367 | 0.546 |
| Rural | 0.506 | 0.037 | 174 | 165 | 0.974 | 0.073 | 0.432 | 0.580 |
| Total | 0.480 | 0.029 | 345 | 344 | 1.080 | 0.061 | 0.422 | 0.538 |
| Want to delay next birth at least 2 years (currently married women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.251 | 0.014 | 1057 | 1054 | 1.063 | 0.057 | 0.222 | 0.279 |
| Want to delay next birth at least 2 years (currently married men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.271 | 0.027 | 345 | 344 | 1.145 | 0.101 | 0.216 | 0.326 |
| Ideal number of children (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 3.785 | 0.037 | 1785 | 1785 | 1.324 | 0.010 | 3.711 | 3.859 |
| Ideal number of children (men age 15-49) |  |  |  |  |  |  |  |  |
| Total | 3.898 | 0.070 | 631 | 631 | 1.278 | 0.018 | 3.758 | 4.037 |
| Mother received ANC from health personnel (women with at least one birth in last five years, last birth) |  |  |  |  |  |  |  |  |
| Urban | 0.860 | 0.041 | 278 | 289 | 1.951 | 0.047 | 0.778 | 0.941 |
| Rural | 0.550 | 0.048 | 331 | 316 | 1.755 | 0.088 | 0.454 | 0.646 |
| Total | 0.698 | 0.033 | 609 | 605 | 1.775 | 0.048 | 0.631 | 0.764 |
| Took iron and folic acid (IFA) for 90 days or more (women with at least one birth in last five years, last birth) |  |  |  |  |  |  |  |  |
| Urban | 0.349 | 0.035 | 278 | 289 | 1.217 | 0.100 | 0.279 | 0.419 |
| Rural | 0.154 | 0.029 | 331 | 316 | 1.466 | 0.189 | 0.096 | 0.212 |
| Total | 0.247 | 0.022 | 609 | 605 | 1.273 | 0.090 | 0.202 | 0.292 |
| Births delivered by a skilled provider (births in the last five years) |  |  |  |  |  |  |  |  |
| Urban | 0.892 | 0.043 | 378 | 392 | 2.304 | 0.048 | 0.806 | 0.977 |
| Rural | 0.447 | 0.050 | 470 | 449 | 1.777 | 0.111 | 0.348 | 0.546 |
| Total | 0.654 | 0.036 | 848 | 841 | 1.798 | 0.055 | 0.582 | 0.727 |
| Institutional delivery (births in the last five years) |  |  |  |  |  |  |  |  |
| Urban | 0.873 | 0.049 | 378 | 392 | 2.448 | 0.056 | 0.775 | 0.971 |
| Rural | 0.357 | 0.047 | 470 | 449 | 1.797 | 0.133 | 0.263 | 0.452 |
| Total | 0.598 | 0.037 | 848 | 841 | 1.811 | 0.062 | 0.523 | 0.672 |
| Postnatal check for mother within 2 days of birth (last birth in last five years) |  |  |  |  |  |  |  |  |
| Urban | 0.712 | 0.042 | 278 | 289 | 1.560 | 0.060 | 0.627 | 0.797 |
| Rural | 0.317 | 0.049 | 331 | 316 | 1.891 | 0.153 | 0.220 | 0.414 |
| Total | 0.506 | 0.034 | 609 | 605 | 1.692 | 0.068 | 0.437 | 0.575 |
| Continued... |  |  |  |  |  |  |  |  |


