

NATIONAL FAMILY HEALTH SURVEY - 4



DISTRICT FACT SHEET MAHAMAYA NAGAR UTTAR PRADESH



International Institute for Population Sciences (Deemed University) Mumbai

Introduction

The National Family Health Survey 2015-16 (NFHS-4), the fourth in the NFHS series, provides information on population, health and nutrition for India and each State / Union territory. NFHS-4, for the first time, provides district-level estimates for many important indicators.

The contents of previous rounds of NFHS are generally retained and additional components are added from one round to another. In this round, information on malaria prevention, migration in the context of HIV, abortion, violence during pregnancy etc. have been added. The scope of clinical, anthropometric, and biochemical testing (CAB) or Biomarker component has been expanded to include measurement of blood pressure and blood glucose levels. NFHS-4 sample has been designed to provide district and higher level estimates of various indicators covered in the survey. However, estimates of indicators of sexual behaviour, husband's background and woman's work, HIV/AIDS knowledge, attitudes and behaviour, and, domestic violence will be available at State and national level only.

As in the earlier rounds, the Ministry of Health and Family Welfare, Government of India designated International Institute for Population Sciences, Mumbai as the nodal agency to conduct NFHS-4. The main objective of each successive round of the NFHS has been to provide essential data on health and family welfare and emerging issues in this area. NFHS-4 data will be useful in setting benchmarks and examining the progress in health sector the country has made over time. Besides providing evidence for the effectiveness of the ongoing programmes, the data from NFHS-4 help in identifying need for new programmes with area specific focus.

Four Survey Schedules - Household, Woman's, Man's and Biomarker - were canvassed in local language using Computer Assisted Personal Interviewing (CAPI). In the Household Schedule, information was collected on all usual members of the household and visitors who stayed in the household the previous night as well as socio-economic characteristics of the household, water and sanitation, health insurance, number of deaths in the household in the three years preceding the survey etc. Information on the woman's characteristics, marriage, fertility, children's immunizations and childcare, nutrition, contraception, reproductive health, sexual behaviour, HIV/AIDS, domestic violence, etc. was canvassed in the Woman's Schedule. The Man's Schedule covered the man's characteristics, marriage, his number of children, contraception, fertility preferences, nutrition, sexual behaviour, attitudes towards gender roles, HIV/AIDS, etc. The Biomarker Schedule covered measurements of height, weight and haemoglobin levels for children; measurements of height, weight, haemoglobin levels, blood pressure, and random blood glucose level for women aged 15-49 years and men aged 15-54 years. In addition, women and men were requested to provide a few drops of blood from a finger prick for laboratory testing for HIV.

This fact sheet provides information on key indicators and trends for Mahamaya Nagar. NFHS-4 fieldwork for Uttar Pradesh was conducted from 3 February 2016 to 4 August 2016 by Population Research Center, Department of Economics, University of Lucknow. In Mahamaya Nagar, information was gathered from 906 households, 1,135 women, and 150 men. The fact sheet shows information for rural areas and the district as a whole because Mahamaya Nagar has more than 70% rural population, which provides a sufficiently large sample to produce reliable estimates of most indicators for rural areas.