| Residence | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative standard error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted | Weighted |  |  |  |  |
|  |  |  | ( N ) | (WN) |  |  | R-2SE | R+2SE |
| Children with diarrhoea treated with ORS packets (children under age 5 years with diarrhoea in last 2 weeks) |  |  |  |  |  |  |  |  |
| Urban | 0.750 | 0.090 | 44 | 46 | 1.359 | 0.120 | 0.570 | 0.930 |
| Rural | 0.200 | 0.068 | 45 | 43 | 1.142 | 0.341 | 0.064 | 0.336 |
| Total | 0.483 | 0.068 | 89 | 89 | 1.245 | 0.140 | 0.348 | 0.619 |
| Children with diarrhoea taken to a health provider (children under age 5 years with diarrhoea in last 2 weeks) |  |  |  |  |  |  |  |  |
| Urban | 0.364 | 0.064 | 44 | 46 | 0.925 | 0.176 | 0.236 | 0.492 |
| Rural | 0.178 | 0.053 | 45 | 43 | 0.921 | 0.295 | 0.073 | 0.283 |
| Total | 0.274 | 0.043 | 89 | 89 | 0.924 | 0.156 | 0.188 | 0.359 |
| Child's vaccination card seen by interviewer (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.529 | 0.061 | 70 | 73 | 1.017 | 0.115 | 0.407 | 0.650 |
| Rural | 0.256 | 0.064 | 82 | 78 | 1.323 | 0.249 | 0.128 | 0.384 |
| Total | 0.387 | 0.045 | 152 | 151 | 1.132 | 0.116 | 0.298 | 0.477 |
| Child received BCG vaccination (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.929 | 0.027 | 70 | 73 | 0.881 | 0.029 | 0.874 | 0.983 |
| Rural | 0.805 | 0.050 | 82 | 78 | 1.138 | 0.062 | 0.705 | 0.905 |
| Total | 0.864 | 0.030 | 152 | 151 | 1.060 | 0.034 | 0.805 | 0.923 |
| Child received DPT vaccination (3 doses) (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.757 | 0.051 | 70 | 73 | 0.989 | 0.067 | 0.656 | 0.859 |
| Rural | 0.585 | 0.073 | 82 | 78 | 1.339 | 0.125 | 0.439 | 0.731 |
| Total | 0.668 | 0.046 | 152 | 151 | 1.213 | 0.070 | 0.575 | 0.761 |
| Child received polio vaccination (3 doses) (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.714 | 0.049 | 70 | 73 | 0.902 | 0.068 | 0.617 | 0.812 |
| Rural | 0.561 | 0.072 | 82 | 78 | 1.313 | 0.128 | 0.417 | 0.705 |
| Total | 0.635 | 0.045 | 152 | 151 | 1.158 | 0.071 | 0.544 | 0.725 |
| Child received measles vaccination (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.800 | 0.049 | 70 | 73 | 1.026 | 0.061 | 0.702 | 0.898 |
| Rural | 0.598 | 0.062 | 82 | 78 | 1.147 | 0.104 | 0.473 | 0.722 |
| Total | 0.695 | 0.041 | 152 | 151 | 1.090 | 0.059 | 0.613 | 0.777 |
| Child fully vaccinated (children age 12-23 months) |  |  |  |  |  |  |  |  |
| Urban | 0.571 | 0.058 | 70 | 73 | 0.979 | 0.101 | 0.456 | 0.687 |
| Rural | 0.366 | 0.076 | 82 | 78 | 1.430 | 0.208 | 0.213 | 0.518 |
| Total | 0.465 | 0.049 | 152 | 151 | 1.215 | 0.106 | 0.366 | 0.563 |
| Children given vitamin A supplement in last 6 months (children age 6-59 months) |  |  |  |  |  |  |  |  |
| Urban | 0.398 | 0.030 | 329 | 341 | 1.039 | 0.076 | 0.337 | 0.459 |
| Rural | 0.418 | 0.053 | 419 | 400 | 1.813 | 0.126 | 0.312 | 0.523 |
| Total | 0.409 | 0.032 | 748 | 742 | 1.520 | 0.077 | 0.346 | 0.472 |
| Ever experienced physical or sexual violence (women age 15-49) |  |  |  |  |  |  |  |  |
| Total | 0.255 | 0.018 | 1252 | 1252 | 1.456 | 0.070 | 0.219 | 0.291 |
| Weight-for-height, wasting (children under age 5 years who were measured and are below -2SD) |  |  |  |  |  |  |  |  |
| Urban | 0.086 | 0.016 | 338 | 353 | 1.103 | 0.191 | 0.053 | 0.119 |
| Rural | 0.093 | 0.019 | 428 | 408 | 1.309 | 0.200 | 0.056 | 0.131 |
| Total | 0.090 | 0.013 | 766 | 761 | 1.215 | 0.140 | 0.065 | 0.115 |
| Height-for-age, stunting (children under age 5 years who were measured and are below -2SD) |  |  |  |  |  |  |  |  |
| Urban | 0.296 | 0.039 | 338 | 353 | 1.437 | 0.132 | 0.218 | 0.374 |
| Rural | 0.486 | 0.038 | 428 | 408 | 1.446 | 0.078 | 0.410 | 0.562 |
| Total | 0.398 | 0.028 | 766 | 761 | 1.447 | 0.071 | 0.342 | 0.454 |
| Weight-for-age, underweight (children under age 5 years who were measured and are below-2SD) |  |  |  |  |  |  |  |  |
| Urban | 0.151 | 0.027 | 338 | 353 | 1.323 | 0.181 | 0.096 | 0.205 |
| Rural | 0.241 | 0.021 | 428 | 408 | 0.943 | 0.087 | 0.199 | 0.282 |
| Total | 0.199 | 0.017 | 766 | 761 | 1.101 | 0.085 | 0.165 | 0.233 |
| Body mass index (BMI) $<18.5 \mathrm{~kg} / \mathrm{m}^{2}$ (women age 15-49 who were measured) |  |  |  |  |  |  |  |  |
| Urban | 0.116 | 0.014 | 926 | 961 | 1.354 | 0.123 | 0.087 | 0.144 |
| Rural | 0.182 | 0.019 | 748 | 714 | 1.372 | 0.107 | 0.143 | 0.221 |
| Total | 0.144 | 0.012 | 1674 | 1675 | 1.383 | 0.083 | 0.120 | 0.168 |
| Body mass index (BMI) $<18.5 \mathrm{~kg} / \mathrm{m}^{2}$ (men age 15-49 who were measured) |  |  |  |  |  |  |  |  |
| Urban | 0.084 | 0.013 | 321 | 337 | 0.810 | 0.149 | 0.059 | 0.109 |
| Rural | 0.101 | 0.016 | 307 | 291 | 0.935 | 0.159 | 0.069 | 0.133 |
| Total | 0.092 | 0.010 | 628 | 628 | 0.869 | 0.109 | 0.072 | 0.112 |
| Continued... |  |  |  |  |  |  |  |  |


| Residence | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative standard error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted | Weighted |  |  |  |  |
|  |  |  | ( N ) | (WN) |  |  | R-2SE | R+2SE |
| Body mass index (BMI) $\geq 25.0 \mathrm{~kg} / \mathrm{m}^{2}$ (women age 15-49 who were measured) |  |  |  |  |  |  |  |  |
| Urban | 0.146 | 0.015 | 926 | 961 | 1.265 | 0.101 | 0.116 | 0.175 |
| Rural | 0.053 | 0.011 | 748 | 714 | 1.310 | 0.202 | 0.032 | 0.075 |
| Total | 0.106 | 0.010 | 1674 | 1675 | 1.298 | 0.092 | 0.087 | 0.126 |
| Body mass index (BMI) $\geq 25.0 \mathrm{~kg} / \mathrm{m}^{2}$ (men age 15-49 who were measured) |  |  |  |  |  |  |  |  |
| Urban | 0.156 | 0.019 | 321 | 337 | 0.947 | 0.123 | 0.117 | 0.194 |
| Rural | 0.065 | 0.018 | 307 | 291 | 1.254 | 0.272 | 0.030 | 0.101 |
| Total | 0.114 | 0.013 | 628 | 628 | 1.030 | 0.115 | 0.088 | 0.140 |
| Have heard of AIDS (women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.990 | 0.004 | 973 | 1010 | 1.216 | 0.004 | 0.982 | 0.998 |
| Rural | 0.891 | 0.040 | 818 | 781 | 3.614 | 0.045 | 0.812 | 0.971 |
| Total | 0.947 | 0.017 | 1791 | 1791 | 3.278 | 0.018 | 0.912 | 0.982 |
| Have heard of AIDS (men age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 1.000 | 0.000 | 326 | 342 | nc | 0.000 | 1.000 | 1.000 |
| Rural | 0.922 | 0.038 | 309 | 293 | 2.469 | 0.041 | 0.846 | 0.998 |
| Total | 0.964 | 0.018 | 635 | 635 | 2.386 | 0.018 | 0.929 | 1.000 |
| Comprehensive knowledge about HIV/AIDS (women age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.731 | 0.025 | 973 | 1010 | 1.728 | 0.034 | 0.682 | 0.780 |
| Rural | 0.564 | 0.041 | 818 | 781 | 2.357 | 0.073 | 0.482 | 0.646 |
| Total | 0.658 | 0.023 | 1791 | 1791 | 2.010 | 0.034 | 0.613 | 0.703 |
| Comprehensive knowledge about HIV/AIDS (men age 15-49) |  |  |  |  |  |  |  |  |
| Urban | 0.727 | 0.026 | 326 | 342 | 1.036 | 0.035 | 0.676 | 0.778 |
| Rural | 0.621 | 0.045 | 309 | 293 | 1.614 | 0.072 | 0.532 | 0.711 |
| Total | 0.678 | 0.025 | 635 | 635 | 1.349 | 0.037 | 0.628 | 0.728 |
| Total fertility rate (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 2.495 | 0.193 | na | 2876 | 1.163 | 0.077 | 2.110 | 2.880 |
| Rural | 3.335 | 0.251 | na | 2213 | 1.233 | 0.075 | 2.834 | 3.836 |
| Total | 2.856 | 0.160 | na | 5089 | 1.200 | 0.056 | 2.535 | 3.177 |
| Age-specific fertility rate for women age 15-19 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.054 | 0.010 | na | 556 | 0.936 | 0.193 | 0.033 | 0.075 |
| Rural | 0.099 | 0.016 | na | 432 | 1.149 | 0.159 | 0.068 | 0.131 |
| Total | 0.074 | 0.009 | na | 988 | 1.047 | 0.124 | 0.056 | 0.092 |
| Age-specific fertility rate for women age 20-24 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.156 | 0.016 | na | 567 | 0.969 | 0.101 | 0.124 | 0.187 |
| Rural | 0.192 | 0.020 | na | 448 | 1.118 | 0.103 | 0.152 | 0.231 |
| Total | 0.172 | 0.013 | na | 1015 | 1.042 | 0.073 | 0.147 | 0.197 |
| Age-specific fertility rate for women age 25-29 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.150 | 0.021 | na | 492 | 1.295 | 0.140 | 0.108 | 0.192 |
| Rural | 0.155 | 0.017 | na | 413 | 1.022 | 0.111 | 0.121 | 0.189 |
| Total | 0.152 | 0.014 | na | 905 | 1.187 | 0.091 | 0.124 | 0.180 |
| Age-specific fertility rate for women age 30-34 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.091 | 0.012 | na | 478 | 0.907 | 0.135 | 0.067 | 0.116 |
| Rural | 0.133 | 0.018 | na | 337 | 1.004 | 0.137 | 0.097 | 0.170 |
| Total | 0.109 | 0.011 | na | 815 | 0.963 | 0.098 | 0.087 | 0.130 |
| Age-specific fertility rate for women age 35-39 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.041 | 0.013 | na | 351 | 1.095 | 0.321 | 0.015 | 0.068 |
| Rural | 0.049 | 0.011 | na | 255 | 0.848 | 0.217 | 0.028 | 0.070 |
| Total | 0.044 | 0.009 | na | 607 | 1.016 | 0.200 | 0.027 | 0.062 |
| Age-specific fertility rate for women age 40-44 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.007 | 0.007 | na | 302 | 1.446 | 1.021 | 0.000 | 0.021 |
| Rural | 0.039 | 0.012 | na | 220 | 0.936 | 0.296 | 0.016 | 0.062 |
| Total | 0.020 | 0.006 | na | 522 | 1.053 | 0.315 | 0.008 | 0.033 |
| Age-specific fertility rate for women age 45-49 (last 3 years) |  |  |  |  |  |  |  |  |
| Urban | 0.000 | 0.000 | na | 131 | nc | nc | 0.000 | 0.000 |
| Total | 0.000 | 0.000 | na | 238 | nc | nc | 0.000 | 0.000 |
| Continued... |  |  |  |  |  |  |  |  |