Mahamaya Nagar, Uttar Pradesh - Key Indicators

Indicators NFHS-4 (2015-16) Population and Household Profile Rural Total 1. Population (female) age 6 years and above who ever attended school (%) 66.5 68.2 2. Population below age 15 years (%) 33.9 33.0 3. Sex ratio of the total population (females per 1,000 males) 973 921 4. Sex ratio at birth for children born in the last five years (females per 1,000 males) 977 951 5. Children under age 5 years whose birth was registered (%) 51.7 53.0 6. Households with electricity (%) 84.1 86.3 7. Households using improved sanitation facility² (%) 22.3 30.5 9. Households using clean fuel for cooking² (%) 15.9 30.2 10. Households using indicated salt (%) 95.9 95.4 11. Households using indicated salt (%) 85.0 87.8 12. Women with 10 or more years of schooling (%) 31.7 36.6 84.10 wome age 20-24 years married before age 18 years (%) 32.6 29.5 13. Men who are literate (%) 32.6 29.5 8.6 14. Women with 10 or more years of schooling (%) 31.7 33.9				
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26. Unmet need for spacing (%)7.46.6Quality of Family Planning Services7.27.627. Health worker ever talked to female non-users about family planning (%)7.27.6	Unmet Need for Family Planning (currently married women age 15–49 years) ⁵			
Quality of Family Planning Services 27. Health worker ever talked to female non-users about family planning (%) 7.2 7.6	25. Total unmet need (%)	15.3	13.2	
27. Health worker ever talked to female non-users about family planning (%)7.27.6	26. Unmet need for spacing (%)	7.4	6.6	
	Quality of Family Planning Services			
28. Current users ever told about side effects of current method ⁶ (%) 56.0 54.5	27. Health worker ever talked to female non-users about family planning (%)	7.2	7.6	
	28. Current users ever told about side effects of current method ⁶ (%)	56.0	54.5	

¹ Piped water into dwelling/yard/plot, public tap/standpipe, tube well or borehole, protected dug well, protected spring, rainwater, community RO plant. ² Flush to piped sewer system, flush to septic tank, flush to pit latrine, ventilated improved pit (VIP)/biogas latrine, pit latrine with slab, twin pit/composting toilet,

which is not shared with any other household. ³ Electricity, LPG/natural gas, biogas. ⁴ Includes other methods that are not shown separately ⁵ Unmet need for family planning refers to fecund women who are not using contraception but who wish to postpone the next birth (spacing) or stop childbearing

altogether (limiting). Specifically, women are considered to have unmet need for spacing if they are:

At risk of becoming pregnant, not using contraception, and either do not want to become pregnant within the next two years, or are unsure if or when they want to become pregnant.

Pregnant with a mistimed pregnancy.
Postpartum amenorrheic for up to two years following a mistimed birth and not using contraception.

Women are considered to have unmet need for limiting if they are:

· At risk of becoming pregnant, not using contraception, and want no (more) children.

· Pregnant with an unwanted pregnancy.

· Postpartum amenorrheic for up to two years following an unwanted birth and not using contraception.

Women who are classified as infecund have no unmet need because they are not at risk of becoming pregnant. Unmet need for family planning is the sum of unmet need for spacing plus unmet need for limiting.

⁶ Based on current users of female sterilization, IUD/PPIUD, injectables and pill who started using that method in the past 5 years.

() Based on 25-49 unweighted cases * Percentage not shown; based on fewer than 25 unweighted cases