| Table A. 2 Sampling errors, Mizoram, 2005-06-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Residence | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative standard error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted | Weighted |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | R+2SE |
| Neonatal mortality (0-4 years) |  |  |  |  |  |  |  |  |
| Urban | 13.316 | 5.359 | 377 | 391 | 0.909 | 0.402 | 2.597 | 24.034 |
| Rural | 18.927 | 6.488 | 474 | 453 | 1.050 | 0.343 | 5.951 | 31.904 |
| Total | 16.335 | 4.226 | 851 | 844 | 0.983 | 0.259 | 7.884 | 24.786 |
| Postneonatal mortality (0-4 years) |  |  |  |  |  |  |  |  |
| Urban | 23.775 | 6.984 | 375 | 389 | 0.890 | 0.294 | 9.808 | 37.742 |
| Rural | 12.592 | 5.578 | 477 | 455 | 1.106 | 0.443 | 1.435 | 23.748 |
| Total | 17.745 | 4.470 | 852 | 845 | 0.993 | 0.252 | 8.805 | 26.685 |
| Infant mortality (0-4 years) |  |  |  |  |  |  |  |  |
| Urban | 37.091 | 10.247 | 378 | 392 | 0.983 | 0.276 | 16.597 | 57.585 |
| Rural | 31.519 | 10.292 | 474 | 453 | 1.230 | 0.327 | 10.936 | 52.103 |
| Total | 34.080 | 7.223 | 852 | 845 | 1.111 | 0.212 | 19.634 | 48.526 |
| Child mortality (0-4 years) |  |  |  |  |  |  |  |  |
| Urban | 16.769 | 6.040 | 370 | 384 | 0.889 | 0.360 | 4.690 | 28.848 |
| Rural | 21.837 | 6.047 | 474 | 453 | 0.909 | 0.277 | 9.743 | 33.932 |
| Total | 19.475 | 4.216 | 844 | 837 | 0.888 | 0.216 | 11.043 | 27.908 |
| Under-five mortality (0-4 years) |  |  |  |  |  |  |  |  |
| Urban | 53.238 | 12.559 | 380 | 394 | 1.088 | 0.236 | 28.121 | 78.355 |
| Rural | 52.668 | 12.701 | 477 | 455 | 1.157 | 0.241 | 27.266 | 78.070 |
| Total | 52.892 | 8.836 | 857 | 850 | 1.121 | 0.167 | 35.221 | 70.563 |
| Women with any anaemia (women age 15-49 years) |  |  |  |  |  |  |  |  |
| Urban | 0.310 | 0.025 | 964 | 1001 | 1.658 | 0.080 | 0.261 | 0.360 |
| Rural | 0.483 | 0.030 | 809 | 772 | 1.715 | 0.062 | 0.423 | 0.544 |
| Total | 0.386 | 0.019 | 1773 | 1773 | 1.651 | 0.050 | 0.347 | 0.424 |
| Men with any anaemia (men age 15-49 years) |  |  |  |  |  |  |  |  |
| Urban | 0.112 | 0.022 | 321 | 337 | 1.232 | 0.194 | 0.069 | 0.156 |
| Rural | 0.289 | 0.042 | 305 | 289 | 1.612 | 0.146 | 0.205 | 0.373 |
| Total | 0.194 | 0.023 | 626 | 626 | 1.454 | 0.119 | 0.148 | 0.240 |
| Children with any anaemia (children age 6-59 months) |  |  |  |  |  |  |  |  |
| Urban | 0.356 | 0.027 | 323 | 337 | 0.946 | 0.077 | 0.301 | 0.411 |
| Rural | 0.514 | 0.039 | 418 | 398 | 1.526 | 0.075 | 0.437 | 0.592 |
| Total | 0.442 | 0.025 | 741 | 736 | 1.291 | 0.057 | 0.392 | 0.492 |
| na $=$ Not applicable <br> $\mathrm{nc}=$ Not calculated because the denominator is zero |  |  |  |  |  |  |  |  |


[^0]:    ( ) Based on 25-49 unweighted cases

[^1]:    na $=$ Not applicable

[^2]:    Note: All information in this table is based on women's reports. Table includes all users of modern contraceptive methods regardless of their marital status.
    CHC = Community health centre; $\mathrm{PHC}=$ Primary health centre; $\mathrm{ANM}=$ Auxiliary nurse midwife; NGO $=$ Nongovernmental organization
    ( ) Based on 25-49 unweighted cases.

    * Percentage not shown; based on fewer than 25 unweighted cases.

[^3]:    ( ) Based on 250-499 unweighted cases.
    ${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates.

[^4]:    NGO = Nongovernmental organization

    * Percentage not shown; based on fewer than 25 unweighted cases.

[^5]:    ${ }^{1}$ Based on the last birth to ever-married women in the three years preceding the survey.
    ${ }^{2}$ Based on the last two births to ever-married women in the three years preceding the survey.
    ${ }^{3}$ Doctor, auxiliary nurse midwife, nurse, midwife, lady health visitor, or other health personnel.

[^6]:    

    * Percentage not shown; based on fewer than 25 unweighted cases.
    * Percentage not shown; based on fewer than 25 unweighted cases. ${ }^{2}$ Includes meat and organ meats, fish, poultry, or eggs.
    ${ }^{3}$ Deworming for intestinal parasites.
    ${ }^{5}$ Not Hindu, Muslim, or Christian.

[^7]:    Note: Total includes Muslim women and women with missing information on religion, who are not shown separately.
    ( ) Based on 25-49 unweighted cases.

    * Percentage not shown; based on fewer than 25 unweighted cases.
    ${ }^{1}$ Excludes pregnant women and women with a birth in the preceding 2 months.
    ${ }^{2}$ Not Hindu, Muslim, or Christain.

[^8]:    ( ) Based on 25-49 unweighted cases.

    * Percentage not shown; based on fewer than 25 unweighted cases.

[^9]:    Note: Total includes Muslim women and women with missing information on religion, who are not shown separately.
    ( ) Based on 25-49 unweighted cases.
    ${ }^{1}$ To the market, to the health facility, and to places outside the village/community.
    ${ }^{2}$ Nuclear households are households comprised of a married couple or a man or a woman living alone or with unmarried children (biological, adopted, or fostered) with or without unrelated individuals.
    ${ }^{3}$ Not Hindu, Muslim, or Christian.

[^10]:    ( ) Based on 25-49 unweighted cases.