Mahamaya Nagar, Uttar Pradesh - Key Indicators

Internal and Child Health Rural Total Maternity Care (or last birth in the 5 years before the survey) 7	Indicators	NFHS-4 (2015-16)
Maternity Care (for last birth in the S years before the survey)29. Muthers who had netronial check-up in the first trinsetier (%)47.450.229. Muthers who had it least 4 altenetial care visits (%)21.624.431. Muthers whose last birth was protected against neornal letanus" (%)87.987.832. Muthers who consumed iton folic acid for 100 days or more when they were pregnant (%)10.313.333. Muthers who bad full antenetial care (%)4.56.934. Registered pregnancies for which the mother received Muther and Child Protection10.610.6(MCP) card (%)84.484.484.435. Muthers who received functial assistance under Janani Suraksha Yojana (JSY) for births11.4212.3636. Muthers who received functial assistance under Janani Suraksha Yojana (JSY) for births14.12.3633.833.237. Average out of pocket expenditure per delivery in public health facility (Rs.)11.4212.3638. Children who received a health check after birth from adoctor/nurse/LHV/ANM/midwfe/other health personnel within 2 days of birth (%)73.672.140. Institutional births in the 5 years before the survey)49.645.244.441. Institutional births (%)5.18.18.143. Births assisted by adoctor/nurse/LHV/ANM/other health personnel (%)5.18.143. Births any prote health facility (%)6.38.544. Births delivered by casastrane section (%)2.17.445. Hirths an private health facility (%)6.38.546. Hirths in a private heale		`	
29. Mothers who had antenatal check-up in the first timester (%) 21.6 52.4 30. Mothers who had at least 4 antenatal care visits (%) 21.6 24.4 31. Mothers whose last birth was protected against neonatal tetanus (%) 87.9 87.8 32. Mothers who had full antenatal care (%) 4.5 6.5 34. Registered pregnancies for which the mother received Mother and Child Protection 84.4 84.4 35. Mothers who received postnatal care (%) 64.6 64.0 36. Mothers who received postnatal care form a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%) 53.6 49.2 37. Average out of pocket expenditure per delivery in public health facility for check-up within 24 hours of birth (%) 0.0 1.0 38. Children born at home who were taken to a health facility for check-up within 24 hours of birth (%) 0.0 1.0 39. Children who received a health facility for check-up within 24 hours of birth (%) 3.8 3.2 40. Institutional births (%) 49.6 45.2 4.1 1.1 1.33 3.32 59. Ethist in a public facility (%) 49.6 45.2 4.1 1.81 3.8 3.2 2.7 40. Insti			· viui
30. Mothers who had at least 4 antensia care visits (%) 21.6 24.4 31. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%) 10.3 13.3 33. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%) 10.3 13.3 34. Registrated pregnancies for which the mother received Mother and Child Protaction 84.4 84.4 35. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health 84.4 84.4 35. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births 64.6 64.0 36. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births 14.2 12.36 36. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births 14.2 12.36 37. Average out of pocket expenditure per delivery in public health facility (Rs.) 1.142 1.33 37. Average out of pocket expenditure per delivery in public health your of pocket expenditure per delivery in public health facility (Rs.) 1.4 1.33 38. Children who received a health check after per survey) 24 24 40.6 45.2 40. Institutional births (%) 78.3 79.6 71.5 71.6 81.4 39. Birthis as privated by a do		A7 A	50.2
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32. Mothers who consumed iron folic acid for 100 days or more when they were pregnant (%) 10.3 113.3 33. Mothers who had full antenala care? (%) 4.5 6.9 34. Registered pregnancies for which the mother received Mother and Child Protection (MCP) card (%) 84.4 84.4 35. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%) 64.6 64.0 36. Mothers who received funcacial assistance under Janani Suraksha Yojana (JSY) for births delivered in an institution (%) 1,142 1,236 37. Average out of pockt expenditure per delivery in public health facility (Rs.) 1,142 1,236 38. Children who received a health check after brith from a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%) 33.8 72.1 40. Institutional births in public facility (%) 73.6 72.1 41. Institutional births in public facility (%) 51.8 8.5 42. Home delivery conducted by sciesarean section (%) 63.85 8.5 43. Births delivered by caesarean section (%) 71.5 72.8 44. Births delivered by caesarean section (%) 71.5 72.8 45. Births in a public health facility delivered by caesarean section (%) 72.6 77.7 46. Births in a public hea		-	
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134. Registered pregnancies for which the mother received Mother and Child Protection 844 844. 355. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/midwife/other health personnel within 2 days of delivery (%) 64.6 66.0 36. Mothers who received financial assistance under Janani Suraksha Yojana (JSY) for births divered in an institution (%) 1,142 1,236 37. Average out of pockt expenditure per delivery in public health facility (Rs.) 1,142 1,236 37. Average out of pockt expenditure per delivery in motion a doctor/nurse/LHV/ANM/ midwife/other health personnel within 2 days of birth (%) 1.0 30. Children who received a health check after birth from a doctor/nurse/LHV/ANM/ midwife/other health personnel (out of total deliveries) (%) 5.1 8.1 40. Institutional births (%) 73.6 72.1 41. Institutional births in public facility (%) 73.6 72.1 43. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%) 5.1 8.1 43. Births in a private health facility delivered by caesarean section (%) 2.3 2.5 44. Births delivered by caesarean section (%) 2.3 2.5 45. Births in a public health facility delivered by caesarean section (%) 7.0 7.1.5 46. Births in a public health facility delivered by caesarean section (%) 7.2.5			
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70. Children under 5 years who are severely wasted (weight-for-height) ¹³ (%)2.32.1			
	71. Children under 5 years who are underweight (weight-for-age) ¹² (%)	32.4	31.7

⁷ Includes mothers with two injections during the pregnancy of her last birth, or two or more injections (the last within 3 years of the last live birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth. Not exactly comparable with NFHS-3 due to differences in definition. ⁸ Full antenatal care is at least four antenatal visits, at least one tetanus toxoid (TT) injection and iron folic acid tablets or syrup taken for 100 or more days. ⁹ Based on the last hild born in the 5 years before the survey. ¹⁰ Based on the youngest child living with the mother. ¹¹ Breastfed children receiving 4 or more food groups and a minimum meal frequency, non-breastfed children fed with a minimum of 3 Infant and Young Child Feeding Practices (fed with other milk or milk products at least twice a day, a minimum meal frequency that is receiving solid or semi-solid food at least four food groups not including the milk or milk products food group). ¹² Below -2 standard deviations, based on the WHO standard. ¹³ Below -3 standard deviations, based on the WHO standard.

Mahamaya Nagar, Uttar Pradesh - Key Indicators

Indicators	NFHS-4 (2	2015-16)
Nutritional Status of Adults (age 15-49 years)	Rural	Total
72. Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) ¹⁴ (%)	25.5	22.6
73. Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m ²) (%)	27.9	22.9
74. Women who are overweight or obese (BMI \ge 25.0 kg/m ²) ¹⁴ (%)	14.8	20.0
75. Men who are overweight or obese (BMI \geq 25.0 kg/m ²) (%)	11.5	16.2
Anaemia among Children and Adults ¹⁵		
76. Children age 6-59 months who are anaemic (<11.0 g/dl) (%)	47.5	48.9
77. Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl) (%)	39.0	38.5
78. Pregnant women age 15-49 years who are anaemic (<11.0 g/dl) (%)	45.8	48.1
79. All women age 15-49 years who are anaemic (%)	39.5	39.2
80. Men age 15-49 years who are anaemic (<13.0 g/dl) (%)	12.7	11.2
Blood Sugar Level among Adults (age 15-49 years) ¹⁶		
Women		
81. Blood sugar level - high (>140 mg/dl) (%)	5.0	4.7
82. Blood sugar level - very high (>160 mg/dl) (%)	1.9	1.7
Men		
83. Blood sugar level - high (>140 mg/dl) (%)	3.6	5.3
84. Blood sugar level - very high (>160 mg/dl) (%)	0.9	2.0
Hypertension among Adults (age 15-49 years)		
Women		
85. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	4.8	5.9
86. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	1.0	1.5
87. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.3	0.5
Men		
88. Slightly above normal (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	9.0	11.1
89. Moderately high (Systolic 160-179 mm of Hg and/or Diastolic 100-109 mm of Hg) (%)	0.9	4.1
90. Very high (Systolic ≥180 mm of Hg and/or Diastolic ≥110 mm of Hg) (%)	0.9	1.4
Women Age 15-49 Years Who Have Ever Undergone Examinations of:		
91. Cervix (%)	10.4	11.2
92. Breast (%)	5.3	4.4
93. Oral cavity (%)	5.0	4.7

¹⁴ Excludes pregnant women and women with a birth in the preceding 2 months. ¹⁵ Haemoglobin in grams per decilitre (g/dl). Among children, prevalence is adjusted for altitude and for smoking status. ¹⁶ Random blood sugar measurement (including those under medication).

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Technical assistance for NFHS-4 was provided by the USAID-supported DHS project at ICF, and assistance for the HIV components was provided by NACO and NARI. Funding assistance was provided by Ministry of Health and Family Welfare, Government of India and:



The opinions in this publication do not necessarily reflect the views of the funding agencies. For additional information on NFHS-4, visit http://www.rchiips.org/nfhs For related information, visit http://www.iipsindia.org or http://www.mohfw.nic.in